

Master of Science in Nutrition

- Gain hands-on experience in cooking, recipe development, meal planning, and analyzing nutrient content of diets
- Learn the art of health coaching in nutrition counseling and implementing lifestyle behavior change
- Explore the importance and complexity of local and global food systems



The Master of Science in Nutrition (MScN) degree program focuses on whole, unprocessed foods and traditional diets. Our philosophy that *Food is Medicine* is represented in every course.

Why NUNM?

- State-of-the-art teaching kitchen for developing culinary skills
- Our MScN program integrates nutritional biochemistry and advanced clinical nutrition
- Field experience opportunities in clinical and community settings
- Wide range of career options
- Portland, Oregon—the home of natural medicine

Coursework includes:

- Farm to Table
- Healing Foods
- Food Policy
- Health Coaching
- Nutritional Biochemistry
- Psychology of Eating
- Medical Nutrition Therapy
- Lifecycle Nutrition

Contact Admissions to learn more:

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