

Bachelor of Science in Integrative Therapeutics: Massage Therapy Two-Year Program

Term	Course #	Course Topic	Credits	
YEAR ONE	FALL	NS 311	Anatomy and Physiology with Lab	5
		SS 311	Self-Care and Self-Management	3
		MT 310	Static Point Techniques	3.5
		MT 312	Principles and History of Massage	3
		MT 313	Palpation Lab	1
	WINTER	IM 321	Critical Thinking for Pre-Health Professionals	3
		MT 321	Anatomy in Clay I	2
		MT 322	Pain Science and Neurophysiology	2
		MT 323	Light Pressure Techniques	4
		CLM 320	Introduction to Clinic	2
		MT 344	Pathology/Conditions I	3
		CPR 100	CPR: BLS Healthcare Provider Level	-
	SPRING	SS 331	Advanced Writing and Self-Reflective Skills	3
		MT 334	Heavy Pressure Techniques	4
		CLM 300	Clinic Shift	2
		CLM 332	Clinic Supervision Group	1
		MT 331	Pathology/Conditions II	3
	SUMMER	MT 402	Biomechanics and Kinesiology	2
		MT 401	Anatomy in Clay II	1
MT 403		Movement-Based Techniques	4	
CLM 400		Clinic Shift	2	
CLM 401		Clinic Supervision Group	1	
YEAR TWO	FALL	IM 411	Health Psychology and Mind-Body Medicine	3
		NS 411	Biostatistics for Pre-Health Majors	3
		NS 412	Scientific and Professional Communication	3
		CLM 412	Case-Based Massage Integration/Clinic Supervision	2
		CLM 400	Clinic Shifts (two)	4
	WINTER	NS 421	Evidence-Based Practice for Pre-Health Professionals	3
		SS 421	Ethics and Philosophical Dilemmas	3
		MT 422	Neurodynamics	2
		MT 423	Psychology: Body and Touch	2
		CLM 422	Case-Based Massage Integration/Clinic Supervision	2
		CLM 400	Clinic Shifts (two)	4
	SPRING	NS 401	Biochemistry	5
		SS 401E	Medical Anthropology	2
SS 402E		Human Sexuality	2	
TOTAL REQUIRED CREDITS			98.5	