# **IS YOUR GUT HEALTHY?**

# Are you interested in your immune system?

Helfgott Research Institute is conducting a study on Small Intestine Bacterial Overgrowth, or SIBO.

#### To qualify, you must be:

ilBO Study. Please call

- Between 18-65 years old
- NOT diagnosed with Inflammatory Bowel Disease, SIBO, Celiac Disease or lactose intolerance
- NOT experiencing symptoms that include diarrhea, bloating, and constipation
- Willing to take a 3-hour breath test with a 1-day dietary restriction, in addition to one blood draw
- Able to participate in 1 phone call and 1 in-person study visit

## Receive a free food sensitivity test and a \$20 gift card

### Interested? Call 503.552.1884



IRB #102114

| 503.552.1884                             |  |
|--|--|
| SIBO Study. Please call:<br>503.552.1884 |  |
| SIBO Study. Please call:<br>503.552.1884 |  |