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# NUNM OFF-SITE RESIDENCY JOB DESCRIPTIONS

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Residency Cycle 2018-2019



NOVEMBER 16, 2017  
NATIONAL UNIVERSITY OF NATURAL MEDICINE

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## A WOMAN'S TIME INTEGRATIVE RESIDENCY PROGRAM

### **Clinic Description and History**

A WOMAN'S TIME was established in 1995 and has promoted and been providing integrated medicine, especially in the area of women's health to the greater Portland, Oregon area. Dr. Hudson initiated the first integrative medicine residency program in 1998 along with an eager recent NCNM graduate looking for a residency opportunity. Dr. Hudson herself was a first year resident in 1984-85, chief resident in 1985-86, and subsequently an UNM clinical and academic faculty member, administrator, and a practicing N.D. for 33 years. These experiences have been fundamental in her recognition of the importance of residencies and her commitment to expanded residencies for her younger colleagues.

A Woman's Time is an integrative clinic offering primary care to women and specializing in women's health issues of all ages. The clinic is currently home to 6 N.D.s, including 2 N.D./L.Ac., a counselor and a dietician.

Dr. Hudson's relationship with the conventional medical community, leadership and expertise in women's health, research, teaching, public speaking and writings, create an ideal setting for a new graduate to develop and hone their skills in working with women, while also creating a diverse professional life.

### **CNME Approved Remote Residency Site**

A Woman's Time is a charter residency clinic for the Naturopathic Education and Research Consortium (NERC), and accepted as an official, accredited residency site affiliated with both National College of Natural Medicine and Bastyr University. A Woman's Time has 1-2 residents per year with a combination of 1<sup>st</sup> and 2<sup>nd</sup> year residents, and occasionally a 3<sup>rd</sup> year resident.

We have a very busy clinic in adolescent and women's internal medicine and gynecology. This setting is ideal for graduating physicians to have the opportunity to work with a variety of patients, in a supervised capacity. Residents will have a schedule that includes private patients, clinical rotations, research, public speaking and writing. Residents will be encouraged and supported in the development of their own areas of interest and evolution of expertise.

### **Local Community Sites for Resident Observation and Practice**

Over these 22 years of our residency program, we have developed a wealth of clinical rotations with specialty physicians in the areas of gynecology, surgery, oncology, cardiology, gastroenterology, dermatology, internal medicine, rheumatology, gynecological oncology, endocrinology, ophthalmology, ENT, family practice, neurology and pediatrics. Clinical rotations are also conducted with N.D.s. and especially those with expertise in selected clinical areas.

### **Opportunities for Residents to Develop Writing, Speaking and Marketing Skills**

All practitioners, including residents take part in public lectures on an intermittent basis. Residents may have the opportunity to place articles in Townsend Letter for Doctors, Taste for Life, the clinic website and online newsletters. Residents also participate in numerous health

fairs and health events at our clinic booth, including Race for the Cure, Portland State University, Portland Community College and others.

### **Service to Underserved Communities**

Our residents are working different low income clinics and satellite clinics through NCNM's community clinics program.

### **Program Structure**

The residency program is structured as follows:

- Direct patient care in a primary care practice for women
- Weekly conferencing and mentoring with Dr. Tori Hudson
- Clinical grand rounds
- Clinical rotations with selected specialty practitioners
- Public lectures, health publications, clinic and pharmacy newsletters
- Clinical research, library research and special projects
- Continuing medical education- minimum four seminars per year at the Institute of Women's Health and Integrative Medicine.
- The residency position may be A Woman's Time only, or a position that is a shared residency with NUNM; with the latter, 10 hours/week are with NUNM, typically as a junior doctor on two different teaching clinic shifts.

### **Program Goals and Development**

In conjunction with NCNM and Bastyr's supervision and tutelage, we will continue to evaluate and refine our residency program. Our goal is to continue to provide the highest quality care to our patients and excellent postgraduate training for naturopathic graduates. We also seek to further expand into greater integration in the larger medical community and expose the residents to the benefits of this to our patients.

### **Financial Support**

Currently the A Woman's Time residency program is a member of the Naturopathic Education and Research Consortium (NERC), and receives funding support from NERC and its corporate sponsors. The shared NUNM position, receives one quarter funding from the college.

For a complete listing of NERC vendor supporters, other NERC residencies and clinics and more about NERC, please visit the NERC website, [www.naturopathicresidency.org](http://www.naturopathicresidency.org)

*For more information on A Woman's Time, visit our website at [www.awomanstime.com](http://www.awomanstime.com)*

## Amenda Clinic

We are a *holistic mental health clinic* in Portland, Oregon, that brings cutting-edge research and modalities to whole-person mental-emotional health.

We offer hope where other therapies have failed. We guide and nurture patients through the process of change and transformation, formulate comprehensive treatment plans, help people achieve their mental health goals, and assist them in restoring balance and mental harmony.

We work with a variety of conditions including depression, anxiety, bipolar disorder, ADHD, psychosis, schizophrenia, OCD, eating disorders, and addictions of all kinds. We are diagnosis-neutral, meaning we do not require endorsement, or deny, psychiatric diagnosis. Our goal is to meet people where they are at.

Residents can expect to have a balanced work load that includes preceptoring, office administrative work, and direct patient care. The hours of administration and preceptoring start higher and reduce to lower as the resident grows their practice. They will learn specialized skill sin working with integrative mental health and behavioral care.

Tools Dr. Mendenhall uses include: orthomolecular medicine, amino acid therapy, heart-rate variability biofeedback, flower essence therapy, advanced functional medicine techniques, Dialoguing with Voices, Health at Every Size (HAES), herbal medicine, the Walsh protocol (aka orthomolecular psychiatry), targeted nutritional therapy, and medication reduction, elimination, and management. We are influenced by programs like Open Dialog and communities like the Icarus Project and the Hearing Voices network.

**Cameron Wellness Center, Director Todd Cameron, BSN, NMD, Salt Lake City, Utah**

The Residency focus will include, but not limited to the following: general Naturopathic family practice, endocrine health, IV therapy, injection therapies, weight loss, Bio-Impedance analysis, detoxification protocols, Skenar technology, Doppler technology, and simple wound repair and neural therapy. There will also be the opportunity to expand knowledge in women's health, esthetic medicine with an APRN, pharmacy and hormone replacement with an RPh and structural/functional medicine with an LMT/CST trained in cranial orthopedics.

The resident will work approximately of 40 hours per week which includes continuing education, external rotations, and community outreach in addition to clinical hours. They must be flexible, easy to work with, caring, motivated and understand the importance of putting the patient first. At the beginning of residency it is expected that more time will be spent observing versus seeing patients. As patient flow increases, a minimum of 20 hours and a maximum of 32 hours will be spent in new and return patient contact independently per week.

- General family practice with an emphasis on endocrine health, IV therapy, weight loss, detoxification, minor surgery.
- 20-32 hours spent in new and return patient contact independently per week.
- Opportunity to expand knowledge in women's health, esthetic medicine with an APRN, pharmacy and hormone replacement with an RPh and structural/functional medicine with an LMT/CST trained in cranial orthopedics.
- Only applicants with desired to remain in Utah following residency encouraged to apply.

## Canby Clinic Residency Position

Canby Clinic is a primary care, naturopathic clinic located in Canby, Oregon. Canby Clinic is a membership based practice. The clinic serves people of all ages, with a wide variety of conditions. As a primary care clinic, the physicians often do well exams, IV therapy, minor surgery, counseling, and physical medicine all in one day. The clinic is fast paced, with physicians seeing between 8-15 patients daily. There are 4 senior physicians on staff and the clinic is seeking a resident physician.

Canby Clinic residency program is ideal for a candidate who enjoys administering IV nutrient therapies. At times, the resident will be in charge of IV bag mixing, and administering of the nutrients, overseeing the IV lounge, and documentation of the IV treatments. The resident will also be shadowing the senior physicians and, pending training and aptitude, seeing acute patients.

The residency position is a 1 year position. Pay is comparable to NUNM, with MP insurance coverage, and other employee benefits.

Qualities the clinic is seeking:

- Good critical thinking skills
- Friendly and professional
- Team Player
- Aptitude towards IV nutrient therapy/injection therapies
- Timely
- Excellent communication skills
- Excellent documentation skills
- Trainable to primary care

## CASCADE INTEGRATIVE MEDICINE

**Site:** Cascade Integrative Wellness

**Location:** Issaquah, WA

**Residency and Medical Director:** Rian Shah, ND

**Website:** <https://cascadeintegrativemedicine.com>

**Position:** First year residency

**Type of Residency:** Naturopathic Integrative Residency

**Description:**

This is a CNME-approved, one-year NCNM-affiliated full-time residency. The anticipated start date is October 1, 2016.

Cascade Integrative Medicine bridges the gap between conventional and complementary medicine to provide patients, first and foremost, with the best treatments possible. All therapeutic options, both conventional and complementary, are considered when the treatment strategy is devised. Cascade Integrative Medicine is committed to providing excellent residency training in the area of integrative medicine. The medical staff, comprised of naturopathic doctors medical doctors are dedicated professionals, committed to teaching new naturopathic doctors how to provide integrative medical care using all therapeutic modalities, ranging from nutrition and lifestyle to medication and surgical interventions. Because the doctors at Cascade Integrative Health represent a range of medical backgrounds and medical philosophies, residents have a unique opportunity to learn how complementary and conventional medicine are merged to provide the best treatments possible to patients.



## **Clover Clinic**

### **Naturopathic Doctor wanted!**

The ideal practitioner should be someone who appreciates the needs of the clinic and its patients, and who is excited about the practice and the community we live in. Though an openness to focus in pediatrics and hormone management is preferred, it is not mandatory and as a busy small town primary care practice, the resident will see it all. Skills such as phlebotomy and IV therapy would also be helpful additions to the practice and can be further fostered. The successful candidate will be motivated to care for patients, be detail oriented, and willing to do the research necessary for each patient's treatment plan. This individual should have a likable personality and feel comfortable and confident enough to voice their opinions and offer advice while at the same time recognizing the potential to learn from others. Newberg is a conservative, rural community and the resident should be able to fit into that environment, meet patients where they are at and work with both conventional and naturopathic tools. They should also acknowledge the value of office staff as well as those in their care to work as a team at all levels. They also should have a good sense of work ethic and responsibility, feeling uncomfortable leaving things undone. Resident must be professional, but also have a good sense of humor.

TCC offers the resident flexibility, outside rotations with specialists, modalities that range from herbalism to neurofeedback and a fast paced environment filled with laughter and health treating fertility and pregnancy to geriatric populations.

The successful candidate will have hobbies and interests outside of work, making them a well-rounded individual with a variety of experiences. Their love for not only medicine, but the patients themselves, should be evident. They should also possess an appreciation for the Newberg community, and a willingness to participate in some community-focused events.

Our new ND should expect a positive environment at The Clover Clinic, as well as positive, efficient support staff. We work together to thrive as a team and as individuals. We emphasize personal growth and welcome ideas for the clinic, so the resident will be able to observe and participate in these team meetings. Ideally, we will find our perfect candidate and, with growth and success well rewarded, this candidate will stay within the clinic for another year of residency or as an associate long term. Overall, the work environment is that of a well-oiled machine sprinkled with a bit of fun at lunch and as the day draws to a close. "

## Envita Medical Centers

For over the last 16 years, Envita Medical Center has dedicated our work to providing our patients the [absolute best treatment modalities](#) and latest technology from around the world. Envita is considered one of the top integrative medical centers in the country and is also a Unipathic Medicine accredited facility. On average, 90% of Envita's patients travel from out of state and 20% from out of the country, all to receive Envita's specialized approach to care. With innovative treatments and using the latest in advanced and research-based alternative medicine from around the world, Envita Medical Center has been radically improving lives.

Envita's powerful and targeted treatment solutions are made possible by bridging the best in advanced, natural based therapies and state-of-the-art conventional medicine. By taking this approach to medicine, and being on the true cutting edge of technology, many patients that did not find success or hope elsewhere can finally have a true 2nd opinion and possibly a new opportunity at life. The key is personalization. Envita has developed many proprietary therapies and delivery methods throughout the years that were derived from the needs of specialized testing. We found that the way to better care begins with proper planning, testing and treatment options that are integrated and designed just for the patient's individual expression of cancer or disease. Envita calls this, "the medical blueprint." With this "medical blueprint," patients get a much deeper diagnosis that truly drives better treatment.

Envita's doctors and pharmacists have over 50 years of combined integrative and clinical medical experience working with the most complicated cases of cancer and chronic diseases. As a result, Envita Medical Center is leading the way by helping patients and doctors forge a path toward the future of medicine. Please visit us to learn more at [envita.com](http://envita.com).

## **Grain Integrative Health**

### **Primary Care Physician (Resident Level) Job Description**

**SUMMARY:** Provide the full scope of primary care services which fall under her field of training, including, but not limited to diagnosis, treatment, coordination of care, preventive care and health maintenance to all patients sixteen. Resident Physician is expected to be familiar with the philosophy, goals and objectives of GIH and work collaboratively to achieve them. Resident Physician must be cognizant of, and comply with, all GIH policies and procedures, as well as pertinent state and federal regulations. Newly hired staff will undergo an extensive training period which includes didactic presentations, case discussions, observation, and mentorship.

**ESSENTIAL DUTIES AND RESPONSIBILITIES** include the following. Other assignments, projects, and duties may be required:

1. Obtain health history and perform physical examinations.
2. Perform mobilizations and high-velocity adjustments to joints or soft tissues, using principles of massage, stretching, or resistance.
3. Maintain professional development through activities such as post-graduate education, continuing education, preceptorship, and residency programs.
4. Order diagnostic imaging procedures such as radiographs (x-rays), ultrasounds, mammograms, and bone densitometry tests, or refer patients to other health professionals for these procedures.
5. Administer treatments or therapies, such as homeopathy, hydrotherapy, Oriental or Ayurvedic medicine, electrotherapy and diathermy, using physical agents including air, heat, cold, water, sound, or ultraviolet light to catalyze the body to heal itself.
6. Administer, dispense, or prescribe natural medicines such as food or botanical extracts, herbs, dietary supplements, vitamins, nutraceuticals, and amino acids.
7. Conduct physical examinations and physiological function tests for diagnostic purposes. Diagnose and direct counseling for each patient on a plan for treatment. Treatment plan must be written and printed for every patient before the end of their visit and physically provided by Resident Physician to patient before the patient leaves the clinic.
8. Prescribe medication in accordance with Oregon statute and professional practice guidelines.
9. Perform minor surgical procedures.
10. Arrange referral for patients requiring services not offered at GIH. All referrals must go through GIH's Practice Fusion account so that they are correctly saved into the patient's medical record.
11. Review incoming reports (e.g. lab, x-ray, EKG) sign, date and follow-up in a timely manner. Review GIH's Lab Consent Form to become familiar with our promise to patients of GIH in regards to the review of medical labs and results.
12. Participate in staff outreach and off-site health care programs in the GIH service area as assigned by the Medical Director(s).
13. Comply with the GIH Infection Control plan which includes personally utilizing universal precautions. Ensure compliance by support staff.

14. Participate in peer review, quality assurance, provider meetings, and other clinical meetings.
15. Assist in updating protocols and principles of practice as requested.
16. Assist in outside medical public relations functions.
17. Understand UDS productivity standards. You will be required to attend meetings to review CPT coding and optimization of use of clinical time.
18. Resident will demonstrate professional dress, to include closed-toe shoes, use of a white medical coat as directed by Supervisors and will refrain from using essential oils on said person or within the clinic. Resident will not wear denim jeans, will maintain standard hygiene and professional appearances.
19. Resident will record and maintain appropriate medical records using Practice Fusion EHR for all Services rendered in connection with this Agreement. Charts must be signed within the requisite 7 day period from time of patient visit. Resident agrees to check for new lab results within Practice Fusion daily. Resident agrees to chart all email and phone correspondence within the same 24 hour time period.
20. Resident will assist staff in photocopying and paper management of record requests for their patients.
21. Resident will prepare and deliver in a timely manner all reports, logs, charts, claims, residency evaluations and correspondence necessary or appropriate in the circumstances.
22. Site Supervisor and/or Contributing Faculty will supervise and evaluate Resident and submit timely evaluations, documents and reports as are reasonably required by NCNM.
23. Site Supervisors and/or Contributing Faculty will assist NCNM and Resident by identifying and securing appropriate clinical rotations in other practice settings and other clinical education experiences for the benefit of Resident and will release Resident from Clinic responsibilities in order to engage in approved clinical rotations and other educational activities. Resident will devote best efforts, time and attention to the Clinic's healthcare activities, business management, and marketing activities on behalf of Grain Integrative Health.
24. Site Supervisors and/or Contributing Faculty shall direct, control and supervise the duties and work of Resident, including the scope of Resident's practice at the Clinic, provided, however, that Site Supervisors or Contributing Faculty shall not impose employment duties or constraints, which would require Resident to infringe the ethics of Resident's medical profession or violate any ordinance or law.



Vermont is certainly a magic place from its natural beauty and also from the natural lifestyle that inhabitants seem to enjoy. The quality of life is superior for those who enjoy unprocessed and uncomplicated things such as good food, clean environment and a European/Canadian attitude when it comes to lifestyle.

Like any other smaller states Vermont can experience a bit of shortage of medical care delivery although it is always to reach a physician or a midwife. Local politics have tried to keep a lower cost to medicine overall while the main institutions (University of Vermont Medical Center or Northwestern Medical Center) provide most of the medico-surgical and psychiatric health care. The population of Vermont originally has very tight ties with Quebec since many French Canadians moved to Vermont some time ago for work reasons, mainly in the farming industry. Families have prospered and are very settled in the Green State.

Another particularity of the wonderful people of Vermont is their interest and passion for natural life which includes food, environment and medicine. This has given naturopathic medicine a good place to be and evolve. The professional association and the patients at one point managed to push forward and bring naturopathy to its highest standards. Naturopathic practitioners are able to enjoy a large freedom of action leading them to apply the natural principles of health care in general and primary care in particular.

Health Integrative is a brand new clinic settled for 2 years and has reached full deployment in a very short time offering two clinics, one in St Albans and one in South Burlington. In both premises primary care, physical medicine and injections are offered; in the South Burlington location HBOT (hyperbaric chamber) is available to patients as well as IV nutritional and therapeutic infusions. We also offer nutrition consults, health coaching and massage therapy onsite. More precisely Health Integrative offers the following:

- Primary Care: most general practice consults except OBGYN (although GYN infections are treated, contraception is offered); newborn care is not provided at this time but infants are being treated; it is essential to be proficient in primary care and expect to refer patients to specialists, radiology and hospital departments. Prescription drugs are part of the integrative services so one is expected to master family medicine pharmacology.
- Physical medicine: very strong and unique, providing British osteopathic services and injections as part of holistic physical medicine; this also includes neural therapy and some mesotherapy.
- Naturopathic medicine: essential services for the local population which includes herbal medicine, nutrition, the use of hot/cold therapy, the basic principles of natural medicine applied to general practice and OBGYN
- HBOT: used for many patients with cancer or/and chronic illnesses
- IV therapy: used in every day medicine which patients really appreciate.

The ideal candidate will be interested in delivering excellence in learning and practicing medicine treating everyone with uppermost respect and with the highest standards of courtesy and understanding. Health Integrative PLC has reached very high grounds based on the quality of care mixing general practice and physical medicine, natural therapies and other allied alternatives that contribute to overall family care. Candidates also must show an interest in developing the OBGYN

and newborn services at both clinics providing exceptional handling of basic procedures (PAPs, examination, GC, etc.) and examination and care of the newborn.

The practice of naturopathic and integrative medicine requires reading, studying and exchanging information with the program director; it is residency after all! Full assistance in the academic and practical work is provided. The resident is expected to meet with the program director once weekly and be quizzed on material relevant to the practice of medicine; Health Integrative intends to provide superior training and teaching.

Dr Michel Moreau, originally from France, trained as an osteopath in England and after practicing and teaching in Europe and in Canada returned to school to obtain in Medical Doctorate; after residency in family medicine he graduated from UBCNM with a Naturopathic Doctorate. His wife, Ann, is the soul of Health Integrative as she carries the administration of both places while leading a career in international logistics also.

We look forward to answering your questions should you find an interest in applying for residency.

In health,

Dr Michel Moreau and Ms Ann Moreau  
Health Integrative PLC

[www.healthintegrativemedicine.com](http://www.healthintegrativemedicine.com)

## ***Heart Spring Health***

This job description is considered to be a classification and recruiting tool, and is not intended to limit the assignment of work

*Job Title: Resident*

*Job Description: This is a two-year resident, available for first or second year residents to apply for.*

*Job Purpose: To work as an employee for Dr.Serron Wilke assisting in clinical and administrative responsibilities. Providing quality service to patients*

### **EXPERIENCE AND KNOWLEDGE**

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- Experience in customer service desirable.
- Graduation from an approved Naturopathic Medical School.
- Dually licensed as a Naturopathic Physician and Acupuncturist

### **SKILLS/ ABILITIES**

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- Strong listening, oral and written communications skills.
- Initiative and Self Reliance: make decisions on a timely basis and take necessary actions without direction from others.
- Goal oriented: highly motivated and resourceful to achieve results.
- Ability to learn and apply medical and administrative knowledge to professionally service, and assist in satisfying the patient.
- Problem solving ability: apply and balance conceptual and analytical thinking by breaking down complex problems, evaluating alternative sources of action and their likely outcomes, and selecting the best alternative.
- Ability to pay close attention to detail and accuracy.
- Ability to create and maintain business relationships with patients, vendors, colleagues.
- Proven track record of trustworthiness, dependability and ethical behavior.
- Ability to organize and act on several activities concurrently.

### **DUTIES AND RESPONSIBILITIES**

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- Provide quality service to patient and the public;
  - a. Reliable: Able to perform the promised service dependably and accurately.
  - b. Responsive: Willing to help patients and provide prompt service.
  - c. Assurance: Employees' knowledge, courtesy, and ability to inspire trust and confidence.
  - d. Empathy: Caring, courteous, individualized attention given to patients and the public.
  - e. Tangibles; Appearance of physical facilities, equipment, personnel and written materials meets office standards.
  - f. Boundaries: Able to maintain policies, while at the same time being flexible where flexibility is appropriate.
- Set up systems and instructions for your Job title
- Assist with record keeping.

- As directed by Dr Wilkie, respond to patient email and phone inquiries.
- Contact patients and remind patients of routine checkups, labs, and appointments.
- Clean and set-up exam rooms prior to and following each appointment.
- Laundry associated with business.
- Greet patients, ascertain chief complaint, perform vitals and other related patient centered tasks.
- Manage the acquiring of patient related Rx's as ordered or authorized by Dr. Wilkie
- Check patients out and assist Office Manager as needed.
- Fill out and appropriately file paperwork relating to but not limited to labs, release of records and other patient/visit related paperwork.
- As directed by Dr. Wilkie modify handouts and articles for patient education.
- Inventory and maintain all medical supplies, in house testing, etc.
- Perform Blood draws, injections, hydrotherapy treatments as directed.
- Visit prep: chart set up, prep all treatment and visit supplies (injections, PAP, etc), billing info recorded, gather all activity since last visit (emails, phone consults, faxes, path reports, lab work etc), BTG's, etc
- Send professional referrals and schedule all referrals to the doctor from another doctor.
- Gather and review instructions of all supplements, remedies, testing kits and lab paperwork, handouts recommended on treatment plan.
- Enter all supplements into treatment plan
- Perform other related duties as assigned by the doctor.



**Human Nature Natural Health** is an award-winning Naturopathic Medical Clinic dedicated to the comprehensive care of the unique individual, with a specialty focus on naturopathic oncology.

Our approach to oncology patients focuses around the concept of *Integrative Oncology Support*, encompassing a thorough analysis of diagnostic and intake materials, a discussion of relevant medical literature related to evidence-based risk-benefit assessments, and the creation of an individualized plan incorporating therapeutic diet, research based anti-cancer and supportive nutrients, and treatments such intravenous vitamin C and hyperbaric oxygen.

Our clinic is also a general medicine facility where we use old-time naturopathic principles to treat root causes of everything from digestive dysfunction, Lyme disease, diabetes, thyroid dysfunction, to elder care, and pediatrics. Our goal as a residency site is to train the resident in our methods of diagnostics and assessment to become a successful and confident practitioner in both the oncology and general practice domains.



Integrative Naturopathic Medical Centre (Integrative) is located in the heart of Vancouver, British Columbia. We offer holistic health services that integrate traditional and conventional medicines, treating the root of chronic illness and disease.

Integrative is proud to support naturopathic education and professional excellence. The founders all come from a multidisciplinary background with years of experience and success behind their Integrative approach to patient care. In order to share this approach, Integrative decided in 2012 to partner with the National University of Natural Medicine (NUNM) in affiliation with the Council on Naturopathic Medical Education (CNME) to host the first certified residency program in BC.

This residency program is part of Integrative's commitment to fostering Naturopathic Medicine and giving back to a profession that has taught us so much over the decades. It is our intention with the Residency program to expose our Residents to all the facets of our clinic and all its practitioners. Residents at Integrative can expect a full work schedule that is comprised of many facets.

The 40-60 hour work week is dependent on the needs of the clinic and includes but is not limited to:

- Up to 15 hours of preceptoring with the founding partners, associate doctors, and external likeminded professionals
- 10-20 hours working in the lab as our technician with patients as well as some administration (researching, writing, and implementing new lab protocols)
- 5-10 hours of project time that may include developing new clinic treatments and protocols, blog writing, social media support, and working with the general manager to learn the business side of being part of an integrative practice
- Upon successful completion of the probationary period (90 days) the Resident leads our Integrative Community Assistance Program (ICAP) treating low income patients that do not have access to naturopathic care: <https://integrative.ca/programs/integrative-community-assistance-program/>
- Upon successful completion of the probationary period (90 days) the Resident initiates private practice. Starting at one half day/week the Resident has an opportunity to build a practice up to one and a half days per week by the last quarter of the residency term.

Integrative offers a competitive salary inclusive of extended medical benefits, a health continuing education budget, and a portion of the billings from their private practice.

730-1285 West Broadway Vancouver, BC V6H 3X8 [integrative.ca](https://integrative.ca)

# Kwan Yin Healing Arts Center - Dual Degree Residencies

## **Drs. Stefani and Whitney Hayes—1 position available**

This residency offers an incredibly unique opportunity for dual licensed graduates (ND and LAc). Not only does it provide an opportunity to integrate both Naturopathic and Chinese perspectives in a busy integrative practice, but it also allows for mentorship in both gastrointestinal disorders and fertility. The residency supervisors are Drs. Stefani and Whitney Hayes, who are experts in fertility/women's health and SIBO/naturopathic gastroenterology, respectively. They have thriving practices in beautiful NW Portland, at Kwan Yin Healing Arts Center - a vibrant integrative clinic of 30+ alternative practitioners. They are deeply committed to assisting new providers in developing the numerous skill sets needed to have flourishing independent careers: to combine the skills of both degrees in a clinical setting, receive extensive extra training through mentorship and externships in chosen areas of interest, as well as gain experience in billing insurance and marketing of a practice.

The three requirements for this residency are:

1. Be licensed in Oregon by the start of residency as a dual licensed provider (ND and LAc)
2. Pay for and complete the The Arvigo Techniques of Maya Abdominal Therapy training, both Self Care and Professional Care training courses, before the start of the residency.
3. A willingness to be on a call schedule for intrauterine insemination (IUI) is also required.

It is preferred that a candidate has completed additional coursework in advanced gastroenterology and fertility, but this is not required. Ideally, the candidate should enjoy doing bodywork, as Maya Abdominal Therapy is a large part of the residency.

The resident will work approximately 45 hours per week. 25-30 of these hours will be spent seeing patients, both independently and observing Drs. Hayes. Approximately 10 hours will be devoted to paperwork and clinical management, as well as completing external rotations with MDs or NDs in Portland. The possibility of staying for a 2<sup>nd</sup> year residency is highly encouraged.

The ideal candidate for this residency is outgoing, kind, flexible, and willing to learn.

## **Dr. Gurevich—1 position available**

This residency will merge Naturopathic and Chinese perspectives to properly diagnose and treat in a general medicine practice, with additional focus in gastrointestinal disorders, IBS and IBD. There will be opportunities for external rotations with Medical Doctors, Naturopathic Doctors and Acupuncturists, as well as attending NUNM's weekly Grand Rounds and Residency Education.

The resident will work approximately 45 hours per week. 25-30 of these hours will be spent seeing patients, both independently and observing Dr. Ilana Gurevich. Approximately 10 hours will be devoted to paperwork and clinical management as well as studying, preceptoring, and continuing education. This residency is only open to dual degree providers. **The goal of this residency is to conclude a 2 year residency.**

**Lake Oswego Health Center** offers comprehensive healthcare with a focus on regenerative medicine. Our services include:

- LAc, Chiropractic, 3 NDs
- General family care
- Hormone replacement
- Thorough GI evaluation and testing
- IV therapy including chelation
- Ozone and PRP therapy
- Skin and joint rejuvenation

We believe in supporting our local community and belong to the local chamber, AANP as well as OANP members.

Dr. Bridghid McMonagle started private practice in 2006 in Lake Oswego and moved in 2013 for more space. Lake Oswego Health Center is a thriving clinic that currently has a 1<sup>st</sup> year accredited resident. One of our goals is to help ND's thrive in business and learn how to create a successful clinic.

Please see our website for more information: [www.lakeoswegohealth.com](http://www.lakeoswegohealth.com)



### **Live Well Clinic Residency Description**

Live Well Clinic is the premier naturopathic and functional medicine facility in the Coachella Valley. Since its opening in 2008, Live Well Clinic has been an integrative health hub including a multitude of disciplines. In addition to our two NDs, we offer acupuncture, massage, counseling, reiki, yoga, and meditation. The Coachella Valley, and our close proximity to San Diego, Los Angeles, Big Bear, Joshua Tree National Park, and the Coachella Music Festivals, offers a unique opportunity to work with a wide range of patients of all ages and backgrounds.

A resident at Live Well Clinic can look forward to honing a wide range of primary care responsibilities while being exposed to the business aspects of running a clinic as well. Clinical training will consist of general primary care medicine, family medicine from birth to end of life, GI issues, regenerative injection therapy (prolotherapy, PRP, prolozone), BHRT, oncology, rheumatology, infectious pathologies, and cardio-metabolic issues. IV therapy and injection therapy are a strong suit at Live Well Clinic. Our resident can look forward to furthering their training in these two modalities.

For the initial three to six months the resident will shadow our two NDs with some time allotted for patient consultations with the goal of moving towards less shadowing and more independent management of patients in the subsequent months. Through this program, the resident will learn how to be a successful physician in a safe and supportive environment.

Our ideal candidate is a confident and competent professional who is teachable and interested in learning new techniques while applying the skills and modalities they have already been exposed to. Connecting with the community is paramount so we seek someone who is motivated to grow our profession through community outreach and education. We encourage our resident(s) to ultimately teach other NDs in the future with the skills they have acquired through their schooling and this residency and beyond.

In Health,  
Sonja N. Fung, ND and Brian J. Myers, ND

## Lokahi Health Center

Michael Traub, ND, DHANP, FABNO completed a two-year residency program following graduation from NCNM in 1981, including serving as Chief Resident and a brief stint as Acting Clinic Director of the Portland Naturopathic Clinic. He moved to Hawaii in 1985 and established Lokahi Health Center, an integrative healthcare practice that he has directed for the past 32 years now.

Dr. Traub has hosted a total of 12 residents, some of them who have completed a two-year program. For the past 8 years, I have offered a two-year naturopathic oncology focused residency. Upon completion of this program, my residents are eligible to apply for board certification with the American Board of Naturopathic Oncology. My residency program has been supported by the Naturopathic Education and Research Consortium, Integrative Therapeutics Inc., Biotics Research Inc., Vital Nutrients, Gaia Herbs, Europharma, and Nutritional Fundamentals for Health.

One of the features that makes this residency unique is the inclusion of clinical research projects.

Residents have helped coordinate and publish clinical trials including the following: Impact of Vitamin D3 Dietary Supplement Matrix on Clinical Response, J Clin Endocrinol Metab, August 2014, 99(8):2720–2728; “Does Elderberry Extract Decrease incidence of Influenza-like Illness?” 2014 unpublished; “Treatment of Sleep Maintenance Insomnia with Phytotherapy and Cortisol Management” 2014 unpublished; “[Hemp hydrolysate for hypertension case study series](#)” unpublished 2015; “Efficacy of Topic Medis Body Cream Forte Treatment in Children and Adults with Atopic Dermatitis” in process. Residents have also co-authored with Dr. Traub a number of review articles that have been published in Natural Medicine Journal.

Residents are able to participate in a number of rotations including medical oncology, radiation oncology, surgical oncology, radiology, dermatology, cardiology, gynecology, internal medicine, and pediatrics.

In addition to a practice focused on oncology, the residency also provides the opportunity to learn from my over 36 years of experience, with subspecialties in dermatology and regenerative medicine (platelet-rich plasma injections).

The staff of Lokahi Health Center includes 4 naturopathic physicians, an MD board-certified in internal medicine, an acupuncturist, a massage therapist certified in lomilomi (traditional Hawaiian massage), a nutritionist, and a phlebotomist. We have two front desk employees. 5 treatment rooms, and a full dispensary to provide 99% of all supplements prescribed. We also provide diagnostic musculoskeletal ultrasound services.

Dr. Traub previously was a director of the American Board of Naturopathic Oncology, and he currently serves as Treasurer for the Board of the Oncology Association of Naturopathic Physicians. He is co-author of the ABNO core curriculum for naturopathic oncology residency programs, and serves on the OncANP Residency Committee, which recently completed a comprehensive naturopathic oncology residency program tool kit.

To be considered for this residency program, applicants must commit to completing a two-year residency program focused on naturopathic oncology.



Lorilee Schoenbeck ND, PC

Michael Gravett ND

Nicole Kearney ND

### Residency Description

Mountain View Natural Medicine is a premier naturopathic primary care clinic in an extraordinary, beautiful healing environment. Our three supervising NDs and one resident ND provide primary care to 3000 area patients. Located at Eastern View Integrative Medicine, a large integrative health center (including an OB-GYN clinic, chiropractic, acupuncture and many other allied professionals) Mountain View Natural Medicine is one of the first naturopathic clinics nationwide to achieve Patient Centered Medical Home status. This status distinguishes Mountain View as an advanced primary care practice. We train doctors in competent diagnosis, appropriate triage and timely intervention, all in keeping with the principles of naturopathic medicine.

Our residency program progressively exposes new doctors to the vast array of PCP responsibilities and to the business of running a clinic. Clinical training includes participation in well and sick pediatric and adult care, immunizations, gyn preventive and problem visits, all primary care screenings, chronic disease prevention and management, integrative support of cancer patients, acute care, and advanced diagnostics, including appropriate laboratory and imaging work-up. Access to the University of Vermont Medical Center as a community resource to all physician types is an added benefit of our location. The resident's initial 6 months of assisting a supervising physician in all aspects of patient care is then augmented in the final 6 months by managing one's own patients plus clinic-wide acute visits, with ample clinical support. Exposure to outside area primary and specialist practices, medical home panel management skills, clinical administrative experience, health reform advocacy, and developing classes to teach healthy behaviors to patients augments a robust clinical residency program. It is expected that by the end of the one year program, the new doctor will be independently managing up to 30 patients/wk and will be ready to emerge as a confident and competent primary care naturopathic physician.

The ideal candidate is an extremely ambitious, primary-care-oriented and confident graduate who excels in clinical proficiency and efficiency. Applicants *must* be AANP members in order to be considered (new membership OK). Due to prior contract, ND degree only (no dual ND/L.Ac. applicants are eligible.) Our three supervising NDs are at the top of the field of primary and gynecologic care, are excellent teachers and possess a commitment to fostering the development of new naturopathic doctors. Read their bios and learn more about our clinic at [www.MountainViewNaturalMedicine.com](http://www.MountainViewNaturalMedicine.com).

## Options Naturopathic Clinic •

### *Seeking applicants specifically interested in:*

- Using his or her confidence and conviction in natural medicine to immediately practice and teach others about how naturopathic medicine works.
- A full-time, one-year position with a possibility of extending to a second or third year, or even long-term partnership.
- Working in a general family practice, with strong emphasis on the relationship of trauma and development to disease.
- Bringing a unique focus or strength that we currently do not offer
- Learning to work in mental health/emotional aspects of illness.
- Collaborating with various practitioners within the community setting (including MDs, DOs, DC's, NP, PA, LMT, cranial/body workers and counselors)
- Women's medicine, autoimmunity, cancer, endocrinology, epigenetics, pediatrics, gastroenterology, mental health, addiction and family medicine.
- Nature Cure
- Expanding current training in homeopathy to a broader context, such as that used in Europe (i.e. pluralist, non-Classical methods)
- Anthroposophical medicine and Waldorf education

### **Specific Tasks**

- Primary **Patient Care**
- **Learning** the Guéniot/Pluralist homeopathic method through courses, notes and observations
- **Learning** in order to also **market** our current on-site therapies: Bemer/PEMF, color therapy, Auricular medicine.
- **Expanding public access to Naturopathic Medicine**
  - Assist expanding the **Nature Cure** therapies offered at the clinic. Assistance in developing pricing and viability of developing a profitable program for patient care in this realm of naturopathic medicine.
  - Active participation in expansion of **other therapies** and approaches; we hope to have a candidate that brings his or her own strengths to the clinic.
  - Expanding awareness and access to our services for **cancer** patients.

### **ADMIN WORK**

- Learning how to run a practice-by learning our **operations**.
- **Facilitating** the development and **transition** of the clinic to the location that will also house a Waldorf school and even potentially NUNM's Waldorf teacher training courses and anthroposophical medical trainings.
- **Outreach**
  - Talks at libraries, the Waldorf school, like-minded facilities, etc.
  - Networking, general raising awareness of naturopathic, homeopathic and anthroposophic approaches.
  - Consider a post on the Chamber of Commerce or other role in community that can bring awareness to our field of medicine.
  - Lobbying**- as needed as we make our push for licensure.
  - Develop** a program to assist in Ohio's Opioid crisis.



**Pearl Natural Health**, located in downtown Portland, Oregon, offers the clinical services of naturopathic physicians and acupuncturists, including Gary Weiner, N.D., L.Ac., Susanne Breen, N.D, and Ellen Goldsmith, L.Ac. The primary focus of care is gastrointestinal, with a large number of patients with IBD, IBS, and difficult cases related to SIBO. At the same time, the clinic has longstanding reputation treating complex cases of chronic fatigue, its first specialty, and still serves many patients with this complaint. Accordingly, all practitioners have become skilled in endocrine therapies and, increasingly, treatment of biotoxic illnesses related to mold exposure and chronic Lyme Disease. The clinic is integrative at its core, interacting cooperatively and cross-referring with conventional medical providers.

The candidate will be resident to Dr. Weiner, and will learn and practice in the specialties of the clinic in a successful care model. Candidates must display a strong interest in the work of the clinic, and demonstrate excellent case-taking, time management skills, ability to create rapport with patients, knowledge of both naturopathic and conventional modalities in gastroenterology, and endocrinology (including bioidentical hormone augmentation), and show awareness and understanding of concepts of care in chronic Lyme Disease and biotoxic illness as represented by ILADS. The ideal candidate is dual degree, with acupuncture skills, however, exceptional single degree candidates will be considered. Applicants must have a strong interest in SIBO and breath testing, and competence in IV therapy. The residency is 2-years, and is supported by NERC (The Naturopathic and Educational Research Consortium).

## **Peninsula Natural Health Center**

Peninsula Natural Health Center is a vibrant naturopathic healing center in Gig Harbor, WA. We have 3 naturopathic physicians and a massage therapist, each with a deeply rooted belief that serving our community and creating a happy and healing environment will empower our patients to achieve their full health potential. We strive to be a healing presence for each patient and provide premier, science based health care and education. Compassion and excellence are driving elements to our decisions and direction for the clinic, which has led us to excel in women's health issues, auto-immune conditions and digestive healing and health. In addition, we provide primary care, physicals and well visits for people of all ages. We are fortunate to be in a community that welcomes natural approaches to healing and values a healthy life style!

## **Portland Clinic of Holistic Health**

Portland Clinic of Holistic Health is looking for a resident that wants to be part of a dynamic fast pace team. We are a rapidly expanding clinic which sees average of 60 patients a day. Our patients range from pediatric to geriatric, common cold to cancer. We are offering one full time 2 year position for qualifying resident with the option to stay on as staff physicians after.

In your personal statement, please include the answers to the following questions.

1. Do you think people generally take care of their health
2. In your own word define help and briefly describe a situation where you helped someone
3. What is the future of the profession
4. What is your 5 years goal.

**Prairie Naturopathic Doctors (PND)** provides Naturopathic services to people of all ages as well as Midwifery services. Our purpose is to help as many people as possible regain and maintain their health

The PND resident will join a team of passionate providers in a very busy clinic utilizing the best Naturopathic medicine has to offer.

The PND resident will gain experience providing services that identify and correct deficiency and toxemia including **naturopathic diagnostic evaluation, naturopathic physiotherapy** including hydrotherapy, sine wave, diathermy, galvanic, cranial electrical stimulation, LASER, **naturopathic manual therapy** including visceral manipulation, spinous manipulation, cranial sacral therapy, and vibration therapy, naturopathic dietetics, botanical medicine including a dispensary with over 200 herbs for formulation, homeopathy and more.

PND provides an environment of successful naturopathic practice where patients get well and providers grow in their ability to bring about healing.

## **PROGRESSIVE MEDICAL CENTER** **RESIDENCY PROGRAM**

### **Statement of Commitment to Residency Training**

Progressive Medical Center is committed to creating a GREAT ND Residency program. Our integrated facility will train the residents in functional medicine.

Progressive medical is the largest integrated facility in the Southeast. Progressive typically has 100 New Patients per week and 300 Existing Patient visits per week. So the ND Residents will have ample opportunity to be rapidly and significantly involved in patient care.

Under one roof 9 ND's, 8 MD's, 1 PA, 4 NP's, 4 Dieticians, 1 Dr. Chiropractic, 1 Dr. Acupuncture, 1 Diagnostician, 2 RN's, 3 LPN's (RN's & LPN's staff a 20 chair infusion center) work in an integrated fashion. Each patient sees each type practitioner. There are also 100+ (see below) different modalities that can be used to help improve patient outcome. Progressive NutraCare is an on-site supplement store that has 900 supplement in stock. Most are private labeled as Progressive NutraCare and many are proprietary formulations that have been contract manufactured to our ND's specifications.

Dr. Agolli, MD, PhD and ND founded Progressive Medical 19 years ago. Dr. Agolli's vision is to provide the highest level of integrative care, and the strongest education, to help shift the paradigm of medicine! The resident will have the opportunity to deal with and help complex patients with chronic illnesses. They have typically been to many other doctors and specialists unsuccessfully. The resident will have opportunities to complete research projects and travel to at least two seminars a year.

Dr. Burdette ND (Director of the Residency Program) has had more than decade of experience directing accredited residency programs. Her teaching background includes designing curriculum for Advanced Medicine Academy, as well as George Washington University. She has also taught for both Allopathic and Naturopathic medical programs and has an active role in the continuing education of clinicians at Progressive Medical Center.

### **Resident Job description**

Residents would have the opportunity to shadow not only the practitioners on staff, but also acupuncturists, chiropractors, and dieticians all also on staff. In addition to the ability to shadow, they will also be doing integrative care. This will be the main part of their job, 80% or higher. Residents will see on average 5-10 patients a day. We are a very busy clinic, and growing very rapidly. As we grow additional locations will be opened.

Our clinic has a heavy emphasis on functional medicine testing. Residents will become proficient with standard laboratory testing as well as specialty testing including stool cultures, food sensitivities, oxidative biomarkers and neurotransmitter testing to name a few.

The clinic has an active nutritional IV room servicing on average 30-40 patients a day. The resident will have the opportunity to work in the IV room as desired. Other areas that will be available to shadow and practice in based on the resident's interest are:

- Pain management center: TENS units, hyperbaric oxygen, prolozone, chiropractic, acupuncture
- Cancer center including high dose nutritional IVs as well as IPT with Board Certified Oncologist
- Lifestyle centers including a fitness center helping patients incorporate diet and physical activity

Dr. Burdette or Dr. Hubbard will meet with residents daily to review charts before visits and then are accessible during the day to answer questions for patient care as needed. Dr. Burdette also conducts weekly training/educational meetings at Progressive with all the practitioners. Residents will be required to come to these teaching sessions which are held as lunch and learn sessions (Tuesday 1:30-2:30, Thursday 1:30-2:30).

The resident will also play an active role in development of clinical trials and research projects. Progressive Medical, under Dr. Burdette's guidance, participates in many efforts of translational research. Because of our intensive laboratory testing, there are many opportunities to select conditions, biomarkers, and treatments and track outcomes. Dr. Burdette works with a number of supplement companies, pharmaceutical companies and others to help them in their translational research efforts. We actively publish, and residents will be encouraged to do the same. We will work to get residents name on various publications to help build their skill set. They will also work with my study coordinator to direct clinical research protocols giving them experience in trial design and management too.

In summary, a resident will primarily focused on patient care. They can expect to spend 25-35 hours a week seeing patients. This is not a residency that focuses residents on paperwork or menial tasks. While there is chart management, that involves paper work, this is not at all the thrust of this position. In addition to patient care, residents will be actively supervised primarily by Dr. Burdette with opportunity to work a host of MDs, DOs, chiropractors, acupuncturist etc. as directed by their interest. They will also be involved in research projects that are germane to their interest and that build their academic pursuit.

### **Educational Goals**

- Increase skills as a primary care physician. By immediately stepping into a busy practice a resident is able to quickly improve their quality of patient care. Having constant access to seasoned integrative physicians augments the rate of learning.
- Increase understanding of translational research. Progressive Medical and Dunwoody Labs are in partnership to increase trials in the area of integrative medicine. The resident will help spearhead translational research efforts with the goal of writing a study design and publishing results. Resident will be encouraged to submit research to AANP research track for the national conference.
- To increase awareness of integrative facilities and different modalities that can be utilized in patient care from IV therapies, natural pain management, functional medicine and nutraceutical use.

**Educational components/residency focus**

Residency focus will be primary care and chronic illnesses. Our clinic sees a breadth of conditions from general fatigue, auto-immune conditions, mental/emotional complaints and cancer care. The focus will be to execute naturopathic medicine principles to a wide array of pathology.

**Work Schedule**

The schedule is 8:30-5:30, with an hour for lunch. This lunch time may be used for training, in which case a lunch and learn format will be adopted. NDs will shadow current physicians for a two week training period and will then be ready to begin their own patient care load. Time not seeing patients will be spent working on translational research projects or minimal writing projects related to Naturopathic medicine and patient care. Again, 80% of time will be focused on chronically ill and primary care patient care.

**Research Opportunities**

The resident will be involved in ongoing translational research efforts. Because of a close relationship with a lab, we are able to get testing to be donated for data collection. Dr. Burdette is also on the board of advisors for Xymogen and is able to help the resident get product donated as well. The opportunity here for this is immense and will benefit from a motivated individual.

**Salary and Health Benefits**

The position is a first and second year residency. The residents first year here the salary is \$42,000. The second year is \$50,000. There will be a bonus of \$10,000 at the end of the 2<sup>nd</sup> year with successful completion of the Residency Program. Benefits are offered including health insurance and dental insurance. Malpractice will be provided. There is an allowance of \$2,000 per year and 3 paid days off to cover the cost of seminars. 10 days of paid vacation per year, 6 paid holidays per year and 6 days of sick time per year.

It is with excitement we look forward to providing this unique opportunity that we feel helps the ND community to grow by having a GREAT residency program.

**Remede Naturopathics –**  
Clinic for Integrative Medicine (Nicole Egenberger, ND)

Remede Naturopathics is the largest center for naturopathic medicine in Manhattan, NY. We take a team approach to holistic health care, combining acupuncture, naturopathic medicine, massage therapy and environmental detoxification to address chronic health conditions. Our practice focus is on women's and children's health and we offer an innovative community clinic providing reduced cost care to the "helpers and makers" of our city as well as low-income families.

Residency: One year full time position with the possibility of extending to a two year residency. Start date Oct 15<sup>th</sup>, 2018.

- Multidisciplinary clinic providing naturopathic medicine, acupuncture and massage therapy.
  - Clinic has on site constitutional hydrotherapy and infrared sauna suite and a full dispensary including botanical compounding
  - Two naturopathic physicians on staff at our clinic
  - Strong network of supportive physicians and allied health professionals who facilitate appropriate lab testing and prescribing for our patients - critical in an unlicensed state!
- Areas of educational focus will be women's health, fertility, autoimmune conditions, mental health, gastroenterology and endocrinology, pediatrics including spectrum disorders.
- Residency position will focus on providing patient care in our clinic and community clinic. Resident will participate in community outreach, public lectures and dispensary management. Resident will also gain an understanding of building a practice and the logistics of practicing in a state that has not yet licensed naturopathic medicine.

Compensation projected for 2017-18 is 35,000 year one and 41,000 in second year.



## **Richmond Natural Health**

Leah Hollon, ND, MPH

- Start date: October 2018
- One full-time, one-year position with a possibility of extending to a second or third year
- Interest in working within an integrative medicine office in an unlicensed state with 7 NDs, nutritionist, master herbalist and yoga instructor
- Desire to collaborate with various practitioners within the community setting (MDs, DOs, NP, PA, PT, OT, and counselors)
- Applicants with an interest in women's medicine, autoimmunity, cancer, epigenetics, pediatrics, gastroenterology, mental health, and/or family medicine is preferred
- Strong desire and interest in homeopathy, botanical medicine, nature cure, nutrition and counseling techniques
- Support and mentoring will be provided through 3 NDs within the office
- Private shift/hours are expected for the resident physician
- Opportunity to shadow, rotate, participate in external rotations with MDs and DOs in primary care as well as within specialty areas will be provided and created for resident
- For more information, visit: [richmondnaturalmed.com/nd-residency](http://richmondnaturalmed.com/nd-residency)

### About the practice:

Richmond Natural Medicine (RNM) is a thriving, collaborative and growing, cash-based multi-disciplined practice offering naturopathic medicine, acupuncture, nutrition, cranial sacral therapy and community education classes. The practice serves a diverse set of patients, health conditions and works collaboratively with many MDs and other medical providers in the area. Our areas of focus include autoimmunity, neurology, epigenetics, gastroenterology, cancer support, dermatology, women's health, fertility, men's health, and energetic medicine. We have a full herbal dispensary as well as a robust medicinary that includes nutritional supplements, homeopathics, flower essences and drainage therapy. Dr. Leah Hollon and Mr. Peter Ross started the practice 5 years ago and RNM has served over 3,500 patients within that time. Dr. Hollon, a graduate of NUNM, serves as the Chief Naturopathic Doctor.

## **Spring Integrated Health**

### **Commitment to the Residency Program:**

This is a two-year residency position and any first or second-year residents are welcome to apply.

The naturopathic physicians and administrative staff at Spring Integrative Health are committed to furthering the naturopathic profession by offering a high-quality residency experience. A sound, post-graduate clinical experience helps create proficient doctors who employ superior clinical practices. The education opportunity at Spring Integrative Health is committed to providing exceptional clinical, administrative, and didactic educational opportunities.

### **Spring Integrative Health Naturopathic Residency Job Description**

Since opening our doors in 2012, Spring Integrative Health has been committed to quality patient centered-care, a collaborative therapeutic approach, and top-notch professionalism. What sets us apart from other practices in the area is a cohesive and innovative approach to healthcare. Our providers are diverse and cutting-edge in their treatment modalities and gifted with cultivating a truly therapeutic experience with patients. This creates a nurturing culture not only for patients, but also for employees. We offer true collaboration and synchronized therapeutic interventions for patients.

Spring Integrative Health is located in beautiful Bozeman, Montana. A thriving community comprised of families, students, ranchers, entrepreneurs, outdoorsmen/women, and ski bums. Bozeman is currently one of the fastest growing cities in the western United States. The location is beautiful, the seasons are striking, and the progressive community has welcomed integrative healthcare.

The future of Spring Integrative Health is bright as we further refine the integrative model and a collaborative culture. We are looking for a committed resident whose strengths include an ability to powerfully connect with patients, a capacity to thrive in a dynamic group setting, and who can maintain cutting-edge treatment strategies. A resident must be ready to engage with patients and colleagues, be willing to research advances in therapeutic approaches, and function as a team member.

The physicians at Spring Integrative Health have a strong interest in women's health, naturopathic oncology, chronic disease, gastroenterology, and general family practice. A resident must be able to function as a generalist but hold an interest in the above-mentioned areas of naturopathy.

**Today Integrative Health + Wellness** (est. 2010) is a multi-disciplinary medical clinic located in Lake Oswego, Oregon. The clinic offers a broad range of services including primary care, nutritional therapy, botanical medicine, IV nutrient therapy, acupuncture, counseling, and massage. The style of care that is shared among the ND team includes an emphasis on wellness and prevention, functional medicine, conventional and specialty lab testing, pharmaceutical therapy where appropriate, botanical medicine, patient education and counseling, care coordination with other specialties. Physical medicine and homeopathy are used less frequently and not emphasized in the residency program training.

The resident can expect to gain experience in how to practice in a private clinic setting. This will include credentialing with insurance carriers, lab experience including phlebotomy and training with specialty testing, facilitating coordination of care with writing correspondence and referral letters, prescribing medications and supplements, marketing and more. The resident will have the opportunity to provide autonomous patient care with full access to mentorship. They will be expected to research cases, investigate potential new treatment options, create/update templates and patient handouts, write articles for posting on clinic blog and Facebook page, participating in other marketing and outreach. Time will be provided to participate in off-site rotations and other educational opportunities outside the clinic setting.

## **UBCNM Naturopathic Resident 2018-2019**

The naturopathic residency position for the 2018-2019 academic year is provided by the University of Bridgeport, College of Naturopathic Medicine (UBCNM). The resident will be assigned duties under the supervision of the UB residency director and UBCNM staff physicians. The position is a 40+ hour/week commitment and is established as a distant site residency through the Council for Naturopathic Medical Education (CNME) certified Residency Program at National College of Natural Medicine.

### **University of Bridgeport:**

- 24 hours at UB Clinic and its satellite clinics
  - Approximately 16-20 hours of shift observation and assistance progressing to direct supervision.
    - Assist supervising physician in patient evaluation, student supervision, and chart review.
    - Act as supervising physician in patient evaluation, student supervision and chart review.
  - Approximately 8-10 hours of support in the classroom such as in the physical exam courses, or the instructor in academic support classes.
  - UB Administrative duties approximately 4 hours
    - Clinic maintenance as pertains to shift set up and closing.
    - Compliance with all HIPAA, OSHA and Emergency protocols including current CPR certification (training provided by the University).
    - Research, writing, and classroom duties as assigned by the Residency director.
- Grand Rounds presentations
  - 1 - 2 presentations (topic as assigned).
- Special projects as assigned to assist administrative and clinical education program including outreach events, clinic events, CE events, lectures, etc...
- Attend off-site rotations weekly at 4 hours/week in emergency medicine, dermatology, rheumatology, oncology, internal medicine, gynecology... as facilitated by the Residency Director.

### **Other:**

- Quarterly evaluations to be sent to the Residency Director at NUNM.
- Schedule advisory meetings with the Dean / Associate Dean of Clinical Education.
- Schedule monthly progress meetings with the NUNM Residency Director.
- Vacation: University of Bridgeport Holidays
  - University Holidays: Thanksgiving day and the day after, Christmas Eve and Christmas day, New Years Day, MLK day, Memorial Day, July 4<sup>th</sup>, Labor Day.
  - The resident is allocated vacation and personal days as provided to University employees.
- Health care benefits are offered as a University employee.
- The University will provide funding for 1 educational/conference/CME event per year, as approved by the Residency Director.