

# BSiHS TWO-YEAR CURRICULUM

## first year

COURSE #	FIRST-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 311	Introduction to Integrative Medicine		36	36	3
NS 311	Anatomy and Physiology		48	48	4
NS 312	Anatomy and Physiology Lab	24		24	1
SS 311	Self-Care and Self-Management		36	36	3
SS 312	Introduction to Medical Anthropology		36	36	3
	<b>First-Year Fall Totals</b>	<b>24</b>	<b>156</b>	<b>180</b>	<b>14</b>

COURSE #	FIRST-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 321	Critical Thinking for Pre-Health Professionals		36	36	3
IM 422	Introduction to Botanical Medicine	24	36	60	4
NS 324	Organic Chemistry I with Lab	24	24	48	3
SS 321	Culture, Identity and Emotion		36	36	3
	<b>First-Year Winter Totals</b>	<b>48</b>	<b>132</b>	<b>180</b>	<b>13</b>

COURSE #	FIRST-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 331	Exercise Science		36	36	3
NS 322	Immunology		48	48	4
NS 334	Organic Chemistry II with Lab	24	24	48	3
SS 331	Advanced Writing and Self-Reflective Skills		36	36	3
SS 332	Intercultural Communication Skills		36	36	3
	<b>First-Year Spring Totals</b>	<b>24</b>	<b>180</b>	<b>204</b>	<b>16</b>

<b>FIRST-YEAR TOTALS</b>	<b>96</b>	<b>468</b>	<b>564</b>	<b>43</b>
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# second year

COURSE #	SECOND-YEAR SUMMER	LAB	LECTURE	TOTAL HOURS	CREDITS
NS 401	Biochemistry for Life Sciences		48	48	4
	<b>Second-Year Summer Totals</b>	<b>0</b>	<b>48</b>	<b>48</b>	<b>4</b>

COURSE #	SECOND-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 411	Health Psychology and Mind-Body Medicine		36	36	3
NS 411	Biostatistics for Pre-Health Majors		36	36	3
NS 412	Scientific and Professional Communication		36	36	3
NS 413	Introduction to Research Methods		24	24	2
	Elective		36	36	3
	<b>Second-Year Fall Totals</b>	<b>0</b>	<b>168</b>	<b>168</b>	<b>14</b>

COURSE #	SECOND-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
NS 321	Genetics		48	48	4
NS 421	Evidence-Based Practice for Pre-Health Professionals		36	36	3
SS 421	Ethics and Philosophical Dilemmas		36	36	3
SS 422	Careers: From Undergraduate Degree to Employment		24	24	2
	Elective		36	36	3
	<b>Second-Year Winter Totals</b>	<b>0</b>	<b>180</b>	<b>180</b>	<b>15</b>

COURSE #	SECOND-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 431	Whole Food: Rethinking the Science of Nutrition	24	36	60	4
NS 432	Physics with Lab	24	48	72	5
SS 499	Undergraduate Capstone		36	36	3
	Elective		36	36	3
	<b>Second-Year Spring Totals</b>	<b>48</b>	<b>156</b>	<b>204</b>	<b>15</b>

**SECOND-YEAR TOTALS** **48      552      600      48**

**TOTAL CORE CREDITS** **82**

**TOTAL ELECTIVE CREDITS** (9 required, students may take up to 18) **9**

**TOTAL REQUIRED CREDITS** **91**