




MASTER OF SCIENCE IN
Ayurveda

A photograph showing a person lying on their side on a massage table, receiving a back massage. The person is wearing a white sheet. The masseuse is wearing a colorful floral patterned top. In the background, there is a window with a view of greenery and a brass oil lamp hanging from the ceiling. A small basket with flowers is on the table near the person's head.

MASTER OF SCIENCE IN Ayurveda

Discover a profound approach to patient care with Ayurveda—a sophisticated and powerful whole-body health system that supports the mind, body and spirit.

The Master of Science in Ayurveda (MScA) program delivers a whole-systems approach to the prevention and treatment of disease that promotes a vibrant state of health and wellness. Our comprehensive level of scholarship and clinical training is unique to NUNM, the only Ayurveda master's program offered in the United States by a regionally accredited university. Students are trained to make holistic recommendations based on ancient principles that not only encompass disease prevention, but also enhance and promote physical, psychological, intellectual and spiritual health.

The MScA curriculum is aligned with authentic classical texts of Ayurveda, empowering students with knowledge from the root source of this ancient medicine. The wisdom of Ayurveda gives medical professionals an additional, and deeply insightful, approach to treating acute and chronic disease. Using an Ayurvedic lens through which to view the impact of diet, lifestyle, behavior and spiritual practices on healthy living, students gain expertise in mind-body medicine, including yoga and Ayurvedic massage; counseling; botanical medicine; nutraceuticals; diet and lifestyle; pulse diagnosis; and detoxification and rejuvenation therapies.



“The Ayurveda program allows us to tap into ancient wisdom, gaining an understanding of the universe and the world we live in.”

— Venesh Sharma, ND ('16), MSiMR ('18)

PROGRAM HIGHLIGHTS

- Accredited 2-year program with 64 total credits
- 1,000+ hours of training, both didactic and clinical; the most in-depth Ayurveda program outside of India
- The majority of faculty are esteemed physicians from India
- Optional internship in India

PROGRAM OUTCOMES

Our graduates are highly skilled Ayurvedic practitioners—experts in addressing health care from an integrative perspective. With concrete skills in Ayurvedic therapeutics, our graduates are equipped to effectively address clinical care in diverse and multidisciplinary environments where they can offer profound and holistic healing.

For complete program details, please visit numm.edu.

ESTIMATED PROGRAM COST

As of 2018–2019, tuition for the MScA program is \$435 per credit.

Estimated total program cost: \$27,840* (64 credits x \$435/credit)

*SUBJECT TO CHANGE; DOES NOT INCLUDE COURSE LAB FEES

ADMISSIONS REQUIREMENTS

Visit numm.edu for detailed admissions requirements, prerequisites and required documents.

EXPLORE ANCIENT MEDICINE FOR THE MODERN WORLD.

“Ayurveda teaches us to cherish our innate-nature:
*to love and honor who we are, not as what people
think or tell us, who we should be.*”

— Prana Gogia



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