

**YOUPING QIN, Ph.D.**  
National University of Natural Medicine  
049 SW Porter St.  
Portland, OR 97201  
*Phone number: 503-323-0453*  
*E-mail address: yqin@nunm.edu*

## **EDUCATION**

- 2002 Ph.D. (M.D. in China), Chengdu University of Traditional Chinese Medicine (TCM), Chengdu, Sichuan, PRC
- 1999 M.M.Sc. (Master degree of Medical Science), Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984 B.M., Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1979 High School Student, The Fifth High School of Chengdu City, Chengdu, Sichuan, PRC

## **TEACHING AND LECTURING**

- 2001-present Instructor, School of Classical Chinese Medicine and Chair of acupuncture subcommittee, National University of Natural Medicine, Portland, OR
- 1998-01 Associate Professor (Associate Chief Physician), Acupuncture & Tuina College of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984-01 Instructor, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 2000 Visiting Scholar, Shou Zhong School of Classical Acupuncture & TCM, Berlin, Germany  
Clinic & Chinese Herbal Laboratory of Dr. Karl Zippelius, M.D., Florence, Italy  
Clinic of Dr. Dimitris Sifneos, M.D., Paros, Greece  
Clinic of Joseline Chambrin, N.D. Nantes, France
- 1999-00 Accredited Instructor of the “Examinee Class of Traditional Chinese Medicine & Herbology for Intermediate Professional Promotion of Sichuan Province” (held by Health Department of Sichuan Province, PRC)
- 1998 Visiting Scholar, German Association for Classical Acupuncture and TCM  
Hamburg, Rottenburg & Munich, Germany
- 1995 Instructor, Shou Zhong School of Classical Acupuncture & TCM, Berlin, Germany
- 1991-92 Instructor, German Association for Classical Acupuncture and TCM, Tönning, Hamburg, Rottenburg & Munich, Germany
- Visiting scholar, Zurich, Switzerland
- Visiting scholar, Copenhagen, Denmark

## **PROFESSIONAL AFFILIATIONS & LICENSES**

- 2015- present Chair, North America Alumni Association of Chengdu University of TCM

- 2015 as of Jan 1, member of the council of TCMAAA (American Alumni Association of Traditional Chinese Medicine), representing Chengdu University of TCM
- 2004-present NCCAOM Certification, Dipl. AC
- 2001-present LAc., Oregon Medical Board (Board of Medical Examiners, OR)
- 2002 Doctorate & Doctoral Diploma of Medical Science, Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1984-present Licensed Physician in China, Health Ministry of the People's Republic of China
- 2001 Recommendation Certificate as an excellent teacher for Acupuncture & TCM, Laboratory of Chinese Material Medica of Dr. Karl Zippelius, Florence, Italy
- 1999 Master Degree & Diploma of Medical Science, Chengdu University of TCM, Chengdu, Sichuan, PRC  
Trustee of the Institute of Foot Reflex Therapy of Sichuan Province, Chengdu, PRC
- 1998 Certificate for Visiting Lecturer, Association for Classical Acupuncture and Traditional Chinese Medicine R.A., Germany
- 1997-03 Certificate of Honorable Member of Association for Classical Acupuncture and Traditional Chinese Medicine R.A., Germany
- 1990-03 Membership of China Association of Acupuncture, Beijing, PRC
- 1984 Bachelor Degree & Diploma of Medicine, Chengdu University of TCM, Chengdu, Sichuan, PRC

## **CLINICAL EXPERIENCE**

- 2005-present LAc., Private Practice, Golden Needle Acupuncture Clinic, Portland, OR
- 2001-2011 Acupuncturist, LAc., Teaching Clinic of National College of Natural Medicine, Portland, OR
- 1984-01 Licensed physician, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 2000 Acupuncturist & Herbalist, Wasserturmpraxis of Shou Zhong School of Classical Acupuncture & TCM, Berlin, Germany  
Clinic of Dimitris Sifneos, M.D., Paros, Greece  
Clinic of Joseline Chambrin, N.D., Nantes, France
- 1993-01 Private Practice in Shun Cheng Clinic, Physician of Acupuncture & Chinese Herbs, Chengdu, Sichuan, PRC
- 1992-93 Physician-in-charge, Yanyuan County, Yi Minority Autonomous Prefecture, Sichuan, China
- 1991-92 Acupuncturist & Herbalist, Clinic of N.D. Herbert Vater, Tönning, Germany
- 1989-91 Chief Resident, the Teaching Hospital, Chengdu University of TCM, Chengdu, Sichuan, PRC  
In charge of the daily work of Acupuncture Department of the hospital
- 1989 Resident, Neurological In-Patient Department of Sichuan Provincial People's Hospital, Chengdu, Sichuan, PRC
- 1984-88 Resident, Acupuncture Department, the Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC

- 1983-84 Clinical internship, Teaching Hospital of Chengdu University of TCM, Chengdu, Sichuan, PRC
- 1981 Clinical observation, People's Hospital of Pengxi County, Sichuan, PRC

**SCHOLARLY ACTIVITIES (AND RESEARCH)**

- 2017-2018 Co-Organizer and Committee Vice-Chair, The 4th American TCM Congress (Seattle, 2018)
- 2015 Rotating presidency, represent Chengdu University of TCM in TCMAAA
- 2008 Senior Investigator, Research CAMP (922) Project, Helfgott Research Institute, National College of Natural Medicine
- 2007 Research training in EBM, Rocky Mountain Workshop on How to Practice Evidence-Based Health Care, University of Colorado at Denver and Health Sciences Center
- 2005 Taught "Strengthen Vitality to Achieve Longevity" Qigong in SW community, sponsored by Mercy & Wisdom Health Corp. and Tzu Chi Foundation USA (April)
- 2004 EXPO of Body-Mind-Spirit products, April 2004, San Francisco
- 2003 1<sup>st</sup> Academic Exchange Conference of North American Physicians' Association of Chengdu University of TCM, December 2003, Las Vegas
- 2001-2005 adviser of Master Degree Thesis of CCM program of NCNM
- 2003 "Acupuncture analgesia & acupuncture anaesthesia", presentation at "Hygiene A.D.E. Study Club, Oregon Health & Science University", Portland, Oregon, USA
- "Ancient Chinese Secrets of Health"-The practice of moxibustion for health preservation, seminar at New Renaissance Book Store; Portland, Oregon, USA
- 2002 Doctoral research "Laboratory Study on Acupuncture and Moxibustion in Preventing and Treating Rats' Immune Hepatic Fibrosis Induced by Porcine Serum", Chengdu University of Traditional Chinese Medicine, PCR
- 2001 "Epilepsy under Acupuncture Treatment", Scholarship of DAAD for the cooperative research project between Fridrich-Alexander Nürnberg-Erlangen University, Germany and Chengdu University of Traditional Chinese Medicine
- 2000 Scientific research on the Chinese Herb Preparations of Classical Chinese Orthopedics, Laboratory of Chinese Material Medica of Dr. Karl Zippelius, Florence, Italy
- Study on the Influence of Chinese Herbal Formula "Ling Qi Chloasma-Dispersing Formula" to Human Epidermic Melanocyte in Synthesizing Melanin
- Attended **BEIJING' 2000 International Congress On Traditional Medicine**, academic exchange topic: "Exploration of the Laws of Acupoints Selection and Combination Based on Syndrome Differentiation in Treating Convalescent Apoplexy", Beijing, PRC
- 1999 "Systematic Estimation on Bell's Palsy under Acupuncture Therapeutics & Clinical RCT Study"  
 "Develop of Teaching-Assist Multi-Media of Acupuncture & Moxibustion"  
 Chengdu University of Traditional Chinese Medicine, PRC

- 1998 Research work of Master Degree: "Exploration of the Laws of Acupoints Selection and Combination Based on Identification of Syndromes in Treating Convalescent Apoplexy"  
 Attended the 29th Congress (annual meeting) of German Association for Classical Acupuncture and TCM, academic exchange topic: "Bi Syndrome" (rheumatic diseases), Rottenburg, Germany
- 1997 "Clinical Observation on 60 Clinical Cases of Convalescent Apoplexy Treated by Moxibustion", Teaching Hospital of Chengdu University of TCM, PRC  
 Attended '97 Sichuan Zhongjing Academic Conference of Shang Han Lun, academic exchange topic: "Clinical Observation on 39 Cases of Biliary Ascariasis Treated by Acupuncture"
- 1996 "Clinical Studies on the Treatment of Chloasma with Application of Chinese Herbs on Point Shenque (CV8)", Chengdu, PRC
- 1995 "Clinical Studies on 'Jiang Qi Chloasma-Dispersing Formula' in treating Chloasma", Chengdu, PRC
- 1993 "Study on the Mechanism of Visual Improvement by Acupuncture & the Relationship Between Eyes and Twelve Regular Meridians", Chengdu University of Traditional Chinese Medicine, PRC
- 1992 Attended the 23rd Congress (annual meeting) of German Association for Classical Acupuncture and TCM, Academic exchange topic: "Chinese Scalp Acupuncture", Rottenburg, Germany
- 1991 Clinical Observation on the Combination Treatment of Acupuncture & Homeopathy, Tönning, Germany
- 1988 Multi-Functional Vacuum Instrument for the Therapeutics of Acupuncture and Moxibustion, Teaching Hospital of Chengdu University of TCM, PRC

#### **ACCREDITATION EXPERIENCE**

- 2002-2008 Interviewer for the CCM Admissions of NCNM
- 2002 & 1999 Examiner for the final enrolling test of doctoral student, Acupuncture College of Chengdu University of Traditional Chinese Medicine
- 2000 Secretary of the Evaluation Committee of Doctoral Thesis Defenses, Acupuncture College of Chengdu University of Traditional Chinese Medicine
- 1999-00 Accredited Instructor of the "Examinee Class of Traditional Chinese Medicine & Herbology for Intermediate Professional Promotion of Sichuan Province" (held by Health Department of Sichuan Province, PRC)

#### **HONORS AND AWARDS**

- 2007 Vanguard award issued by the Helfgott Research Institute (NCNM) for attending Rocky Mountain Workshop on How to Practice Evidence-Based Health Care, University of Colorado at Denver and Health Sciences Center
- 2004 Making A Difference Award ("Zhang Zhongjing"), 2004 – for the contributions to NCNM and Holistic Medicine
- 2002 One of the members of the best faculty winner of the Best of the West 2002 awards program of The Traditional Chinese Medicine World Foundation

- 2002 An award nominated as a part of Making A Difference from National College of Naturopathic Medicine
- 2001 Yearly “**HOIST SCHOLASHIP**” of Chengdu University of Traditional Chinese Medicine
- 1994 Awards (¥1000) for Scientific & Technological Thesis of the Teaching Hospital of Chengdu University of TCM (articles: "Kidney-Brain-Ren Du Circulation & CNS Diseases" and "China Scalp Acupuncture")

## PUBLICATIONS

- 2008 “Magnets Applied to Acupuncture Points as Therapy, A Literature Review,” *Acupuncture in Medicine*, 2008 No.26(3):160-170. (Co-author, translator)
- 2006 "Clinical Application of Bahuang Points", 《The Journal of Chinese Medicine》, 2006; No.81 (6): 44
- 2002 "Laboratory Study on Acupuncture and Moxibustion in Preventing and Treating Rats’ Immune Hepatic Fibrosis Induced by Porcine Serum", 2002 Collection of Doctorate Thesis of Chengdu University of Traditional Chinese Medicine (China State Library)
- 2002 Editor of 《Advanced Series of TCM Science of Prescriptions Formula for Rectify the Blood》, People’s Health Publishing House, 5.2002
- 2001 " Anticipating a New Medical System Based on the History of Classical Chinese Medicine and Western Medicine", 《Journal Of Sichuan Continuing Education College Of Medical Sciences》, 2001; 20 (1):73
- 2000 "Exploration of the Laws of Acupoints Selection and Combination Based on Syndrome Differentiation in Treating Convalescent Apoplexy" 《Abstracts Of International Congress On Traditional Medicine (Beijing 2000)》, p369,04.2000
- 2000 《English for TCM》, Editor; Sichuan University Publishing House, 09.2000
- 2000 "Clinical Observation on 45 Cases of Postapoplectic Frozen Shoulder under Acupuncture & Moxibustion Treatment" 《Journal Of Clinical Acupuncture and Moxibustion》, 2000; 16(10):25
- 2000 "Appling Vaccariae Semen On Ear Points In Treating 32 Cases Nausea & Vomiting Caused By Using Erythromycin" 《Journal Of Clinical Acupuncture And Moxibustion》,2000;16 (11):32
- 1999 "Exploration of the Laws of Acupoints Selection and Compatibility Based on Identification of Syndromes in Treating Convalescent Apoplexy", 1999 Collection of the Thesis of Master Degree of Chengdu University of Traditional Chinese Medicine (China State Library)
- 1998 "Clinical Observation on the Treatment of 58 Cases of Convalescent Apoplexy with Moxibustion", 《TCM IN SICHUAN》, 1998; (12):53
- 1998 “Report of 125 Cases of Acute Soft Tissue Injury Treated by Using Ashi Point" 《Journal Of Sichuan Continuing Education College Of Medical Sciences》, 1998; 17 (4):225
- 1998 "Clinical Studies on the Treatment of Chloasma with Application of Herbs on Shenque (CV8) " 《ACUPUNCTURE RESEARCH》,1998;23(2):109
- 1998 "39 Cases Biliary Ascariasis Treated by Acupuncture" 《TCM IN SICHUAN》, 1998; 16(3): 50

- 1998 "Method of Replenish Yin & Essence in treating Osteoporosis" 《Journal Of Sichuan Continuing Education College of Medical Sciences》, 1998; 17 (4):257
- 1997 "Clinical Studies on the Treatment of Chloasma with ‘Jiangqi Formula of Chloasma-Transforming ’” 《Journal Of Sichuan Continuing Education College Of Medical Sciences》, 1997;16(4):208
- 1997 "Clinical Observation on 40 Cases of Herpes Zoster Under the Combination of Internal & External Treatment of TCM" 《Journal Of Sichuan Continuing Education College Of Medical Sciences》 1997;16(2):81
- 1996 "TCM Differential Treatment on 120 Cases of Profuse Menstruation" 《Journal Of Chengdu University Of TCM》, 1996; 19(4):208
- 1995 "50 Cases of Acute Ankle Strain under Needling on Ashi Points” 《TCM IN SICHUAN》, 1995 ; (7):53
- 1994 Translator and Instructor of "NEEDLE TECHNIQUES FROM THE ‘HUANG DI NEI JING’" – Mr. Ramon Velleman’s Master Degree Thesis of Acupuncture College of England
- 1993 "Die Ren-Du-Zirkulation" 《VOLKSHEIKUNDE》 (Naturopathic Medical Magazine of Germany), 1993; (1-3)
- 1993 "Akupunktur der Kopfhaut" 《VOLKSHEIKUNDE》 (Naturopathic Medical Magazine of Germany), 1993;(8-10)

### **SPECIAL PROJECTS**

- 2015 Participant of CNSF (China Natural Science Funds) Project: Item # 81373891; Director: Professor Junsheng Song; Project Name: Research on Establishing the Evidence-based Policy of Treating Chronic Diseases With the Formulae from “Treatise on Febrile and Miscellaneous Diseases”, by utilizing The Theory of Multilevel Evidence Integration. Sep, 2015, China
- 2006 Clinic Open house of specialty in Orthopedics, First Ave. clinic
- 2001-2005 Volunteer (as a pulse & tongue reader) of Open House of Pettygrove Clinic of NCMN
- 2003 Public Service at the event of National Acupuncture Day of USA, Oct. 24 2003, Portland
- 2000 Volunteer in Group 83rd of "China Hundred Teams of Doctoral Students" for Sending Culture, Science & Technology and Health to the Rural Area (See: CHINA YOUTH DAILY, 07/04/00)  
The Missions: health training program, clinical instruction and clinical services
- 2000 Emendator of the encyclopedia - "China Canon • Canon of Medicine & Health • Medical Classics • Acupuncture Pandect • Taboos in Acupuncture and Moxibustion"

### **CONTINUING EDUCATION ATTENDED**

- 2018 Healthcare Provider CPR Training, Sep 2018, American Heart Association, Just in Time Training, Portland, OR.
- 2018 The 4<sup>th</sup> American TCM Congress, Aug 4-5, 2018, Seattle, USA (16 PDA’s/CEU’s)
- 2016 The 2<sup>nd</sup> American TCM Congress, Dec3-4, 2016, Tucson, AZ USA (18 PDA’s/CEU’s)
- 2015 Clinical Apprenticeship, tutored by Professor Yuanmou Fu (Chengdu University of TCM), 40 hours, Aug 31 – Sep 5, 2015, Chengdu, China

- 2015 Healthcare Provider CPR Training, Jun 2015, American Heart Association, NCM, Portland, OR.
- 2014 Certificate from Physician's Resource upon two hours OSHA COMPLIANCE PROGRAM, two hours, Nov 24, 2014, NCM, Portland, OR
- 2013 Certificate from Physician's Resource upon two hours OSHA COMPLIANCE PROGRAM, two hours, Nov 27, 2013, NCM, Portland, OR
- 2013 Certificate of Participation, Sacred Mountain Retreat, Dr Wu's Clinical Training in Classical Formulas, Two weeks, 45 PDA Points awarded, August-September 2013, Hai Shan Center, Inc., Xian, China.
- 2013 Certificate of Taiji Bagua Qigong & Sound Healing, Tutored by Master Zhongxian Wu, Apr 20-21, 2013
- 2011 Healthcare Provider CPR Training, Nov14, 2011, American Heart Association, Portland, OR.
- Sichuan Provincial Teacher's Training Program on the Four Classics of TCM, September 2011, Adult Education Center of TCM of Sichuan Province, Continuing Education College of Chengdu University of TCM, Chengdu, PRC.
- 2010 Certificate of Participation: First Annual Conference of the International Society for the Study of Classical Acupuncture, Institute for the Study of Classical Acupuncture, July, 2010, Portland, OR.
- Chinese Medical Classics Course, September, 2010, Sichuan Administration Bureau for Chinese Medicine, Fundamental Medical College of Chengdu University, Chengdu, PRC.
- Qianyuan Chinese Shamanic Qigong and Taiji Training: 12 Animals and Mudras Qigong, 12 hour Workshop, December, 2010.
- 2009 Healthcare Provider CPR Training, 2009, American Heart Association, Portland, OR.
- National Teacher's Training in Fundamental Theory, September 2009, Higher Education Instructional Committee of TCM China Ministry of Education, Fundamental Medical College of Chengdu University of TCM, Chengdu, PRC.
- 2008 CE Lecture: The Principles and Application of Chinese Medicine, Dr Xianen Wang, National College of Natural Medicine, Portland, OR.
- SPARC 2008: Symposium for Portland Area Research on Complementary and Alternative Medicine, May, 2008, Oregon Health and Science University, Portland, OR.
- 2007 Research training in EBM, Rocky Mountain Workshop on How to Practice Evidence-Based Health Care, University of Colorado at Denver and Health Sciences Center  
CPR and OSHA training
- 2006 SPARC: Symposium for Portland Area Research on Complementary & Alternative Medicine  
Approved by NCM-6 Continuing Education Lecture hours
- Apprenticeship with Professor Zuohui Wen, for Advance Tai Ji Quan Training, Chengdu, PR china
- CRP Training, 2006, American Heart Association
- 2004 Lecture ("The Philosophical Principles of CCM"), from Prof. Zhongjia Deng, Chengdu University of TCM

- 2003 Academic Exchange Conference of Dr. Stephen Bezruchka's lecture: *"What Makes a Population Healthy?"*  
(Monday, March 24, 2003; Portland State University, Hoffmann Hall)
- Acupoints Research Class, under the supervision of Dr. Heiner Frühauf, Ph.D., National College of Naturopathic Medicine, Portland, Oregon
- Training from Dr. Andrew Belange,
- 2002 98' Sichuan (China) Course in Health Promotion and Education for Health, Chengdu, PRC
- 1999-02 Doctorate education, The College of Acupuncture & Tuina, Chengdu University of TCM
- 1984-2001 Participated in the Program of Annual Continuing Education of the Teach Hospital of Chengdu University of TCM, Chengdu, PRC
- Participated in the Program of Annual Continuing Education of the Chengdu Association of Medical Science, Chengdu, Sichuan, PRC
- 2000 Attended International Congress on Traditional Medicine (**BEIJING 2000**), Beijing, PRC
- 1996-99 Master Degree education, Chengdu University of TCM
- 1998 Attended the 29<sup>th</sup> annual meeting of German Association for Classical Acupuncture and TCM, Rottenburg, Germany
- Exchange Conference of Academic Thought of Dr. Zhang Zhongjing, Chengdu, Sichuan, PRC
- 1997 Attended '97 Sichuan Zhongjing Academic Conference of Shang Han Lun, academic exchange topic: "Clinical Observation on 39 Cases of Biliary Ascariasis Treated by Acupuncture"
- 1996 Attended Chengdu 96' International Conference of TCM, Chengdu, Sichuan, PRC
- 1992 Attended the 23<sup>rd</sup> annual meeting of German Association for Classical Acupuncture and TCM, Rottenburg, Germany
- 1989 Advanced study of Internal Neurological Medicine, Neurological In-patient Department of Sichuan Provincial People's Hospital, Chengdu, Sichuan, PRC