

Kenneth Glowacki, DACM, MATESOL, L.Ac.

Chinese Medicine Teaching and Administration Experience

Instructor, National College of Natural Medicine, Portland, OR.

- Classes taught:
 - AcuMoxa 5, Points – taught principles of acupuncture treatment, the basic principles of point combination and compatibility, acupuncture formulas and syndrome differentiation.
 - AcuMoxa 5, Techniques – taught needling techniques on challenging points, classical prick techniques, moxabustion, cupping and gua sha based on diagnosis and treatment strategies.
 - Advanced Acumoxa 1 – taught advanced acupuncture techniques including holographic acupuncture systems and a discussion on pain and pain management.
 - Traditional Mentorship – taught the 5 Channel System as part of my lineage training from Jeffrey Yuen. Fall term emphasis on orthopedics and the muscle sinew channel. Winter and spring term emphasis on all of the channel systems and particularly the mental-emotional connections.
 - Imaginal and Experiential Investigation – taught a series of lessons on Appreciative Inquiry and medicine as metaphor.
 - Clinical Exit Exam – gave clinical exit exams to graduating interns who demonstrated intake and diagnostic skills with live model patient.

August 2014 to present

Clinical Supervisor, National College of Natural Medicine, Portland, OR.

- Supervise student interns and observers in the school clinic, at the Volunteers of America (VOA) and Cascade AIDS Project (CAP) in regards to intake, diagnosis, evaluation, treatment plans for acupuncture, herbal and adjunctive therapies, evaluate students according to responsibilities at each level.

August 2014 to present

Associate Dean of Clinical Education, National College of Natural Medicine, Portland, OR.

Clinical Education Duties

- **Curriculum**
 - Collaborated with the CCM Dean and the Director of Curriculum and Faculty Development to design and implement an effective development program for the clinical faculty.
 - Led the design and continuous improvement of the clinical portion of the CCM curriculum.
 - Oversaw the development, implementation, and evaluation of the clinical portion of the CCM curriculum, including clinic entrance and exit examinations.
- **Faculty**
 - Organized and ran monthly clinical faculty meetings.
 - Ensured proper motivation of clinical faculty to provide quality patient care and student instruction.
 - Led the recruitment and hiring of adjunct clinical faculty and substitutes.
- **Clinic Operations Duties**

- Worked with the CCM Dean, Director of Clinic Operations and Chief Medical Officer to ensure the effective functioning of the NCNM clinics, including the development and annual review of clinic policies and procedures.
- **Supervision**
 - Supervised the Classical Chinese Medicine Clinical Faculty.
August 2014 to April 2015

Chair of Acupuncture, Bodywork and Qi Cultivation Department, Oregon College of Oriental Medicine, Portland, OR.

- **Curriculum development:**
 - Provided oversight and coordination of the acupuncture, qi cultivation and Oriental therapeutic massage portions of the OCOM curriculum
 - Ensured that the curriculum was aligned vertically and horizontally
 - Ensured that issues of safety, protocol, procedures, ethics, and professionalism were addressed appropriately within courses.
 - Assisted faculty in course syllabi development, including defining appropriate educational objectives, methodologies, and evaluation mechanisms
 - Promoted effective linkage between classroom work and clinical education through facilitating ongoing communication between classroom and clinical faculty members.
 - Developed annual priorities in curriculum development.
 - Assessed and reported on changes made in past year(s).
 - Developed relevant aspects of the 2nd and 3rd year comprehensive examinations with input from faculty members and in conjunction with the chairs of biomedicine and Oriental medicine.
- **Faculty support, development, and evaluation**
 - Participated in hiring process for faculty members within the department.
 - Mentored and orient new faculty members
 - Observed classes and provided feedback and suggestions as needed to support faculty development of new and returning faculty
 - Participated in faculty evaluation process within department
- **Student issues involvement:**
 - Communicated with faculty and academic or clinical deans concerning student achievement issues in relevant courses
 - Was available to respond to educational issues raised by students or faculty members
- **Committee involvement:**
 - Convened the acupuncture committee/qi cultivation/Oriental therapeutic massage committee meetings at least annually.
 - Received direction from Dean of Academic Affairs for committee work and communicate back to Dean as to discussion content, action plans, and timelines.
 - Represented department on Academic Steering Committee
 - Reported to full faculty meetings on committee suggestions and issues
April 2009 to August 2014

Instructor, Oregon College of Oriental Medicine, Portland, OR.

- Classes taught:
 - Point Location, 1,2 and 3 - three terms of point location and foundational acupuncture theory
 - Observation Skills - class introducing students to the use of moxabustion, cupping and gua sha as well as initial discussions on the role of the observer in clinic
 - Auricular Acupuncture - introducing both the Chinese and French systems, NADA protocol
 - Acupuncture Techniques 1 and 2 - a class teaching students needling skills, precautions to acupuncture and more advanced cupping, moxabustion and gua sha techniques
 - Clinical Skills - a class to help prepare students for clinic by teaching about clinical intake and acupuncture strategies
 - Electro-stim and Microsystems - class focusing in on the application of electrostimulation in acupuncture, scalp acupuncture and the different microsystems used in modern acupuncture through the context of pain treatment,
 - Advanced Acupuncture, 1 - a class introducing students to the muscle sinew channels, the M-Test, and an orthopedic application to acupuncture
 - Advanced Acupuncture, 2 - a class introducing students to the 5 Channel system of the classical texts
 - Respectful Touch - a class for new students to discuss and practice the ethical, interpersonal and respectful aspects around therapeutic touch.

July 2008 to August 2014

Clinical Supervisor, Oregon College of Oriental Medicine, Portland, OR.

- Supervised student interns and observers in the school clinic and an off-site senior center in regards to intake, diagnosis, evaluation, treatment plans for acupuncture, herbal and adjunctive therapies, evaluated students according to responsibilities at each level, participated in department planning meetings, taught and monitored students at various levels regarding technique.

July 2008 to August 2014

Instructor, Pacific College of Oriental Medicine, Chicago, IL.

- Classes taught:
 - Chinese Herbs, 1 and 2 - class focusing in on all levels of individual herbs and combinations including preparations and Oriental medical theory such as Zang Fu, 6 Divisions, 4 Levels
 - Point Combinations - class designed to help students organize their point selection
 - Clinical Diagnosis and Evaluation - class covering interviewing skills, palpation skills, observation skills with diagnosis and treatment planning
 - Eastern Nutrition - class covering principles of Chinese food dietetics, demonstration of cooking techniques
 - Advanced Acupuncture Needling Techniques - class focusing in on Traditional Chinese needle techniques
 - Special Considerations Elective - class focusing in on Japanese meridian therapy and Taoist *I Ching* relationships, useful in constitutional therapy, orthopedics, pain management and internal diseases.

January 2006 to April 2008

Clinical Supervisor, Pacific College of Oriental Medicine, Chicago, IL.

- Supervised student interns, assistants and observers in the school clinic in regards to intake, diagnosis, evaluation, treatment plans for acupuncture, herbal and adjunctive therapies, evaluated students according to responsibilities at each level, participated in department planning meetings, taught and monitored students at various levels regarding technique.

January 2006 to April 2008

Clinical Private Practitioner, Pacific College of Oriental Medicine, Chicago, IL.

- Actively demonstrated and taught about all aspects of patient treatment in the school clinic for groups of students in grand rounds,

January 2006 to April 2008

Faculty Senate at the Oregon College of Oriental Medicine

Continued attendance at monthly meetings

Served on **Faculty Handbook Committee**, 2010

Led **Shared Governance Committee**, 2011

Led committee and produced **Dry Needling Statement** for Faculty Senate, 2011

Education

DACM (Doctorate of Acupuncture and Chinese Medicine). Pacific College of Oriental Medicine, San Diego, CA, August 2016

Ph.D. candidate. Classical Chinese Medicine Program, American College of Complementary Medicine, Pasadena, California.

MSTOM. Pacific College of Oriental Medicine, San Diego, CA, December 2002.

MA in Education (TESOL). Monterey Institute of International Studies, Monterey, CA, August 1996

BA, French and Economics, minored in German, San Diego State University, San Diego, CA, May 1988

Certificate of Economic Studies, Université Aix-Marseille 3, France (1984 to 1986), May 1986

Licenses and Certifications

Licensed Acupuncturist, California, March 2003, Active Status.

National Certification Commission for Acupuncture and Oriental Medicine, certified, 2003.

Licensed Acupuncturist, Illinois, December 2005, Inactive Status.

Licensed Acupuncturist, Oregon, June 2008, Active Status.

Associations/Memberships

Membership in Oregon Association of Acupuncture and Oriental Medicine

North American Journal of Oriental Medicine

Chinese Medical Private Practice

Private Practice at Fulcrum Integrative Health, Portland, OR

2016 to present

Private Practice, Tigard & Portland, OR.

2008 to 2016

Private Practice, Chicago, IL.

2005 to June 2008

Exhale Spa, Chicago, IL.

2005 to October 2006

Fitness Arts, Inc., Palatine, IL.

January 2005 to May 2005

Acupuncture Health Care Associates, San Diego, CA.

2003 to 2004

Workshops, Seminars, Trainings, Talks, Community Service

Sound Healing and Chinese Medicine, Community Talk and Demonstration at the Lan Su Chinese Garden, Portland, OR, May 2016.

Overview of Auricular Acupuncture at the Integrative Medicine Training for medical interns at the Oregon Health and Science University, Portland, OR, March 2013.

Introduction of Chinese Medicine at the Integrative Medicine Training for medical interns at the Oregon Health and Science University, Portland, OR, March 2012.

Chinese New Year Celebration at the Portland Convention Center, supervised booth for the Oregon College of Oriental Medicine and for the Mercy and Wisdom Clinic, February 2012.

Introduction to Chinese Medicine, talk given with students from the Oregon College of Oriental Medicine at Marylhurst College, Lake Oswego, OR, October 2012.

Cosmetic Acupuncture Training, Portland, OR, August 2011.

Seitai Shinpo, Acupuncture Postural Alignment training, Portland, OR, March 2011.

Introduction of Chinese Medicine at the Integrative Medicine Training for medical interns at the Oregon Health and Science University, Portland, OR, March 2010.

“H1N1 and Chinese Medicine,” panel discussion, Oregon Health and Sciences University, Portland, OR, October 2009.

Orthopedic Acupuncture, Neck and Shoulders, Low Back and Lower Limbs, using muscle motor points, Portland, OR, June and August 2009.

“*I Ching* Applications – the Pre-Heaven Sequence,” presented at the annual Oregon Acupuncture Association, Portland, OR, April 2009.

“*I Ching* Applications – the Post-Heaven Sequence,” presented at the annual Oregon Acupuncture Association, Portland, OR, April 2009.

Cosmetic Acupuncture Training, Portland, OR, March and May 2009.

“How each discipline approaches caring for caregivers,” panel discussion, Oregon Health and Sciences University, Portland, OR, October 2008.

Shaku Ju Therapy 4 Week Training, Chicago, IL May 2008.

Japanese Acupuncture 10 Week Training – Meridian Therapy, Seitai Shinpo, Sotai, Needle Technique, 8 Extra Techniques, Divergent Meridian Techniques, Muscle Sinew Channel Techniques, Chicago, IL, May 2007 and Jan 2008.

Cooking for Spring According to Chinese Medicine, Whole Foods, Spring 2008.

Cooking for Summer According to Chinese Medicine, Hawthorne Woods, IL, Summer 2007.

Cooking for Fall and Winter According to Chinese Medicine, Hawthorne Woods, IL, Fall 2006.

Diabetes and Chinese Medicine, United Methodist Church, Chicago, IL, 2006.

Sound Therapy, Exhale Spa, Chicago, IL, 2006.

Heart Disease and Chinese Medicine, United Methodist Church, Chicago, IL, 2005.

Chinese Medicine and Diet Therapy, Exhale Spa, Chicago, IL, 2005 and 2006.

Oriental Medicine Publications

Translation work (unpublished) for Philippe Sionneau, **Traditional Chinese Medicine and Psychiatry**, Eastland Press. Chapters on the Wu Shen/ Five Spirits, San Bao/ Three Treasures, Emotions and Modern Chinese Formulas

“Winter – Kan” (*I Ching* Correspondences), **Oriental Medicine Journal**, Winter 2006.

“Spring – Zhen and Xun” (*I Ching* Correspondences), **Oriental Medicine Journal**, Spring 2006.

Book Review: “Chinese Medical Characters, Volume Two: Acupoint Vocabulary,” **Oriental Medicine Journal**, Spring 2006.

“Summer – Li and Kun” (*I Ching* Correspondences), **Oriental Medicine Journal**, Summer 2006.

Book Review: “Pathomechanisms of the Heart”, **Oriental Medicine Journal**, Summer 2006.

“Fall – Dui and Qian” (*I Ching* Correspondences), **Oriental Medical Journal**, Fall 2006.

Book Review: “A Heart Approach to Gynecology”, **Oriental Medical Journal**, Fall 2006.

“Report: Advanced Shakuju Seminar, Boston 2009”, **North American Journal of Oriental Medicine**, Vol. 17, No. 48. March 2010

Writing Group of several senior students of Jeffrey Yuen to write a text on the **5 channel system**, 2011 and ongoing.

Media coverage

2007 – Chicago Fox Morning News, acupuncture and cupping demonstration

2007 – Chicago Access Network Television, introduction to acupuncture

2006 – Chicago NBC, acupuncture and pregnancy

2006 – Chicago NBC, acupuncture and health maintenance

Training Abroad

February 2007, **Tokyo, Japan**, trained with Dr. Shoji Kobayashi in his clinic using Shakuju therapy and attended annual Shakuju Conference.

August 2001, **Nanjing, China**, trained at the Nanjing TCM Hospital.

DACM (Doctorate of Acupuncture and Chinese Medicine) Classes

Evidence Informed Practice – analysis of an approach that integrates clinical experience and findings, patient preferences, and research (all important types of evidence) into the process of healthcare delivery, 3 units, 45 hours, winter 2016

Advanced Integrative Diagnostics – analysis of diagnostic options for effective patient care working within integrative teams and various healthcare systems, 3 units, 45 hours, winter 2016

Healthcare Systems – demonstration of knowledge and skills to perform in emerging integrated healthcare systems that provide patient-family centered care through interdisciplinary teams and community partnerships, 3 units, 45 hours, winter 2016

Interprofessional Communication – practice in effective communication in a manner that supports a team approach to the maintenance of health and the treatment of disease, 1 unit, 15 hours, winter 2016

Practice Based Learning – identification of areas for professional opportunities and growth within healthcare, 3 units, 45 hours, winter 2016

Application of Interprofessional Communication, clinical observation in a biomedical setting, 2 units, 60 hours, spring 2016

Classes, Conferences and Seminars in Oriental Medicine

- 2016 **Atma Buti, Sound Therapy Retreat**, organized by Suren Shrestha, Estes Park, CO, Sept. 2-5
- 2016 **Balance and Stillness: Biodynamic Cranialsacral Therapy**, taught by Robyn Jones, Aug. 26-29, Portland, OR, 32 hours
- 2016 **Atma Buti Sound and Vibrational School, Himalayan Chakra Singing Bowl Therapy, Levels 2 and 3**, taught by Suren Shrestha, Boulder, CO, Aug. 13-16, 28 hours
- 2016 **Inherent Health: Biodynamic Cranialsacral Therapy**, taught by Robyn Jones, June 17-20, Portland, OR, 32 hours
- 2016 **Jeffrey 101, The Big Picture, American University of Complementary Medicine**, taught by Jeffrey Yuen, April 2-3, Los Angeles, CA, 15 CEUs
- 2016 **The Role of Herbal Medicine in Cultivating the Shen, American University of Complementary Medicine**, taught by Jeffrey Yuen, April 1 and 4, Los Angeles, CA, 15 CEUs
- 2016 **Kiiko Matsumoto's Palpation Diagnosis and Treatments for Liver, Spleen, and Immune System Imbalances**. March 19-20, Portland, OR, 14 CEUs
- 2015 **Daoist Canon III, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Nov. 21-13, 22.5 PDAs
- 2015 **Presence and Pacing: An Introduction to Biodynamic Craniosacral Therapy**, taught by Robyn Jones, October 9-12, Portland, OR, 32 hours
- 2015 **Working with Destiny: The Role of the Eight Extra Channels, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Oct. 16-19, 30 PDAs
- 2015 **Atma Buti Sound and Vibrational School, Introduction Level I - Himalayan Chakra Singing Bowl Therapy, One and Two Bowl Therapy, Atma Buti Sound and Vibrational School**, taught by Suren Shrestha, Seattle, WA, Oct. 2,3, 14 hours
- 2015 **Evidence Based Medicine**, Helfgott Institute, Portland OR, Aug. 24-27, 16 PDAs
- 2015 **Daoist Canon II, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Jun. 13-15, 22.5 PDAs
- 2015 **Introduction to Kiiko Matsumoto's Abdominal and Hara Diagnosis**, taught by Monika Kobylecka, Portland, OR, Jan. 17-18, 14 CEUs
- 2014 **Daoist Canon I, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Nov. 15-17, 22.5 PDAs
- 2014 **Geriatrics - A Chinese Medical Perspective**, taught by Jeffrey Yuen, Winooski, VT, October 4-5, 12 PDAs
- 2014 **Divergent Channels and Emergency Medicine, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Sep. 26-29, 30 PDAs
- 2014 **The Essential ICD-10 Seminar**, taught by American Acupuncture Council, Portland, OR, Jul. 27, 8 PDAs
- 2014 **Male Fertility, American University of Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA, Jun. 22-23, 22.5 PDAs
- 2014 **Divergent Vessel Acupuncture and Herbal Energetics, American University of Complementary Medicine**, taught by Jeffrey Yuen, Los Angeles, CA, Apr. 25-28, 30 PDAs

2014 **Medicine as Rite and Ritual, Daoist Traditions**, taught by Jeffrey Yuen, Asheville, NC,
2014 **Daoism and Symbolism in Chinese Medicine, Daoist Traditions**, taught by Jeffrey Yuen,
Asheville, NC
2014 **A Chinese Medicine Clinical Algorithm: An Adaptation of the “5 Clinical Microskills
Model” for Chinese Medical Teaching Clinics**, taught by Paul Kalnins, Portland, OR,
Apr. 8, 1 PDA
2014 **Emerging Science of Pain and Addiction**, taught by Andy Mendenhall, Portland, OR
2013 **Pathogenesis and Prevention of Female Reproductive Cancers: A Chinese Medicine
Approach, American University of Complementary Medicine**, taught by Jeffrey Yuen,
San Francisco, CA
2013 **Taijiquan for Longevity, American University of Complementary Medicine**, taught by
Jeffrey Yuen, San Francisco, CA
2013 **Nan Jing, American University of Complementary Medicine**, taught by Jeffrey Yuen, San
Francisco, CA
2013 **Stimulating the Movements of Life: Working with the Channel Sinews**, taught by Steven
Alpern, Portland, OR
2013 **Assessment, Diagnosis and Management of Patients Presenting with Low Back Pain**,
taught by Geoff Genese, DC, Portland, OR
2013 **Personality Through the Pulses, American University of Complementary Medicine**,
taught by Jeffrey Yuen, San Francisco, CA
2013 **The Recognition, Assessment and Management of Patients with Mental Health and
Substance Abuse/Addiction Issues in A Traditional Chinese Medical Teaching Clinic**,
taught by Steven Saeks, Portland, OR
2013 **Nan Jing, American University of Complementary Medicine**, taught by Jeffrey Yuen, Los
Angeles, CA
2013 **Advanced Insurance Billing**, from American Acupuncture Council, Portland, OR
2012 **Systematic Review Workshop**, lead teacher Cindy Crawford, taught at the Samueli Institute,
VA
2012 **Nei Jing – Subjects: Rhythms of Humanity and Medical Responsibility**, taught by Jeffrey
Yuen, Los Angeles, CA
2012 **Pediatrics: Development and Growth Issues, Autism, American University of
Complementary Medicine**, taught by Jeffrey Yuen, San Francisco, CA
2012 **Nei Jing – Subjects: Disease Transmission, Seasons and Astrology, Shen Disorders**,
American University of Complementary Medicine, taught by Jeffrey Yuen, Los Angeles,
CA
2012 **An In-depth Exploration of Sun Si Miao, Daoist Traditions, College**, taught by Jeffrey
Yuen, Asheville, NC
2012 **Postpartum in Classical Chinese Medicine, American University of Complementary
Medicine**, taught by Jeffrey Yuen, San Francisco, CA
2011 **Opening to the Source: Li Shi Zhen’s Exposition on the 8 Extraordinary Vessels in
Clinical Practice**, taught by Chip Chase, Portland, OR
2011 **IAMSE (international Association of Medical Science Educators) Conference**, Tampa, FL
2011 **Obstetrics in Classical Chinese Medicine, American University of Complementary
Medicine**, taught by Jeffrey Yuen, San Francisco, CA
2011 **Herbal Formulations for the Channel Systems**, taught by Jeffrey Yuen, New York, NY
2011 **Application of Herbs on Acupoints**, taught by Jeffrey Yuen, New York, NY

2011 One Year Chinese Medical Aromatherapy, taught by Jeffrey Yuen, New York, NY
 Weekend 1: Fundamentals of Essential Oils, Basic Aromacology
 Weekend 2: Materia Medica (Part 1) Seeds, Roots, Wood, & Flowers
 Weekend 3: Materia Medica (Part 2), Leaves, Barks, Resins
 Weekend 4: Aesthetic Use of Essential Oils, Skin Care & Cosmetics
 Weekend 5: Topical Application of Essential Oils, Muscular-Skeletal, Vascular, Lymphatic Issues
 Oils on Acupoints
 Weekend 6: Internal Ingestion of Essential Oils, Medical Aromatherapy
 Weekend 7: Essential Oils & Its Effect on the Mind, Scenting the Emotions & our Psyche
 Weekend 8: Constitutional Therapy with Essential Oils, Developing one's "Perfume" & Alchemy
2010 Using Essential Oils in Chinese Medicine, taught by Peter Holmes, Portland, OR
2010 The M-Test, Orthopedic Acupuncture, taught by Dr. Yoshito Mukaino, Bastyr University,
 Kirkland, WA
2010 Shonishin, Pediatric Japanese Acupuncture, taught by Brenda Loew, Portland, OR
2010 Pulse Diagnosis, taught by Jeffrey Yuen, New York, NY
2010 Koshi Balancing: Japanese Manual Medicine and Acupuncture, taught by Jeffrey Dann,
 Portland, OR
2010 Preparing the Palace: Guiding Couples through the Fertility Process, taught by Donna
 Keefe, OCOM, Portland, OR
2009 Moxabustion Therapy for Pain, taught by Junji Mizutani, Portland, OR
2009 Allergy Elimination, Applied Kinesiology, taught by Robin Cupp, Portland, OR
2009 Advanced Shakujyu Therapy, taught by Dr. Shoji Kobayashi, Boston, MA
2009 Treating Psycholo-emotional Disorders, Shudo Denmai, San Francisco, CA
2009 Sleep, Insomnia and Dreams in Chinese Medicine, taught by Jeffrey Yuen, New York, New
 York
2009 Channel Palpation Clinical Rounds, taught by Jason Robertson, Portland, OR
2009 - 2010, Two Year Advanced Acupuncture Program, taught by Jeffrey Yuen, New York,
 New York

Year 2:

Weekend 1: Review of the Primary Channels, Treatment Strategies Based on *Tai Ping Ju*/Medical Academy
 Weekend 2: Jin Jing/Sinew Channels and Their Releases, Hot Needle Techniques and Treatment for the Exterior
 Weekend 3: Luo Jing/Connecting Vessels, Bloodletting and Plum Blossoming Techniques, Treatment for Blood Stagnation and Interior Conditions
 Weekend 4: Luo Jing and the Internal Pathways of the Primary Channels, Concept of Latency and Their Releases
 Weekend 5: Jing Bie/Divergent Channels, The Humors and Their Relationship to Zang-Fu
 Weekend 6: Jing Bie/Divergent Channels and Their Treatment Strategies, Qi Jing Ba Mai/Eight Extraordinary Vessels' First Ancestry
 Weekend 7: Qi Jing Bai Mai/Eight Extraordinary Vessels, The Curious Fu-Bowels and Their Correlations to Zhang-Fu
 Weekend 8: Synopsis of Advanced Acupuncture - the Channel Systems, Development of Treatment Plan and Strategies

Year 1:

Weekend 1: Overview of the History of Chinese Acupuncture
 Introduction to Channel Energetics

- Weekend 2: Early Acupuncture – Nei Jing Ling Shu
Nine Needles of Acupuncture & Needling Techniques
- Weekend 3: Early Acupuncture – Huang Fu-Mi’s Jia Yi Jing
Anatomical & Regional Energetics
Channel Distribution & Topography
- Weekend 4: Early Acupuncture – the Influence of Alchemy & Religion Stone & Other Metal
Needles
- Weekend 5: Primary Channels I – Their Sequence, Points, & Pathology
Lungs, Large Intestine, Stomach Channels
- Weekend 6: Primary Channels II – Their Sequence, Points, & Pathology
Spleen, Heart, Small Intestine Channels
- Weekend 7: Primary Channels III – Their Sequence, Points, & Pathology
Urinary Bladder, Kidneys, Pericardium Channels
- Weekend 8: Primary Channels IV – Their Sequence, Points, & Pathology
San Jiao, Gall Bladder, Liver Channels

2009 Tonify Yang, taught by Heiner Fruhalf, Portland, OR

2008 Gu Syndromes and Cancer, taught by Heiner Fruhalf. Portland, OR

2008 Fukushin, Respiratory Disorders, taught by Nigel Dawes, Portland, Oregon.

2007 – 2008 Two Year Herbal Study Program, taught by Jeffrey Yuen, New York, New York

Year 2:

- Weekend 1: Review of the Herbs for Exogenous Conditions
Review of the Phlegm Herbs
Chinese Herbal Treatment Principles & Strategies for Respiratory & ENT
Disorders (Wu Gong Ke)
Herbs for the Eyes
- Weekend 2: Review of Wind Herbs
Chinese Herbal Treatment Principles & Strategies for Neurological and
Dermatological Disorders (Pi Fu Ke)
Clinical Application
- Weekend 3: Review of Wind-Damp Herbs
Chinese Herbal Treatment Principles & Strategies for Musculo-Skeletal Disorders
(Wai Ke)
Understanding Contraindications, Contradictions, and Dosages
Clinical Application
- Weekend 4: Review of Herbs for Clearing Heat, Fire, and Fire-Toxins
Chinese Herbal Treatment Principles & Strategies for Infectious Disorders
Wen Bing Pai
Clinical Application
- Weekend 5: Review of Herbs for Digestive Functions
Chinese Herbal Treatment Principles & Strategies for Gastrointestinal Disorders
(Chang Wei Ke)
Clinical Application
- Weekend 6: Review of Herbs for Blood Issues
Chinese Herbal Treatment Principles & Strategies for Cardiovascular &
Gynecological Disorders (Fu Ke)
Clinical Application
- Weekend 7: Review of Tonic & Astringent Herbs

- Chinese Herbal Treatment Principles & Strategies for Immune Deficiency & Reproductive Disorders
Clinical Application
- Weekend 8: Review of Herbs for Draining & Transforming Dampness
Review of Herbs for Nourishing Yin
Chinese Herbal Treatment Principles & Strategies for Urogenital & Endocrine Disorders
Clinical Application
- Weekend 9: Review of Herbs for Calming the Shen
Chinese Herbal Treatment Principles & Strategies for Psychological Disorders
Clinical Application
- Weekend 10: Basic Herbal Pharmacognosy
Herb & Drug Interactions
Review of Herbal Treatment Priorities
Conclusion of Pending Topics
- Year 1:**
- Weekend 1: Historical Overview of Chinese Medicine
Framework for Classification of Herbs & Formulas
Herbs & Formulas to Release the Exterior
- Weekend 2: Herbs & Formulas to Release the Exterior (Continued)
Complications of Exogenous Conditions
Overview of Shang Han Lun Traditions
- Weekend 3: Herbs & Formulas to Resolve Phlegm & Dampness
Herbs to Regulate Qi
Treatment of Bi-Obstruction Syndrome
- Weekend 4: Herbs & Formulas to Clear Heat
Overview of Wen Bing Tradition
Precautions in Clearing Heat
- Weekend 5: Concept of Latent Heat (Unresolved Heat)
Latent Heat as the Root of Chronic Conditions
Strategy for the Resolution of Latent Heat
- Weekend 6: Herbs & Formulas to Drain, Purge, and Vomit
Overview of the School of Cooling & Cold & the School of Attacking & Purging
Treatment of Wei-Atrophy Syndrome
- Weekend 7: Herbs & Formulas to Regulate Blood
Overview of Gynecology in Chinese Herbal Medicine
Herbs & Luo Channels
- Weekend 8: Herbs & Formulas to Calm the Shen & Extinguish Wind
Understanding Psychological/Shen Issues
Herbs & Formulas to Nourish Yin and Blood
- Weekend 9: Herbs & Formulas to Tonify Qi & Yang
Herbs for Food Stasis
Strategies for Tonification
Overview of School of Post-Natal Tonification
- Weekend 10: Herbs & Formulas to Astringe
Overview of School of Harmonization

Strategies for Tonification (Continued)

- 2007 **Shaku Jyu Therapy Conference and teacher training**, taught by Dr. Shoji Kobayashi, Tokyo, Japan
- 2006 **Shaku Jyu Therapy**, taught by Dr. Shoji Kobayashi, Boston, Massachusetts
- 2006 **Post Symposium Seminar: Facial Diagnosis** taught by Lillian Bridges, San Diego, CA
- 2006 **Pacific Symposium**, San Diego, CA
- 2005 **The Treatment of Modern Digestive Disorders with Traditional Prescriptions** taught by Craig Mitchell, Chicago, IL
- 2005 **Taoist Time Acupuncture**, taught by David Twicken and Robert Chu, Los Angeles, CA
- 2005 **Acutonics, Level 1 training**, Evanston, IL
- 2005 **Sound Healing and Oriental Medicine**, AAOM Conference, Chicago, IL
- 2005 **Sotai and Meridian Stretching**, taught by Stephan Brown, Evanston, IL
- 2005 **Hepatitis C Certification Program**, taught by Misha Cohen, San Francisco, CA
- 2005 – 2007 **Japanese Acupuncture Certification Series (two year quarterly program)**, taught by Miki Shima, San Francisco, CA
- 2004 **Treating the Joints and Extremities with Daoist Medicine**, taught by Jeff Nagel, San Diego, CA
- 2004 **Taoist Retreat, Qi Gong, I Ching-Ba Gua, Daoist Medicine**, taught by Share K. Lew, Jeff Nagel and Chao Lee Chen, San Diego, CA
- 2004 **Revolutionary Pulse Diagnosis**, taught by Jimmy Chang, San Diego, CA
- 2004 **Nei Gong Qi Liao - First Level**, taught by Jeff Nagel, San Diego, CA
- 2004 **Master Tung's Magic Points**, 6 weekend classes taught by Susan Johnson, Madison, WI
- 2004 **I Ching Acupuncture**, taught by David Twicken, Santa Monica, CA
- 2004 **Herbal Secrets**, taught by Jimmy Chang, Oakland, CA
- 2004 **Herbal Safety Course**, taught by Dr. John Chen, San Diego, CA
- 2004 **Complex Pattern, Simple Solutions, I and II**, taught by Dr. John Chen and Tina Chen, Los Angeles, CA
- 2004 **Balance Method Conference**, taught by Richard Tan, San Diego, CA
- 2004 **Advanced I Ching Acupuncture, The 64 Hexagrams Method**, taught by David Twicken, Los Angeles, CA
- 2004 – 2005 **Master Tung's Magic Points, Advanced Series, and Cupping and Bleeding**
- 2003 **Treating the Back and Neck with Daoist Medicine**, taught by Jeff Nagel, San Diego, CA
- 2003 **Taoist Retreat, Qi Gong, I Ching - Ba Gua, Daoist Medicine**, taught by Share K. Lew, Jeff Nagel and Robert Chu, San Diego, CA
- 2003 **Small Business Association**, Series of classes on advertising, bookkeeping, business planning, San Diego, CA
- 2003 **Japanese Moxa Therapy**, taught by Mizutani Junji, San Diego, CA
- 2003 **Japanese Acupuncture, Kidney Disorders**, taught by Ikeda Sensei, Sacramento, CA
- 2003 **Daoist Medicine Study Group (two year bimonthly)**, taught by Jeff Nagel, San Diego, CA
- 2003 **Acupuncture Practice Management**, taught by Honora Lee Wolfe and Marilyn Allen, Los Angeles, CA
- 2003 **Acupuncture Practice Management**, taught by Linda Harvey-Carter, San Diego, CA
- 2002 **The Skills of Traditional Japanese Acupuncture and Moxibustion**, taught by Alan Jansson, San Diego, CA
- 2002 **Sotai Exercises and Seitai Shinpo Acupuncture**, Japanese Structural Realignment, taught by Sorimachi Daiichi and Peter Thompson, Boulder, CO

2002 Pacific Symposium, San Diego, CA
2002 Ling Shu Needle Techniques, American University of Complementary Medicine, taught by Jeffrey Yuen, Los Angeles, CA
2001 Pacific Symposium, San Diego, CA
2001 Orthopedic Acupuncture - Upper Body, taught by Matt Callison, San Diego, CA
2001 Orthopedic Acupuncture - Lower Limbs, taught by Matt Callison, San Diego, CA
2001 Orthopedic Acupuncture - Lower Back, taught by Matt Callison, San Diego, CA
2001 Huang Di Nei Jing, four month class, taught by Dr. Minh Fan, San Diego, CA
2000 The Nine Needles of Ling Shu, ch.1, American University of Complementary Medicine, taught by Jeffrey Yuen, Los Angeles, CA
2000 Shang Han Lun, six month class, taught by Dr. Minh Fan, San Diego, CA
2000 Pacific Symposium, San Diego, CA
1999 Pacific Symposium, San Diego, CA
1998 Pacific Symposium, San Diego, CA

Teaching Experience

English-as-a-Second-Language Instructor, Truman Community College, Chicago, IL.

- taught high beginning ESL course
August 2004 to May 2005

English-as-a-Second-Language Instructor, Albany Park Community Center, Chicago, IL.

- taught beginning Family Literacy course
October 2004 to May 2005

English-as-a-Second-Language Instructor, San Diego Community College District, San Diego, CA.

- taught beginning to advanced ESL and multilevel ESL
- taught beginning computer literacy to ESL students
- used content based and life skills curriculum
- determined learners' needs and assessed progress
September 1988 to July 2004

English-as-a-Foreign-Language Instructor, UCSD Extension, La Jolla, CA.

- taught academic writing
- taught Asian professionals conversational English
June 1997 to May 1998

English-as-a-Second-Language Instructor, Grossmont Community College, El Cajon, CA.

- taught an intermediate credit conversation and listening class
February 1997 to May 1998

English-as-a-Second-Language Resource Teacher, Grossmont Adult School, El Cajon, CA.

- revised course outlines for each level with collaboration from the San Diego Community College District according to the CA model standards
- created exit level tests for the three ESL beginning levels
- designed needs assessments for all levels

- mentored new instructors
- designed teaching methods booklet
- organized guest speaker visits for site
- chaired 1996 ESL accreditation report for the district
- designed computer literacy curriculum for ESL learning lab
- ordered for and inventoried ESL resource library

September 1989 to 1997

English-as-a-Foreign-Language Teacher, California Language School, Budapest, Hungary.

- taught general content and business content English courses

Summer of 1993

English-as-a-Second-Language Instructor, Grossmont Adult School, El Cajon, CA.

- taught multilevel beginning classes

September 1991-1992

English-as-a-Foreign-Language Teacher, EF Language College, San Diego, CA.

- taught intermediate English grammar course
- taught beginning general English course

February 1989 to May 1989

Administrative Experience

Program Supervisor, Grossmont Adult School, El Cajon, CA.

- supervised office and ESL/Citizenship/High School/GED Learning Lab classes
- structured office procedures and aide responsibilities
- interviewed individuals for teaching and aide positions
- prepared prospective teachers for observation and observed them giving demonstration lesson
- counseled students for high school diploma/GED program
- provided ESL, high school diploma and GED students registration requirements at local colleges
- evaluated high school transcripts for high school diploma program

September 1993 to January 1997

Amnesty Program Resource Teacher, Grossmont Adult School, El Cajon, CA.

- set up and closed attendance recording system for the Amnesty education program in the district
- compiled attendance data on Amnesty students
- completed quarterly INS attendance reports
- disseminated information on legalization forms and procedures to students and teachers, provided bilingual English-Spanish translations to student groups
- supervised student testing, provided bilingual English-Spanish supervision

September 1989 to May 1991

Publications

Communication in English and Teacher's Resource Book, Linmore Publishers, 1995. A thematically based intermediate ESL basic text in company's series of four texts, integrating macro language skills and using cooperative learning and the writing process. Text is the result of lessons from my classroom experience.

"Impressions on the Intercultural Aspects of an ESL Classroom", San Diego State University Grant Project, 1996. A reflection on the process of intercultural communication and interaction which takes place on a regular basis in my ESL classroom throughout the semester.

Curriculum Development Materials

ESL Computer Literacy Materials. Designed computer literacy material for advanced ESL students. Materials include background material on Macintosh computers and their operation. Word processing tasks are arranged in a step by step process. Ordered supplemental software to reinforce keyboarding and word processing skills. *Fall 1996.*

ESL Department Accreditation Report. Chaired department committee. Coordinated teacher survey and feedback. Wrote up the ESL department's accreditation report for the Grossmont Adult School. Revised to match other departments' reports. *Spring 1996.*

ESL Needs Assessments. Designed needs assessment instruments for all levels of ESL in the Grossmont Adult School. Activities related to determining needs and learning styles included. Intended for instructors to facilitate syllabus creation in each classroom. Material used as part of district's teaching philosophy on competency based instruction. *Fall 1995.*

ESL Course of Study Outlines. A collaborative effort between the San Diego Community College District and the Grossmont Adult School to revise ESL curriculum according to the California Model Standards. Reviewed the intermediate low, intermediate high and advanced low outlines. Determined with another resource teacher a workable grammatical sequence of study. Followed up with teacher surveys in the Grossmont Adult School for usefulness, clarity and completeness of entire document. Revised according to suggestions. Outlines are used by all district ESL teachers. *Spring 1994.*

ESL Institute's Cooperative Learning - Second Video in Series. Was videotaped using cooperative learning in my classroom. Focused on whole classroom and team activities. Commented in the video on various aspects of the interaction during the taping. Video series is currently used to train teachers throughout California. *Spring 1992.*

The Writing Process. A San Diego Community College District manual for all levels of ESL. Wrote grant proposal with a colleague. Presented material in district workshop. Material is presently district philosophy on teaching. *Spring 1991.*

ESL Reference Book. Designed ESL methodology manual for the Grossmont Adult School. Manual used for newly hired teacher introducing course guidelines and various teaching methodologies. *Fall 1990. Revised spring 1996.*

Applying Cooperative Learning to Your Classroom. Wrote grant proposal with a colleague from the San Diego Community College District to design a manual for implementing cooperative learning in ESL classes. *Spring 1990*. Material presented at two conferences. *Fall 1990* and *spring 1990*.

California IRCA/SLIAG Teacher Training Teleconference Series. Was videotaped using interactive activities in my ESL beginning low class. Participated on a panel discussion in a broadcast to other state and out of state adult schools. Discussed effective teaching techniques and competency identification at the beginning level. *Fall 1989*.

Conference Volunteer Work

Donations Committee Chair - 1994 state CATESOL conference in San Diego.

Exhibitors Committee Chair - 1992 San Diego regional CATESOL conference in San Diego.

Exhibitors Committee Chair - 1991 San Diego regional CATESOL conference in San Diego.

Conference Presentations

1996 Regional CATESOL

San Diego, CA - presentation of cooperative learning techniques with focus on talkative and reticent students

1996 TESOL

Chicago, IL - presentation of textbook, *Communication in English*, within the basic text series

1995 Regional CATESOL

San Diego, CA - presentation of textbook, *Communication in English*, demonstrating and explaining concepts behind sections

1995 TESOL/CATESOL

Long Beach, CA - presentation of textbook, *Communication in English*, focusing on cooperative activities

1994 State CATESOL

San Diego, CA - initial presentation of textbook, *Communication in English*. Feedback from audience sought.

1993 Los Angeles Regional CATESOL

Los Angeles, CA - presentation of cooperative learning techniques, primarily jigsaw activities

1992 State CATESOL

Santa Clara, CA - team presentation of cooperative learning techniques focusing on the underlying philosophy

1992 Regional CATESOL

El Cajon, CA - presentation of cooperative learning techniques using classroom and team building activities

1991 San Diego Community College District workshop

group presentation of the writing process at various levels of adult ESL

1991 Regional CATESOL

San Diego, CA - presentation of ESL pre-writing activities

1990 Regional CATESOL

San Diego, CA - team presentation of cooperative learning techniques introducing basic concepts

1990 CCAE Conference

El Cajon, CA - team presentation of cooperative learning techniques giving general framework

Cross-Cultural Experience

EFL Instructor, Budapest, Hungary, summer 1993.

Study Abroad Program, Aix-en-Provence, France; attended college courses on language, history, literature and culture during the first year; attended college courses on economic theory and application during the second year, (1984-1986).

AFS Exchange Student to Belgium, attended high school classes in French and German, (1979-1980).

Languages

French (excellent), Spanish (excellent), German (fair)