

MScN ONE-YEAR CURRICULUM

nutrition

COURSE #	FALL	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 502	Culinary Skills	24	2
GSN 507	Fundamentals of Nutrition	48	4
GSN 508	Fundamentals of Nutrition Workshop	12	1
GSN 514 - OR - GSN 614	Nutritional Biochemistry Advanced Nutritional Biochemistry	24	2
GSN 515	Nutritional Assessment	24	2
GSN 516	Pathophysiology	36	3
	Elective	24	2
	Fall Totals	204	17

COURSE #	WINTER	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 517	Psychology of Eating	24	2
GSN 524	Medical Nutrition Therapy	36	3
GSN 526	Lifecycle Nutrition I	24	2
GSN 528	Health Coaching	24	2
GSN 529	Applied Medical Nutrition Therapy	24	2
GSN 534	Cultural Humility and Food Justice	24	2
	Elective	24	2
	Winter Totals	192	16

COURSE #	SPRING	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 505	Healing Foods I	24	2
GSN 506	Healing Foods I Practicum	24	2
GSN 533	Lifecycle Nutrition II	24	2
GSN 535	Nutrition Internship	36	3
GSN 563	Business of Nutrition	24	2
	Electives	48	4
	Spring Totals	192	16

COURSE #	SUMMER	LECTURE	CREDITS
GSN 503	Farm to Table	24	2
GSN 509	Community Nutrition and Food Policy	36	3
GSN 535	Nutrition Internship	36	3
	Electives	84	7
	Summer Totals	180	15

TOTAL CORE CREDITS	49
TOTAL ELECTIVE CREDITS	15
TOTAL REQUIRED CREDITS	64

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first year

COURSE #	FIRST-YEAR FALL	LECTURE	CREDITS
GSN 502	Culinary Skills	24	2
GSN 507	Fundamentals of Nutrition	48	4
GSN 508	Fundamentals of Nutrition Workshop	12	1
GSN 514 - OR - GSN 614	Nutritional Biochemistry Advanced Nutritional Biochemistry	24	2
GSN 515	Nutritional Assessment	24	2
GSN 516	Pathophysiology	36	3
	First-Year Fall Totals	168	14

COURSE #	FIRST-YEAR WINTER	LECTURE	CREDITS
GSN 524	Medical Nutrition Therapy	36	3
GSN 526	Lifecycle Nutrition I	24	2
GSN 529	Applied Medical Nutrition Therapy	24	2
	Elective	24	2
	First-Year Winter Totals	108	9

COURSE #	FIRST-YEAR SPRING	LECTURE	CREDITS
GSN 505	Healing Foods I	24	2
GSN 506	Healing Foods I Practicum	24	2
GSN 528	Health Coaching	24	2
GSN 533	Lifecycle Nutrition II	24	2
	Elective	24	2
	First-Year Spring Totals	120	10

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second year

COURSE #	SECOND-YEAR SUMMER	LECTURE	CREDITS
GSN 503	Farm to Table	24	2
	Electives	60	5
	First-Year Summer Totals	84	7

COURSE #	SECOND-YEAR FALL	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 517	Psychology of Eating	24	2
GSN 534	Cultural Humility and Food Justice	24	2
	Elective	24	2
	Second-Year Fall Totals	84	7

COURSE #	SECOND-YEAR WINTER	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 509	Community Nutrition and Food Policy	36	3
GSN 535	Nutrition Internship	36	3
GSN 563	Business of Nutrition	24	2
	Second-Year Winter Totals	108	9

COURSE #	SECOND-YEAR SPRING	LECTURE	CREDITS
GSN 500	Nutrition Mentorship	12	1
GSN 535	Nutrition Internship	36	3
	Electives	48	4
	Second-Year Spring Totals	96	8

TOTAL CORE CREDITS	49
TOTAL ELECTIVE CREDITS	15
TOTAL REQUIRED CREDITS	64

MScN ELECTIVES 15 Credits Required

electives

Nutrition students may take any MScN elective courses listed below. In addition, students may take elective courses through the School of Graduate Studies, College of Naturopathic Medicine, and College of Classical Chinese Medicine. Some core courses may also be eligible for transfer among NUNM graduate programs to satisfy elective requirements; this is dependent upon approval from the two program deans. In all cases, students must satisfy course prerequisites.

NOTE: Elective courses may not be offered every year. All elective courses are scheduled based on faculty availability and sufficient student enrollment.

COURSE #	COURSE	LECTURE	CREDITS
GSN 501E	Seasonal Cooking – Summer	24	2
GSN 510E	Seasonal Cooking – Fall	24	2
GSN 511E	Introduction to Integrative Sports Medicine	24	2
GSN 520E	Seasonal Cooking – Winter	24	2
GSN 530E	Seasonal Cooking – Spring	24	2
GSN 538E	Cooking Pedagogy	24	2
GSN 542E	Cooking and Considering Meat and Seafood	24	2
GSN 543E	Personal Chef and Food Service	24	2
GSN 544E	Food Systems: Global and Ecological Food Issues	24	2
GSN 545E	Global Cuisine: Foods of the World	24	2
GSN 546E	Food Allergies and Intolerances	24	2
GSN 547E	Fad Diets	24	2
GSN 548E	Eating Disorders and Intuitive Eating	24	2
GSN 549E	Detoxification and Cleanses	24	2
GSN 550E	Clinical Case Presentation	24	2
GSN 551E	Therapeutic Diets	24	2
GSN 552E	Nutritional Supplements	24	2
GSN 553E	Gluten-Free Cooking	24	2
GSN 554E	Sports Nutrition I	24	2
GSN 555E	Functional Nutrition	24	2
GSN 556E	Cooking with Medicinal Herbs: A Chinese Medicine Perspective	24	2
GSN 557E	Cooking with Medicinal Herbs	24	2
GSN 558E	Food as Medicine in the Community	24	2
GSN 559E	Vegan Diets	24	2
GSN 560E	Sports Nutrition II	24	2
GSN 561E	Recipe and Menu Development	24	2
GSN 562E	Nutrition in the News	12	1
GSN 564E	Nutritional Genetics	24	2
GSN 565E	Food Anthropology	24	2
GSN 567E	Healing Foods II	24	2
GSN 568E	Healing Foods II Practicum	24	2
GSN 569E	Lifestyle and Wellness	24	2
GSN570E	Food Accessibility in Vulnerable Populations	24	2
GSN 571E	Introduction to Organic Agriculture	24	2
GSN 572E	Indian Cooking	24	2

electives

COURSE #	COURSE	LECTURE	CREDITS
GSN 573E	Childhood Nutrition	24	2
GSN 574E	Food Relationship Coaching	24	2
GSN 575E	Obesity, Metabolic Syndrome, and Diabetes	24	2
GSN 576E	Mediterranean Diet Immersion in Croatia	24	2
GSN 577E	Nutrition Career Strategies (weekend format)	24	2
GSN 578E	Food Chemistry	24	2
GSN 579E	Preparation for Clinic Nutrition Rotation	24	2
GSN 580E	Clinic Nutrition Rotation	24	2
GSN 582E	Constitutional Medicine and Seasonal Dietetics	24	2
GSN 583E	Nutritional Counseling	24	2
GSN 633E	Sports Psychology	24	2
GSN 838E	Israel Culinary and Cultural Immersion Trip	36	3

AYURVEDA MEDICINE ELECTIVES

See applicable catalog section

CLASSICAL CHINESE MEDICINE ELECTIVES

See applicable catalog section

GLOBAL HEALTH ELECTIVES

See applicable catalog section

INTEGRATIVE MEDICINE RESEARCH ELECTIVES

See applicable catalog section

INTEGRATIVE MENTAL HEALTH ELECTIVES

See applicable catalog section

NATUROPATHIC MEDICINE ELECTIVES

See applicable catalog section