

BScN TWO-YEAR CURRICULUM

first year

COURSE #	FIRST-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 311	Introduction to Nutrition		48	48	4
NU 312	American Food Systems		36	36	3
NS 311	Anatomy and Physiology	24	48	72	5
SS 311	Self-Care and Self-Management		24	24	2
	First-Year Fall Totals	24	156	180	14

COURSE #	FIRST-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 321	Advanced Nutrition		48	48	4
NS 323	Introduction to Public Health		36	36	3
NS 321	Genetics		48	48	4
SS 321	Culture, Identity and Emotion		36	36	3
	First-Year Winter Totals	0	168	168	14

COURSE #	FIRST-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 331	Foundations of Community Nutrition		36	36	3
NS 331	Organic Chemistry with Lab	48	48	96	6
SS 331	Advanced Writing and Self-Reflective Skills		36	36	3
SS 332	Intercultural Communication Skills		36	36	3
	First-Year Spring Totals	48	156	204	15

FIRST-YEAR TOTALS	72	480	552	43
--------------------------	-----------	------------	------------	-----------

second year

COURSE #	SECOND-YEAR SUMMER	LAB	LECTURE	TOTAL HOURS	CREDITS
NS 401	Biochemistry for Life Sciences		48	48	4
	Second-Year Summer Totals	0	48	48	4

COURSE #	SECOND-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 411	Food Security		36	36	3
NU 412	Nutrition in the News		24	24	2
NS 411	Biostatistics for Pre-Health Majors		36	36	3
NS 412	Scientific and Professional Communication		36	36	3
MT 411	Practical Math		24	24	2
	Elective		36	36	3
	Second-Year Fall Totals	0	132	192	16

COURSE #	SECOND-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 421	Careers in Nutrition: Who Are You and What Do You Want to Do?		24	24	2
NU 422	Diet and Disease		36	36	3
NS 421	Evidenced-Based Practice for Pre-Health Professionals		36	36	3
SS 421	Ethics and Philosophical Dilemmas		36	36	3
	Elective		36	36	3
	Second-Year Winter Totals	0	144	168	14

COURSE #	SECOND-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 431	Whole Food: Rethinking the Science of Nutrition	24	36	60	4
NU 432	Nutritional Epidemiology		48	48	4
NU 433	Nutrition Capstone		36	36	3
	Elective		36	36	3
	Second-Year Spring Totals	24	120	180	14

SECOND-YEAR TOTALS	24	444	588	48
---------------------------	-----------	------------	------------	-----------

TOTAL CORE CREDITS	82
---------------------------	-----------

TOTAL ELECTIVE CREDITS	9
-------------------------------	----------

TOTAL REQUIRED CREDITS	91
-------------------------------	-----------

BScN ELECTIVES 9 Credits Required

electives

Courses listed with an “E” as part of the course number are electives for all undergraduate degree programs. Courses listed without an “E” are core classes for another undergraduate degree program that may count toward elective credit in the BScN program.

Students may also choose elective courses from the preapproved list of graduate-level classes (when offered); this list is available through the registrar’s office. Please see the NUNM student handbook for the policy on undergraduate students taking graduate-level classes.

NOTE: Elective courses may not be offered every year. All elective courses are scheduled based on faculty availability and adequate student enrollment.

COURSE #	COURSE	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 311	Introduction to Integrative Medicine		36	36	3
IM 321	Prevention and Wellness		36	36	3
IM 331	Exercise Science		36	36	3
NS 322	Immunology		48	48	4
NS 341E	Environment and Health		36	36	3
NS 342E	Plants of the Northwest		36	36	3
NS 432	Physics with Lab	24	48	72	5
NU 423E	Foundations of Cooking Techniques	24	24	48	3
NU 436E	Nutrition for Exercise and Sports		36	36	3