

BASTYR

UNIVERSITY

**NATUROPATHIC MEDICINE
RESIDENCY PROGRAM**

BASTYR UNIVERSITY RESIDENCY AND AFFILIATE PROGRAMS

Bastyr Center for Natural Health, Seattle WA

Bastyr University Clinic, San Diego, CA

External Affiliate Programs

Anderson Medical Specialty Associates, Seattle WA

**Champlain Center for Natural Medicine,
Shelburne, VT**

CTCA Midwestern Med Ctr, Zion, IL

CTCA Southwestern Med Ctr, Tulsa, OK

CTCA Eastern Med Ctr, Philadelphia, PA

Emerald City Clinic, Seattle, WA

Holistic Health, Tacoma, WA

Holistique Medical Center, Bellevue WA

External Affiliate Programs

Institute of Complementary Medicine, Seattle WA

IU Goshen Center for Cancer Care, Goshen, IN

Mother & Child Clinic, Carnation WA

Natura Medica, Mystic CT

Seattle Integrative Oncology, Seattle/Lacey, WA

**STAIR - Acupuncture and Integrative Medicine
Center, Phoenix AZ**

True North Health Center, Santa Rosa, CA

Yellowstone Natural Clinic, Billings, MT

BASTYR UNIVERSITY APPLICATION

- **Universal Application Form**
- **General Data Sheet**
- **Application fee (non-refundable)**
- **Resume**
- **Personal Statement (per site)**
- **Three Essays**
- **Three (3) Evaluation Forms**
- **Transcript**
- **Submission – Jan 12, 2015**

BASTYR UNIVERISTY RESIDENCY PROGRAM

Primary Teaching Clinics

1. Bastyr University Center for Natural Health, Seattle WA
 2. Bastyr University Clinic, San Diego CA
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BCNH - General Medicine in an outpatient setting

- 6 First Year Residency positions
- 2 Second Year Residency positions
- 1 Chief Resident position

BUC - General Medicine in an outpatient setting

- 1 First Year Residency positions
- 1 Second Year Residency positions

Four core teaching and learning activities:

- 1) One-on-one mentorship
- 2) Patient care shifts – case preview and review - observation/patient care
- 3) Conferences - case presentations, grand rounds, journal clubs, CE workshops
- 4) Practice management activities –see own patient in resident care shift, speaking engagements, and public presentations

BASTYR UNIVERISTY RESIDENCY PROGRAM

Bastyr Center for Natural Health

R1 Clinical Shift Assignments

Fall – 6 Paired faculty resident shifts

1 Resident Care shift

Winter / Spring / Summer

– 5 Paired faculty shifts

1 Student Supervision shift

1 Resident Care shift

R2 Clinical Shift Assignments

Fall/ Winter / Spring / Summer

3 Student Supervision

1 Resident Care shift

**Rotations – HealthPoint, Off-site
Shifts, Preceptorships**

Chief Resident

3 EBM shift and 1 Resident Care Shift

Bastyr University Clinic

R1 Clinical Shift Assignments

Fall – 4 Paired faculty resident shifts

1 Resident Care shift

4 Teaching Assist shifts

Winter / Spring / Summer

– 3 Paired faculty shifts

1 Student Supervision shift

4 Teaching Assist shifts

R2 Clinical Shift Assignments

Fall/ Winter / Spring / Summer

3 Student Supervision

1 Resident Care shift

**Rotations – Off-site Shifts,
Preceptorships**

BASTYR CENTER FOR NATURAL HEALTH RESIDENCY PROGRAM

Chief Medical Officer: Jamey Wallace, ND

Clinical Associate Dean: Jen Johnson, ND

Residency Administrator: Gary Garcia, MD, MHA

General Medicine

Outpatient setting– Seattle, WA

Compensation:

\$31,900* for first year resident

Paid Vacation & Sick Leave

Malpractice Liability Insurance

Health/Dental/Vision Insurance

CE Allowance

*** Subject to change without prior notification**

BASTYR UNIVERSITY CLINIC RESIDENCY PROGRAM

Associate Dean: Joni Olehausen, ND

Residency Lead Supervisor: Tim Schwaiger, ND

General Medicine

Outpatient setting – San Diego, CA

Compensation:

\$31,900 (plus 15% cost of living adjustment)* for first year resident

Paid Vacation & Sick Leave

Malpractice Liability Insurance

Health/Dental/Vision Insurance

CE Allowance

*** Subject to change without prior notification**

SELECTION PROCESS

Bastyr Center for Natural Health and Bastyr University Clinic

Submitted Documents are blinded and scored

Resume

Personal Statement

Essays

Confidential Evaluations

Transcripts

Interview and On-shift Evaluation

One hour interview

Assigned to shifts

Affiliate Programs

Applications are forwarded to each program and the each site will contact the applicants for interview

Once match results are known, residency offer letters are sent to successful candidates

ANDERSON MEDICAL SPECIALTY ASSOCIATES

www.amsa1.com

Director: Paul Anderson, ND

Primary Faculty Supervisor: Leanna Standish, ND, Lac, FABNO

General Medicine – Naturopathic Oncology

Outpatient practice clinic, Seattle WA

- provide a high level of individualized care
- extensive cross-disciplinary training in areas of research and IV infusion and formulation integrative oncology, endocrine and metabolic restoration, psychoneuroimmunology and mental health support, women's health, genomic, and hyperbaric medicine.

Compensation

Competitive salary

Paid Leave vacation

Professional Liability Insurance

CE Allowance

* Subject to change without prior notification

CHAMPLAIN CENTER FOR NATURAL MEDICINE

www.vtnaturalmed.com

Director: Bill Warnock, ND

General Medicine

Outpatient practice clinic, Shelburne VT

- Family practice, committed to creating an environment where health care needs are accessible, family-centered, continuous, comprehensive, coordinated, compassionate, and culturally competent.
- Provide health care including preventative care measures, chronic condition management and behavioral health related issues

Compensation

Competitive salary

Paid Leave vacation

Professional Liability Insurance

CE Allowance

*** Subject to change without prior notification**

Natura Medica

www.naturamedicamystic.com

Director: Deirdre O'Connor, ND

General Medicine

Outpatient practice clinic, Mystic CT

- Primary care medical practice integrating therapeutic nutrition, homeopathic medicine, botanical medicine, and lifestyle counseling with conventional therapies for the treatment of both acute and chronic illnesses as well as prevention of disease.

Compensation

Competitive salary

Paid Leave vacation

Professional Liability Insurance

CE Allowance

*** Subject to change without prior notification**

EMERALD CITY CLINIC

www.emeraldcityclinic.com

Director: Molly Niedermeyer, ND

General Medicine

Outpatient practice clinic – Seattle, WA

- quality care and the professional relationships
- use many therapy modalities including botanical medicines, nutritional supplements, naturally occurring prescriptive drugs such as hormones and antibiotics (if necessary), physical medicine, counseling and lifestyle modifications.

Compensation

Competitive salary

Paid Leave vacation

Professional Liability Insurance

Health Saving Account

AANP and WANP dues

CE Allowance

*** Subject to change without prior notification**

HOLISTIC HEALTH CLINIC

www.theholistichealthclinic.com

Director: Owen Miller, ND

General Medicine

Outpatient practice clinic – Tacoma, WA

- Treat all acute and chronic health conditions with natural therapies and prescription medications (when needed) and refer to other health care specialists if necessary.
- Individualized care in women's health, men's health, children's health, preventive health, sport, school and work physicals, and annual exams for people of all ages (we do not offer vaccines or immunizations).

Compensation

Competitive salary

Medical Benefits

WANP membership

Paid Holiday

Professional Liability Insurance

* Subject to change without prior notification

HOLISTIQUE MEDICAL CENTER

www.drdarvish.com

Director: Nooshin Darvish, ND

General Medicine

Outpatient practice clinic – Bellevue, WA

- Balance between Western and Eastern medicine to improve the health, beauty, and well-being of patients.
- Specialize in finding the root cause of a variety of chronic and acute conditions through a complete and comprehensive assessment, and to treat patients using a diverse, integrated and personalized treatment plan involving the best of all that western, eastern, natural, and bio-energy medicine

Compensation

Competitive salary

Medical Benefits

Paid Holiday

Professional Liability Insurance

*** Subject to change without prior notification**

INSTITUTE OF COMPLIMENTARY MEDICINE

www.icmedicine.com

Director: Janci Karp, ND, Lac

Co-lead faculty: Kim Celmer, ND

General Medicine

Outpatient practice clinic – Seattle, WA

- Comprehensive and individual integrative health through evaluation, treatment and education regarding therapies and understanding of modern biomedical science.
- General health-promoting guidelines that will optimize health enhancing the nutritional status using targeted supplemental therapy and herbal medicine
- Provide additional services in acupuncture and naturopathic manipulative therapy used to treat different chronic diseases as well as neck and back pain, and sports injuries.

Compensation

Competitive salary

Medical Benefits

Paid Holiday

Professional Liability Insurance

* Subject to change without prior notification

MOTHER AND CHILD CLINIC

www.motherchildmedicine.com

Director: Kathleen Allen, ND

Pediatric General Medicine

Outpatient practice clinic – Carnation, WA

- The clinic provides primary care medical services to families.
- Focus on newborn care, breastfeeding support, well child check ups, vaccinations through the Washington State Department of Health Vaccines for Children program, sports physicals and sick visits

Compensation

Competitive salary

Medical Benefits

Paid Holiday

Professional Liability Insurance

*** Subject to change without prior notification**

SEATTLE INTEGRATIVE ONCOLOGY

www.seattlend.com

Director: Chad Aschtgen, ND, FABNO

Naturopathic Oncology

Outpatient practice clinic

- provides expert naturopathic care for individuals with cancer, a family history of cancer or an interest in cancer prevention.
- utilizes nutrition and lifestyle counseling, herbal medicines, vitamins and mineral therapies to support each patient's optimal wellness before, during and after each stage of cancer treatment.
- 50% at Institute of Complementary Medicine – Seattle, WA
- 50% Providence Regional Cancer System – Lacey, WA

Compensation

Competitive salary

Medical Benefits

Paid Holiday

Professional Liability Insurance

*** Subject to change without prior notification**

STAIR-INTEGRATIVE THERAPEUTICS ACUPUNCTURE & INTEGRATIVE MEDICINE CENTER

www.AIMCenterAZ.com

Director: Julie Gorman, NMD

Co-faculty supervisor: Sharon Thompson, MD

STAIR Integrative Residency

Outpatient practice clinic – Phoenix, AZ

- Blending of naturopathic medicine and conventional medicine based on the same scientific foundation as conventional medicine and the naturopathic philosophy
- 60% at AIM and 40% Central Phoenix Obstetrics and Gynecology

Compensation

\$36,000 annual stipend

Medical Benefits

Paid Holiday

Professional Liability Insurance

* Subject to change without prior notification

TRUE NORTH HEALTH CENTER

www.healthpromoting.com

Director: Alan Goldhamer, DC

Co-faculty supervisor: John Finnel, ND, Lac

Integrative Research Residency

Out patient and In patient clinic – Sta. Rosa, CA

- The staff at TrueNorth Health Center includes medical doctors, osteopaths, chiropractors, naturopaths, psychologists, research scientists, and other health professionals.
- The Center is now the largest facility in the world that specializes in medically supervised water-only fasting.

Compensation

Competitive compensation

Medical Benefits

Paid Holiday

Professional Liability Insurance

*** Subject to change without prior notification**

YELLOWSTONE NATUROPATHIC CLINIC

www.yncnaturally.com

Director: Margaret Beeson, ND

Naturopathic Oncology

Out patient clinic – Billings, MT

- **Yellowstone Naturopathic Clinic – primary care, naturopathic oncology, first line therapy, comprehensive natural pain treatment, acupuncture, mesotherapy, prolotherapy and platelet rich plasma, IV therapy, laser therapy, detox services, HCG, and women's health**
- **50% at Yellowstone and 50% St Vincent Frontier Cancer Care Center**

Compensation

Competitive salary

Medical Benefits

Paid Holiday

Professional Liability Insurance

*** Subject to change without prior notification**

TIMELINES

- November 13, 2014 Universal Residency Application available
- December 1, 2014 Programs begin to accept the applications

- January 12, 2015 Applications due by 5:00PM
- January 26, 2015 Processed application sent to individual sites
- February 16, 2015 Start of the Interview period
- April 13, 2015 End of the Interviews period
- April 17, 2015 Site Rankings due by 5:00pm Pacific Time
- April 27, 2015 Applicants get match ID number
- May 1, 2015 NPGA Match Day!
- May 4, 2015 Formal letters mailed w/ Statement of Intent
- May 18, 2015 Submission of signed Statement of Intent

Questions ?

Gary Garcia, MD, MHA, CCS
Bastyr Center for Natural Health
ggarcia@bastyr.edu
Tel: (206) 834-4124
Fax: (206) 834-4106