

# Amanda L. Watters, ND

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610 High Street, Oregon City, OR 97045 | [amandawattersnd@gmail.com](mailto:amandawattersnd@gmail.com)

## I. PROFESSIONAL POSITIONS:

### **Executive Director & Naturopathic Physician**

Neurotherapeutic Pediatric Therapies, Inc., Oregon City, OR, November 2019 – Present

### **Adjunct Faculty Member: Lecturer for Pediatrics and Psychology Courses**

National University of Natural Medicine (NUNM), Portland, OR, September 2017 – Present

### **Attending Physician**

National University of Natural Medicine, Portland, OR, September 2018 – Dec 2020

### **Doctor of Naturopathic Medicine**

Integrative Pediatrics, Inc., Portland, OR, February 2018 – December 2019

### **Lead Pediatric Clinician for Soy Sano/ I'm Healthy Grant**

National University of Natural Medicine Portland, OR, January 2017 – September 2017

## II. EDUCATION

### **Doctor of Naturopathic Medicine**

National College of Natural Medicine (NCNM), Portland, OR, Class of 2015

- Completed an accredited doctoral program of coursework and clinical practice in naturopathic medicine. Training included nutrition, pharmacology, botanical medicine, behavioral health, and minor surgery.

### **Bachelor of Science, Recreation and Parks Management, *Summa Cum Laude***

University of North Carolina at Greensboro, Greensboro, NC, Class of 2008

- Concentration in Therapeutic Recreation; Minor in Psychology
- Completed coursework and a clinical internship in Wilderness Therapy that was consistent with national therapeutic recreation certification standards.

## III. GRADUATE MEDICAL EDUCATION (RESIDENCY)

National University of Natural Medicine, Portland, OR, 2015 – 2018, *Chief Resident 2017-2018*

- Completed three years of residency as certified by the Council on Naturopathic Medicine Education. Clinical focus on pediatrics, behavioral health, and primary care within an academic setting.
- Facilitator for weekly Grand Rounds for 2016-2017 academic year

### Resident External Rotations and Student Preceptorships:

- *Children's Developmental Health Institute*: Developmental and Behavioral Pediatrics; 40+ hours
- *Children's Naturopathic Centre*: Pediatric Chronic Illness and Developmental Health; 100+ hours
- *Integrative Pediatrics & Pediatric Urgent Care*: Pediatric Primary Care; 150+ hours
- *Oregon Health Sciences University (OHSU)*: Newborn Care; 10 hours
- *Outside-In*: Community Based Health Center; 200+ hours

## IV. CONTINUING EDUCATION

- Child & Adolescent Psychiatry Redefined Symposium - 2022
- Inflammatory Brain Disorders Conference - 2021
- Developing Equity Leadership Through Action (DELTA), OHA 6 month training - 2021
- 15<sup>th</sup> Annual Pediatric Review at OHSU – 2020
- Managing Autism and Developmental Disabilities: An Update for Primary Care – 2020
- OHSU ECHO – Pediatric Psychiatry – 2020
- Youth Suicide Prevention in Telemedicine – 2020
- OHSU Pediatric Mental Health Conference – 2018, 2020, 2022
- NUNM Integrative Mental Health Conference – 2017, 2020
- Pediatric Association of Naturopathic Physicians Conference – 2019
- Oregon Association of Naturopathic Physicians Annual Conference – 2019
- Northwest Immunization Conference – 2019
- Oregon Pediatrics Society: Adolescent Mental Health & Suicide Prevention – 2019

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- Institute of Women's Health and Integrative Medicine, Pediatrics Conference – 2015, 2019
- Medical Academy of Pediatric Special Needs Conference – 2018
- Oregon Pediatrics Society Annual Conference – 2017, 2018, 2022
- Columbia River Eating Disorder Network Annual Conference – 2015, 2018
- AAP PREP: The Course – 2017
- Autism One Conference – 2017
- Randall Children's Hospital Pediatric Emergency and Critical Care Conference – 2017
- Kartini Eating Disorder Treatment Center Clinical Teaching Day – 2017
- Applied Suicide Intervention Skills Training (ASIST) – 2015
- NCNM Autism and Attention Deficit Hyperactivity Disorder Conference – 2015
- National Alliance on Mental Illness Basics Course – 2015
- NCNM Pediatrics Conference -- 2011, 2013

## V. PRESENTATIONS

- 2021 *Suicide Prevention for Adolescents*: OHSU Partnership for Scientific Inquiry
- 2020 *Adolescent Suicide Prevention*: NUNM Integrative Mental Health Conference
- 2020 *Adolescent Suicide Prevention*: Annual Convention for the American Association of Naturopathic Physicians
- 2019 *Adolescent Suicide Prevention*: Pediatric Association of Naturopathic Physicians Conference
- 2019 *Pediatric & Adolescent Medicine in Primary Care*: Oregon Association of Naturopathic Physicians Annual Conference
- 2019 *Adolescent Suicide Prevention*: Institute of Women's Health & Integrative Medicine Pediatrics Conference
- 2018 *Lean In: An Experiential Workshop for Clinical Communication*, NUNM
- 2017 *Pediatric Well Child Checks and Case Discussion*, NUNM Grand Rounds
- 2017 *An Introduction to Naturopathic Medicine and An Approach to the Pediatric Patient*, UC Davis Pre-Health Conference
- 2017 *National Alliance on Mental Illness: Basics for Providers*, NUNM & NAMI Collaboration
- 2015 *Integrative and Interprofessional Roles in Education*, Pacific University
- 2016 *Staying Healthy Naturally*, Multnomah County Fix-It Fair
- 2013 *Using Person First Language in an Inclusive Clinic*, NUNM Community Hour

## VI. PUBLICATIONS

Amanda Watters, Richard Barrett, ND, Otitis Media with Effusion, A Case Report and Literature Review, *Naturopathic Doctor News & Review*, (2014), online edition. <http://ndnr.com/bacterialviral-infections/otitis-media-with-effusion/>

## VII. PROFESSIONAL ASSOCIATIONS

- Oregon Association of Naturopathic Physicians – Member
- Pediatric Association of Naturopathic Physicians – Member, Board Member (2018-2020)
- Oregon Pediatrics Society – Affiliate Member
- American Academy of Pediatrics, Section on Integrative Medicine – Affiliate Member

## VIII. HONORS & AWARDS

- NUNM Making a Difference Inspiration Award, 2015
- 2<sup>nd</sup> place in the NDNR Annual Student Writer's Scholarship, 2014
- Dr. Joshua Berry Memorial Scholarship Award Recipient, 2013
- Paul C. Bragg Scholarship Award Recipient, 2012

## IX. LICENSES & CERTIFICATES

- Oregon Naturopathic Medical License #3022, Active DEA License and NPI
- Current America Heart Association BLS Certificate