

Amanda L. Watters, ND

Portland, OR | (503) 552-1949 | awatters@nunm.edu

I. PROFESSIONAL POSITIONS:

Attending Physician

National University of Natural Medicine, Portland, OR, September 2018 – Present

Doctor of Naturopathic Medicine

Integrative Pediatrics, Inc., Beaverton, OR, February 2018 – Present

Founder and Parent Educator

PediaChat, LLC, Portland, OR, February 2018 – Present

Course Co-Director of Pediatrics

National University of Natural Medicine (NUNM), Portland, OR, September 2017 – Present

Lead Pediatric Clinician for Soy Sano/ I'm Healthy Grant

National University of Natural Medicine Portland, OR, January 2017 – September 2017

Project Assistant

National College of Natural Medicine Community Clinics, Portland, OR, 2011 – 2015

Administrative Assistant

Down Syndrome Treatment Center of Oregon, Portland, OR, July – September 2014

II. EDUCATION

Doctor of Naturopathic Medicine

National College of Natural Medicine (NCNM), Portland, OR, Class of 2015

- Completed an accredited doctoral program of coursework and clinical practice in naturopathic medicine. Training included nutrition, botanical medicine, homeopathy, IV therapy, behavioral medicine, pharmacology, physical medicine, and minor surgery.

Bachelor of Science, Recreation and Parks Management, *Summa Cum Laude*

University of North Carolina at Greensboro, Greensboro, NC, Class of 2008

- Concentration in Therapeutic Recreation; Minor in Psychology
- Completed coursework and a clinical internship in Wilderness Therapy that was consistent with national therapeutic recreation certification standards.

III. GRADUATE MEDICAL EDUCATION (RESIDENCY)

National University of Natural Medicine, Portland, OR, 2015 – 2018, *Chief Resident 2017-2018*

- Completed three years of residency as certified by the Council on Naturopathic Medicine Education. Clinical focus on pediatrics and primary care within an academic setting.
- Facilitator for weekly Grand Rounds for 2016-2017 academic year

Resident External Rotations and Student Preceptorships:

- Integrative Pediatrics & Pediatric Urgent Care*: Pediatric Primary Care; 150+ hours
- Oregon Health Sciences University (OHSU)*: Newborn Care; 10 hours
- Outside-In*: Community Based Health Center; 200+ hours
- Children's Naturopathic Centre*: Pediatric Chronic Illness and Developmental Health; 100+ hours
- Children's Developmental Health Institute*: Developmental and Behavioral Pediatrics; 40+ hours

IV. CONTINUING EDUCATION

2018 Oregon Pediatrics Society: Adolescent Mental Health & Suicide Prevention
2018 Medical Academy of Pediatric Special Needs Conference
2018 OHSU Pediatric Mental Health Conference
2018 Columbia River Eating Disorder Network Annual Conference
2017 NUNM Integrative Mental Health Conference
2017 AAP PREP: The Course

Amanda L. Watters, ND

Portland, OR | (503) 552-1949 | awatters@nunm.edu

- 2017 Autism One Conference
- 2017 Randall Children's Hospital Pediatric Emergency and Critical Care Conference
- 2017 Oregon Pediatrics Society Annual Conference
- 2017 Kartini Eating Disorder Treatment Center Clinical Teaching Day
- 2015 Applied Suicide Intervention Skills Training (ASIST)
- 2015 Columbia River Eating Disorder Network Annual Conference
- 2015 NCNM Autism and Attention Deficit Hyperactivity Disorder Conference
- 2015 Preconception to Infancy Conference
- 2015 National Alliance on Mental Illness Basics Course
- 2015 Institute of Women's Health and Integrative Medicine, Pediatrics Conference
- 2013 NCNM Pediatrics Conference
- 2011 NCNM Pediatrics Conference

V. TEACHING/ PRESENTATIONS

- 2018 **Lecturer:** *Pediatrics & Geriatrics Course, NUNM*
- 2018 **Organizer & Presenter:** *Lean In: An Experiential Workshop for Clinical Communication*
- 2018 **Organizer & Supervisor:** *Head Start Physical Exam Fair*
- 2017 **Speaker:** *Pediatric Well Child Checks and Case Discussion: NUNM Grand Rounds & NUNM Residency Education*
- 2017 **Speaker & Panelist:** *An Introduction to Naturopathic Medicine and An Approach to the Pediatric Patient, UC Davis Pre-Health Conference*
- 2017 **Organizer & Presenter:** *National Alliance on Mental Illness Basics for Providers*
- 2017 **Organizer & Supervisor:** *NAYA Physical Exam Fair*
- 2016 **Speaker,** *Integrative and Interprofessional Roles in Education: Roles in Collaborative Care*
- 2016 **Speaker:** *Staying Healthy Naturally, Multnomah County Fix-It Fair*
- 2013 **Organizer:** *Best Practices for Serving People Who Experience Disabilities*
- 2013 **Organizer & Panelist:** *Using Person First Language in an Inclusive Clinic, 2014*

VI. PUBLICATIONS

Amanda Watters, Richard Barrett, ND, Otitis Media with Effusion, A Case Report and Literature Review, Naturopathic Doctor News & Review, (2014), online edition. <http://ndnr.com/bacterialviral-infections/otitis-media-with-effusion/>

VII. PROFESSIONAL ASSOCIATIONS

- American Association of Naturopathic Physicians – Member
- Oregon Association of Naturopathic Physicians – Member
- Pediatric Association of Naturopathic Physicians – Member
- Oregon Pediatrics Society – Affiliate Member
- American Academy of Pediatrics, Section on Integrative Medicine – Affiliate Member

VIII. HONORS & AWARDS

- NUNM Making a Difference Inspiration Award, 2015
- 2nd place in the NDNR Annual Student Writer's Scholarship, 2014
- Dr. Joshua Berry Memorial Scholarship Award Recipient, 2013
- Paul C. Bragg Scholarship Award Recipient, 2012

IX. LICENSES & CERTIFICATES

- Oregon Naturopathic Medical License #3022
- Current American Heart Association BLS Certificate
- Current American Heart Association PALS Certificate
- Active DEA License and NPI