



COLLEGE OF
Classical Chinese Medicine



The College of Classical Chinese Medicine is committed to transmitting the art, science and spirit of Chinese medicine to cultivate clinical practitioners rooted in the ancient tradition of the medical scholar.

COLLEGE OF

Classical Chinese Medicine

Becoming a Chinese medicine practitioner is transformative.

Transform your heart and life as you explore your passion for healing at NUNM. Founding Professor Dr. Heiner Fruehauf designed the College of Classical Chinese Medicine to honor the ancient roots of Chinese medicine, and strengthen the contemporary connection to the extensive history of theory, scholarship and clinical experience underlying the modern TCM approach. We believe that the most powerful and clinically mature expression of this medicine comes from integrating modern biomedical advances into the more complex and comprehensive framework of this ancient whole-systems science.

The College of Classical Chinese Medicine (CCM) is a wonderfully diverse yet exceptionally cohesive community devoted to the classical traditions. Our faculty include world-renowned scholars of the classical texts of Chinese medicine, and CCM practitioners with an average of 20 years of clinical experience. Through their expert guidance, all CCM students gain a classical orientation to the medicine. DSOM students, in addition, learn to read the classical texts of Chinese medicine in the original language, with the aim of gleaning clinical insights leading to enhanced patient health outcomes.



MASTER OF SCIENCE IN Oriental Medicine

The Master of Science in Oriental Medicine (MSOM) degree is a four-year program in which students are immersed in the classical foundations of the medicine, receive a holistic education in Western biomedical sciences, and are trained in the clinical application of the major modalities of herbal formulation, acupuncture, moxibustion, Asian bodywork, qigong and nutrition. The curriculum has a strong focus on personal and professional cultivation to optimize students' proficiency as practitioners, and to support their health as they progress through school.

The MSOM program provides:

- One of the most comprehensive classical Chinese medicine degrees in the world
- A solid foundation in classical theory, including conceptual grounding in the classical texts of the medicine
- Training in the broadest spectrum of modalities within the scope of classical Chinese medicine, including classical acupuncture, herbal prescription and bodywork
- Strong training in biomedicine, with an emphasis on how to apply biomedical knowledge within the more expansive framework of whole-systems science
- A strong emphasis on personal and professional cultivation, including weekend qigong retreats held at hot springs, ancient forest and mountain locales
- Lineage-style mentorship opportunities

For complete program details, please visit num.edu.

The MSOM degree is accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and qualifies graduates to apply for licensure in Oregon and other states, and to take all of the AOM examinations administered by NCCAOM—used in most states as the basis for licensure.



"I found NUNM to be very friendly and the opportunity to receive clinical training at community clinics appealed to my social consciousness. It was rigorous, but one of the best medical educations I could imagine."

—Gibran Ramos, ND, MSOM ('09)

Dr. Ramos has practiced at Portland's Kwan-Yin Healing Arts Center, an integrative medical clinic, since 2011. Portland Monthly magazine named him one of the city's top acupuncturists in its 2014 "Top Docs" issue.



DOCTOR OF SCIENCE IN

Oriental Medicine

The Doctor of Science in Oriental Medicine (DSOM) degree is a four-year program within which the MSOM program is fully nested. In addition to achievement of the MSOM competencies, DSOM students cultivate the capacity to directly access the profound level of knowledge and wisdom in the classical texts of Chinese medicine. They journey on the path of the scholar-practitioner, committed to applying ancient knowledge in the service of enhanced clinical outcomes. With a patient-centered focus, students attain the competencies required to integrate their classical knowledge, skills and values into the broader healthcare system through effective communication, education and collaboration.

In addition to what is listed for the MSOM program, the DSOM program provides:

- Instruction by world-class scholars on how to read (in the original characters) and evaluate translations of the classical texts of Chinese medicine, including the *Huangdi Neijing*, *Shanghanlun* and *Jingui Yaolüe*



- Mentored training in how to apply knowledge from the classical texts in modern clinical practice
- Cutting-edge inquiry into how to bridge, correlate and communicate Eastern and Western ways of understanding health and disease
- A whole-systems approach to inter-professional collaboration
- A four-year course series emphasizing reflective learning, appreciative inquiry, and self-awareness exercises to promote personal engagement with the curriculum and support professional development
- A mentored process through which students create and complete a doctoral capstone project

For complete program details, please visit numm.edu.

Graduates of the DSOM program have completed all of the requirements of the MSOM program, and therefore also receive the MSOM degree. The DSOM and MSOM degrees are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and qualify graduates to apply for licensure in Oregon and other states, and to take all of the AOM examinations administered by NCCAOM—used in most states as the basis for licensure.

“NUMM felt like the best fit, with its emphasis on inner cultivation, its abundance of modalities, and its promotion of classical texts. We have access to an amazing range of top-notch practitioner-scholars.”

—Ryan Gallagher, DSOM, MSOM ('17)

Dr. Gallagher practices acupuncture and classical Chinese herbalism at Wildwood Health Center, an integrative clinic in Portland, Maine.



CAREER DEVELOPMENT AND OUTCOMES

Start with the end in mind. We prepare you for a lifelong practice of healing, and our goal is to ensure our graduates are competitive in their career by defining their objective and pursuing it through adaptability and focus.

Our career center offers customized one-on-one career and business development support to launch your career. We will guide you through developing a resume and/or curriculum vitae, and creating elevator pitches, career plans and business plans.

Our CCM graduates move into fulfilling careers of practice, publishing, teaching and more, including:

- Private practice in the field of acupuncture and Chinese medicine
- Practice in integrative care centers with conventional providers
- Research, publishing and teaching in the AOM profession
- Specialties in oncology care, fertility treatment, pain management and more

MSOM and DSOM—Four-Year Program

DSOM students take all the MSOM courses, plus the courses marked with an asterisk.

FIRST YEAR		CREDITS	THIRD YEAR		CREDITS
Introduction to the College of Classical Chinese Medicine		1.00	Clinical Medicine I – III		12.00
Foundations of CCM I – III		6.00	Advanced Acu-Moxa Techniques I & II		3.00
Chinese History and Culture I		1.50	Applied Palpation and Perception I		1.50
Chinese Diagnostic Techniques I & II		3.00	Chinese Medical Psychology I & II		4.00
Acu-Moxa Points I – III		6.00	Biomedicine IV – VI		12.00
Acu-Moxa Techniques I – III		5.00	Nutrition		2.00
Palpation and Perception I – III		4.50	Herbs VI with Practicum		3.00
Herbs I – II with Practicum		6.00	Clinical and Physical Diagnosis		1.50
Evidence-Informed Practice		2.00	Public Health Policy		2.00
Qigong I – III Retreat with Practicum		6.00	Qigong VII – IX Retreat with Practicum		6.00
Introduction to Clinic		0.75	Clinical Case Presentation I – III		3.00
Introduction to Clinical Observation		1.00	Clinical Mentoring Rotation I – VI		12.00
Business of Chinese Medicine I		1.50	Clinical Pre-Internship Rotation		1.00
*Chinese History and Culture II – III		3.00	Business of Chinese Medicine III		1.50
*Classical Texts I – III		9.00	*Classical Texts IV – VI		6.00
*Imaginal and Experiential Inquiries I – III		1.50	*Imaginal and Experiential Inquiries VII – IX		1.50
			*Advanced Cosmology and Symbolism I – III		6.00
SECOND YEAR		CREDITS	FOURTH YEAR		CREDITS
Cosmology and Symbolism I – III		6.00	Traditional Mentorship Tutorial I – III		6.00
Chinese Pathology I – III		6.00	Acu-Moxa Board Review		1.00
Acu-Moxa Points IV – VI		6.00	Herbs Review/Medicinary Practicum		1.50
Auricular Points		1.25	Practitioner Cultivation II		1.50
Acu-Moxa Techniques IV – VI		6.00	Physiology of Acupuncture		1.00
Asian Bodywork		1.50	Taiji I – III Practicum		4.50
Practitioner Cultivation I		1.50	Internship Case Presentation I – II		2.00
Herbs III – V with Practicum		9.00	^Clinical Internship Rotation I – IX		18.00
Biomedicine I – III		10.00	Business of Chinese Medicine IV		1.50
Acu-Moxa Anatomy I & II		2.50	Community Education		0.50
Immunology		3.00	*Collaborative Care Case Presentation		1.00
Qigong IV – VI Retreat with Practicum		6.00	*Collaborative Care Rotation		2.50
Clinical Observation Rotation I – III		6.00	*Imaginal and Experiential Inquiries X – XIII		2.00
Business of Chinese Medicine II		1.00	*Doctoral Capstone Tutorial		1.00
*Classical Texts VII – IX		6.00	*Doctoral Capstone Mentorship		2.00
*Imaginal and Experiential Inquiries IV – VI		1.50	*Healthcare Landscape		1.00
			*Eastern and Western Correspondences		2.00
			*CCM View of Biomedicine		1.00

[^]DSOM students take eight Clinical Internship Rotations for a total of 16 credits.

“When we discovered NUNM, we knew immediately we had found what we were looking for, including classical Chinese texts, qigong and taijiquan cultivation, and apprenticeship-style teaching.”

—Joseph Fiala, MSOM ('10), and Emaline Gray, MSOM ('10)

Joseph and Emaline launched The Light Clinic in Kentucky in 2010 where they combine acupuncture and herbal medicine with bodywork, craniosacral therapy and Jungian dreamwork. They lead healing retreats each year on the North Carolina coast.

ESTIMATED PROGRAM COST

For current tuition and fee information, please visit nunm.edu.

Total MSOM Degree Credits		Total DSOM Degree Credits	
Core program credits	213	Core program credits	257
Elective credits	6	Elective credits	10
Total required credits	219	Total required credits	267

ADMISSIONS REQUIREMENTS

Visit nunm.edu for detailed admissions requirements, prerequisites and required documents.

FINANCIAL AID

Graduate school is a significant investment in your future. It is our goal to help you secure financial aid funding that will assist you in helping you achieve your educational goals. More than 96% of students receive some sort of financial aid at NUNM.

VISIT US

To learn more, we invite you to become acquainted with our students, faculty, programs and more. Schedule a tour of NUNM. If natural medicine is your dream, if you want to change the future of health care—we can't wait to meet you!

To arrange a tour with our Admissions team, please visit nunm.edu/tour or call 877.669.8737 or 503.552.1660.



THE BEST BIKE CITIES IN AMERICA

Bicycling Magazine (Oct. 10, 2018)



THE GREENEST CITIES IN THE U.S.
Newsweek (Oct. 15, 2018)



PORTLAND

A haven for green living

Our location in the heart of Portland, Oregon, is ideal. Residents enjoy the benefits and advantages of city living with an emphasis on sustainability. A small city with a big heart, Portland is proud of its reputation for progressive politics and social consciousness. Consistently winning top prizes for sustainability, Portland's innovative urban planning is a model of livability that keeps urban sprawl in check while promoting distinctive, vibrant neighborhoods and luxuriant, tree-filled parks. Its extensive mass transit system

AMERICA'S BEST CITIES FOR VEGETARIANS & VEGANS

Well+Good (Oct. 15, 2018)

is a great complement to the bicycling revolution happening throughout the Portland metro area.



No. 1 TOP 10 BEST FOOD CITIES IN AMERICA

Jetsetter (April 11, 2019)

NUNM's campus is nestled in progressive Portland. **Our students are close-knit**, and you will become part of a group of individuals seeking to transform their own communities through health—naturally.

To treat disease,
you must seek out its root.

—Suwen 5



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