

## SCHOOL OF GRADUATE STUDIES (SOGS) Master of Science in Global Health (MScGH) Program

# **GSGH 832E: Thailand Global Health Experience Course** Winter 2019, 4 credits

# **OVERVIEW**

This course is a 12-day Global Health Experience trip in Northern Thailand. In addition to learning about Thai-veda (massage, herbs, and nutrition), we will be traveling around Chiang Mai and the Thai countryside to learn about world health issues such as:

- Migration and refugee issues
- Human trafficking
- Organic and sustainable agriculture
- Health and social influences of Buddhism
- And more!

Students will visit Chiang Mai night markets, temples, and various cultural and historical sites. Free time will be available to experience Thai-vedic as a form of self-care.

#### **Course Location:**

Northern Thailand: Chiang Mai and surrounding areas

#### Course Dates:

Tuition and grades attached to winter 2019 Academic Term, but travel occurs during winter break. Additional course meetings may occur before (during fall 2018 term) and after (during winter 2019 term) travel dates.

#### **Travel Dates:**

#### December 17, 2018-December 28, 2018

Students must be present for the first day of class in Thailand on Monday, December 17th. The course will continue through Friday, December 28th. **Travel must occur before and after these dates (i.e. you must arrive by December 16 and may leave on December 29)**.

#### **Course Faculty:**

Heather Zwickey, PhD Laura Scher, MEd

#### To participate in this Global Health Experience course, student's must:

- Complete this application, have an interview with the course director, and be accepted to enroll in the course;



- Be in good academic standing;
- Have current personal health insurance coverage and provide documentation of this coverage
- Have completed NUNM required vaccinations within the past three years, excepting those that need to be updated annually;
- Complete any required vaccinations for travel to Thailand (see <u>https://wwwnc.cdc.gov/travel</u> for more information).
- Complete an online Travel Contract prior to departure;
- Have a valid, current passport;
- Have a valid, current travel visa (if required);
- Participate in mandatory pre-trip orientation meetings;
- Pre-register and then enroll in *GSGH 832E: Thailand Global Health Experience* course for 4 credits during winter 2019 term;
- Pay the trip deposit, trip fee balance and tuition; and
- Plan and pay for transportation to/from the course location in Thailand.

#### Course Expenses:

- An \$1,800.00 fee to cover the costs of in-country transportation, lodging, activities, and some food.
- Cost of airline travel to/from United States.
- Tuition for four credits

*Note:* Students who wish to participate in this travel-related course, but do not want to receive academic credit, will pay an administrative fee equal to 20% of the full tuition cost of the course. *This option can be used only if space is available after all "for-credit" students have registered.* 

\*\*\* If you are a student taking this course to meet elective course requirements for your program - or you are enrolled in the MScGH program - you also may register for the GSGH 001: Global Health Experience Travel course during fall 2018 term. Registration in the GSGH 001 "course" will withdraw \$2000.00 from your financial aid allotment, which can be used to cover legitimate travel expenses related to the course.

#### **Travel-Based Course Fee Policy:**

Students must apply, interview, and be accepted to travel-based (trip) courses. Once accepted, they will sign and submit an agreement to be registered for the travel, and are required to reserve their spot with a **50% deposit at the time of registration**. <u>The deposit for the Thailand course is \$900.00 (50% of the \$1,800.00 trip fee)</u>. The deposit will be charged to the student's NUNM account. The deposit is used to make travel arrangements, including accommodations and other travel-related expenses. The travel deposit may be assessed several months prior to the trip itself.

After the travel deposit has been assessed, a student who wishes to drop the course must submit an add/drop form and is subject to the following refund rates:

- Deposits for travel-based courses will be refunded at 100% up to eight (8) weeks prior to the first day of class on-site in Thailand (December 17, 2018), which is Monday, October 22, 2018.



# - If the course is dropped within eight (8) weeks of the first day of class on-site (after October 22, 2018), the deposit is non-refundable.

Please provide your printed name, signature and the date below to indicate that you will adhere to the Travel-Based Course Fee Policy described above:

Printed Name

Signature

Date

# **APPLICATION:**

**Please Provide the Following Information:** 

General Information	
Name:	
Date of Birth:	Year in School:
Program(s): (Choose all that apply)         Doctor of Naturopathic Medicine (ND)         Doctor of Science in Oriental Medicine (DSOM)         MS in Oriental Medicine (MSOM)         Undergraduate Studies         Other (please describe)	<ul> <li>MS Global Health</li> <li>MS Integrative Medicine Research</li> <li>MS Integrative Mental Health</li> <li>MS Nutrition</li> </ul>
<b>Track</b> (2 yr, 4 yr, 5 yr, other):	
Best contact e-mail: Cell phone (we won't spam you):	

#### Essay:

Please complete the following essay using 40-100 words (1-3 paragraphs). Provide your response at the end of this application.

• Describe why you want to go to Thailand as part of a Global Health Experience course. Include a discussion of the expectations, positive and negative, you may have for this travel-related course.



#### **Application Submission:**

Please submit this completed application and your essay response in ONE WORD document to <u>globalhealth@nunm.edu</u> by **5pm on Monday, October 1, 2018**. Please put "THAILAND APPLICATION" in the subject line of your email.

### **Questions?**

Please contact <u>lscher@nunm.edu</u> or <u>hzwickey@nunm.edu</u> for more information about the GSGH 832E: Thailand Global Health Experience Course.

#### Provide ESSAY response(s) below: