

Jennifer Brusewitz N.D.

Employment

National University of Naturopathic Medicine
Portland, Oregon

Adjunct Academic Faculty

Faculty member in the Master of Science in Oriental Medicine program. 2017-Present
Faculty member in the Master of Science in Nutrition program. 2014-Present

Adjunct Clinical Faculty

Attending physician at NUNM Health Center and community clinics. 2006–Present

Naturopathic Physician

Areas of focus include women’s health, gastrointestinal disorders, transgender health, chronic & degenerative disease. Treatment modalities focus on Nature Cure therapeutics, food as medicine, lifestyle modification, botanicals and homeopathy. 2000-Present

Pettygrove Classical Chinese Medicinary Manager

Maintain daily operation of the clinic’s medicinary, develop and implement policy & procedure, track revenue, oversee staff. 2002–2009

Resident Physician

2-year appointment as a resident clinical supervisor. 2000-2002

Education

School of Traditional Western Herbalism 2011-2012
Advanced training with Matthew Wood, Portland, Oregon

Evidence-Based Medicine Short Course 2011-2012
National College of Natural Medicine, Portland, OR

Life Blessing Institute, Oregon City, OR 2011-2012
Mentor training – Girls Rites of Passage Curriculum

Oregon College of Oriental Medicine, Portland, OR 2002–2006
Coursework in Acupuncture and Oriental Medicine

National College of Naturopathic Medicine, Portland OR 2000-2002
Two-Year Naturopathic Residency – Family Practice

National College of Naturopathic Medicine, Portland OR 1996-2000
Doctor of Naturopathic Medicine. Qi Gong Certificate.

University of Wisconsin, Madison WI 1985–1989
B.S. in History and Art. Dean's Honor List 1988-1989

Publications

"Nature Connection and Deep Breathing: Therapies for Optimal Digestion and Overall Health," Naturopathic Doctors News and Review, January 2017.

"Neuropathy and Long-Term PPI Use: A Case Study," Naturopathic Doctors News and Review, February 2016.

"Fibromyalgia: A Case for Nature Cure in a 43-year-old Female," Naturopathic Doctors News and Review, January 2015.

"Malignant Brain Tumors Associated with Mobile and Cordless Phone Use," Natural Medicine Journal, November 2014.

"A Case of Peptic Ulcer Disease: Healing the Digestive Tract with Traditional Naturopathy," Naturopathic Doctors News & Review, January 2014.

"Whole-fat Dairy Consumption Associated with Lower Metabolic Risk Factors and Lower Incidence of Diabetes," Natural Medicine Journal, March 2012.

"Applying Traditional Dietary Principles to Heal Modern Digestive Distress," Naturopathic Doctors News & Review, March 2012.

"Cell Phone Exposure Shown to Increase Brain Glucose Metabolism," Natural Medicine Journal, June 2011.

Certifications, Affiliations and Honors

Licensed Naturopathic Physician - Oregon Board of Naturopathic Medicine

Member of the Weston A Price Foundation

Member of Physicians for Social Responsibility

Benedict Lust Faculty Award, NCNM 2011

Vanguard Faculty Appointment, NCNM, 2011-2015, funded by NIH R25 Grant