

MSiMH FOUR-YEAR CURRICULUM

first year

COURSE #	FIRST-YEAR FALL	LECTURE	CREDITS
GSMH 510	Intro to MSiMH (weekend format)	12	1
GSMH 511	Psychological/Character Development	24	2
	First-Year Fall Totals	36	3

COURSE #	FIRST-YEAR WINTER	LECTURE	CREDITS
GSMH 520	Foundations of Clinical Skill (weekend format)	48	4
	First-Year Winter Totals	48	4

COURSE #	FIRST-YEAR SPRING	LECTURE	CREDITS
GSMH 531	Counseling Skills	12	1
GSMH 532	Counseling Skills Practicum	24	2
	First-Year Spring Totals	36	3

FIRST-YEAR TOTALS **120** **10**

second year

COURSE #	SECOND-YEAR SUMMER	LECTURE	CREDITS
GSMH 530	Ethics of the Psychotherapeutic Relationship	12	1
GSMH 716	Psychotherapy: Theory and Application	24	2
	Second-Year Summer Totals	36	3

COURSE #	SECOND-YEAR FALL	LECTURE	CREDITS
GSMH 540	Psychological Diagnosis	24	2
GSMH 611	Practice Tutorial I	6	0.5
	Second-Year Fall Totals	30	2.5

COURSE #	SECOND-YEAR WINTER	LECTURE	CREDITS
GSMH 541	Biopsychosocial Assessment and Evaluation	36	3
GSMH 623	Practice Tutorial II	6	0.5
	Second-Year Winter Totals	42	3.5

COURSE #	SECOND-YEAR SPRING	LECTURE	CREDITS
GSMH 632	Practice Tutorial III	6	0.5
	Second-Year Spring Totals	6	0.5

SECOND-YEAR TOTALS **114** **9.5**

third year

COURSE #	THIRD-YEAR SUMMER	CLINIC	LECTURE	CREDITS
GSMH 521	Consultation I		24	2
GSMH 600	Integrating Anti-Oppressive Practice		24	2
	Third-Year Summer Totals		48	4

COURSE #	THIRD-YEAR FALL	CLINIC	LECTURE	CREDITS
GSMH 512	Integrative Psychopharmacology		48	4
GSMH 711	Practice Tutorial IV		6	0.5
	Third-Year Fall Totals		54	4.5

COURSE #	THIRD-YEAR WINTER	CLINIC	LECTURE	CREDITS
GSMH 620	Practice Strategies I (weekend format)		36	3
	Third-Year Winter Totals		36	3

COURSE #	THIRD-YEAR SPRING	CLINIC	LECTURE	CREDITS
GSMH 601	Evidence-Informed Practice		36	3
GSMH 630	Practice Strategies II (weekend format)		36	3
GSMH 638	Objective Structured Clinical Exam (OSCE) 1			–
	Third-Year Spring Totals		72	6
	THIRD-YEAR TOTALS		210	17.5

fourth year

COURSE #	FOURTH-YEAR SUMMER	CLINIC	LECTURE	CREDITS
GSMH 643	Practice Strategies III (weekend format)		36	3
GSMH 614	Clinical Practicum I	48		2
	Fourth-Year Summer Totals	48	36	5

COURSE #	FOURTH-YEAR FALL	CLINIC	LECTURE	CREDITS
GSMH 533	Consultation II		24	2
GSMH 614	Clinical Practicum II	48		2
	Fourth-Year Fall Totals	48	24	4

COURSE #	FOURTH-YEAR WINTER	CLINIC	LECTURE	CREDITS
GSMH 613	Consultation III		24	2
GSMH 614	Clinical Practicum III	48		2
GSMH 622	Embedded Clinical Practicum V		48	2
	Fourth-Year Winter Totals	48	72	6

COURSE #	FOURTH-YEAR SPRING	CLINIC	LECTURE	CREDITS
GSMH 621	Consultation IV		24	2
GSMH 614	Clinical Practicum IV	48		2
GSMH 622	Embedded Clinical Practicum VI			2
GSMH 639	Objective Structured Clinical Exam (OSCE) 2			–
	Fourth-Year Spring Totals	48	72	6
	FOURTH-YEAR TOTALS	192	252	21

TOTAL CORE CREDITS	58
TOTAL ELECTIVE CREDITS (To be taken any time)	8
TOTAL REQUIRED CREDITS	66

MSiMH ELECTIVES 8 Credits Required

electives

Mental health students may take any MSiMH elective courses listed below. In addition, students may take elective courses through the School of Graduate Studies, College of Naturopathic Medicine, and College of Classical Chinese Medicine. Some core courses may also be eligible for transfer among NUNM graduate programs to satisfy elective requirements; this is dependent upon approval from the two program deans. In all cases, students must satisfy course prerequisites.

NOTE: Elective courses may not be offered every year. All elective courses are scheduled based on faculty availability and sufficient student enrollment.

COURSE #	COURSE	LECTURE	CREDITS
GSMH 518E	Nature-Based Therapy	24	2
GSMH 700E	Introduction to Addictions	24	2
GSMH 702E	Attachment Work	24	2
GSMH 703E	Introduction to Working with Trauma	36	3
GSMH 712E	Introduction to LGBTQ Counseling	36	3
GSMH 717E	Advanced Skills Tutorial	24	2
GSMH 718E	Applied Psychophysiology I: Introduction to Self-Regulation	24	2
GSMH 719E	Mindfulness-Based Bodywork	36	3
GSMH 724E	Applied Psychophysiology II: Introduction to Instrumentation	24	2
GSMH 725E	Shen-Hammer Pulse Diagnosis I	24	2
GSMH 726E	Shen-Hammer Pulse Diagnosis II	24	2
GSMH 727E	Shen-Hammer Pulse Diagnosis III	24	2
GSMH 730E	Integrating Grief and Loss into Health Conversations	24	2
GSMH 731E	Pop Culture Psychology	24	2
GSMH 734E	Applied Psychophysiology III: Applications and Interventions	24	2

AYURVEDA MEDICINE ELECTIVES

See applicable catalog section

CLASSICAL CHINESE MEDICINE ELECTIVES

See applicable catalog section

GLOBAL HEALTH ELECTIVES

See applicable catalog section

INTEGRATIVE MEDICINE RESEARCH ELECTIVES

See applicable catalog section

NATUROPATHIC MEDICINE ELECTIVES

See applicable catalog section

NUTRITION (MScN) ELECTIVES

See applicable catalog section