

**NEEDLESTICK or BLOOD-BORNE PATHOGEN POST-EXPOSURE PROTOCOL**

Follow the guidelines listed below if a **student, staff, or faculty member** has a:

# percutaneous injury (needlestick or cut) from a contaminated instrument.

* **mucous membrane (splash to eye, nasal mucosa or mouth) exposure to body fluids**

1. Immediately wash the exposed area with soap and water. Mucous membranes should be flushed with water or sterile saline for 10 minutes.
2. Inform the source patient of the incident without revealing the identity of the exposed individual. **Keep the source patient in the health center** until they have been asked to consent for a blood draw at NUNM. (The lab has a standing order for post-exposure testing AT NO COST to the source patient.)

# Immediately report the exposure to the supervising faculty member or employee’s supervisor.

1. **The supervisor must fill out an on-line NUNM Incident Report** which is found on the NUNM web site ([www.NUNM.edu](http://www.ncnm.edu/)) in the gray footer at the bottom of every page. *Select Exposure and Incident Forms and also the Incident Reporting Form. When redirected to the Advocate Incident Reporting site, choose “Bloodborne Exposure Report” under Reporter Type.* Include the route of exposure and the source individual, if known.
2. **The supervisor must also immediately call the Exposure Control Officer** (Chief Medical Officer) with the exposed student/staff/source individual’s names and phone numbers.

Contact information: **Dr. Jessica Nagelkirk, Chief Medical Officer**

503-552-1874 (office)

906-235-5950 (cell)

1. If the exposure occurs during NUNM Clinic business hours, send the student/staff and source individual to the NUNM Lab to have their blood drawn immediately or ASAP.
   1. Give the **source patient Form B and the exposed patient Form C (Consent for Laboratory Testing)**. If the source patient or exposed individual refuses to consent to having their blood tested, document any contact/conversation and include it in the incident report.
   2. The **HIV test** is done in house and the **results are back within 30 minutes**.
   3. The **hepatitis panel** will be sent out and **results are back within 2-4 days**.
2. If the exposure occurs when the NUNM Lab is closed, or at an off-site facility and the patient is unable to get to the NUNM Lab, give the student/staff and source individual the **Off-Site Testing Form (Form D)** instruction sheet. Ask the student/staff/source individual to present the form to the front office personnel at an urgent care or emergency department for a blood draw at no cost to themselves ASAP.

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*Adopted from the US Dept of Labor OSHA*

1. The student, staff or faculty member is requested to **return to the lab at 2 weeks, 6 weeks, 3 months, 6 months and 1 year following the incident for follow-up free HIV and Hepatitis panel testing** (OSHA panel follow-up).
2. Lab results are sent to the Exposure Control Officer and kept on file.
3. All HIPAA and, in the case of student exposure, FERPA rules regarding confidentiality of the source patient’s and NUNM student, staff or faculty member’s protected health information will be followed.
4. The Exposure Control Officer will confirm that the Human Resources Director records the incident in the “Log of Work-Related Injuries and Illnesses” in the NUNM OSHA manual.
5. The Exposure Control Officer will conduct follow-up procedures and review the test results with the exposed student/staff/source individual. The student/staff/source individual may begin post-exposure prophylactic treatment with the provider of their choice. The Exposure Control Officer will explain all options to the exposed student/staff/source individual.

**Refusal of Medical Evaluation, Exposure Testing and Post- Exposure Prophylaxis**

If the student, staff or faculty member refuses to be tested, he/she must fill out the **"Medical Evaluation Refusal" form (Form E)** and make 2 copies. They should keep the original and give one copy to the Interim Exposure Control Officer (Dr. Melanie Henriksen). Students should give the second copy to the Dean of Students. Employees should give the second copy to the Director of Human Resources.

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*Adopted from the US Dept of Labor OSHA*