

Kimberly D. Queen, BS, DC, MS, CNS, DACBN

Doctor of Chiropractic
Diplomate, American Clinical Board of Nutrition
Board Certified Clinical Nutritionist

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PROFESSIONAL CHRONOLOGY

- Aug 2018-Present Assistant Professor, Master of Science in Nutrition Program. School of Graduate Studies. Andrew Erlandsen, ND, Chairman. National University of Natural Medicine, Portland OR.
- Apr 2018-Present Programs Review Committee. American Clinical Board of Nutrition. Reviewing and approving nutritional education seminars to meet the ACBN eligibility and continuing education requirements.
- Oct 2017-Present Item Writing Committee Member, Examination Development Council. Board for Certification of Nutrition Specialists, Hinsdale IL.
- Mar 2017-Present Adjunct Faculty, Division of Chiropractic Sciences. Betsy Mitchell DC, DABCO, Chairman. University of Western States, Portland OR.
- Jun 2014-Present Private Practice, Owner. Dr. Queen for Health, 9020 SW Washington Square Road, Suite 500, Portland OR. Physical Medicine. Clinical Nutrition and Functional Medicine.
- Aug 2004 External Reviewer: Delphi Review Committee for Record Keeping. Oregon Practice and Utilization Guidelines, Meridel Gatterman DC, Process Consultant. Oregon Board of Chiropractic Examiners.
- May 2003-Mar 2008 Adjunct Faculty, Division of Clinical Sciences. Community Based Internship Program, Susan Ray-Strom DC, Director. University of Western States, Portland OR.
- Aug 1999-Jun 2014 Private Practice, Owner. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.
- Dec 1998-Jul 1999 Associate Chiropractor. Mary Ann Domm, DC, Beaverton OR.
- Apr 1998-Nov 1998 Associate Chiropractor. Barbara Berkeley DC and Alice Charap DC, San Francisco CA.
- Sep 1997-Dec 1997 Intern. Community Based Internship, Valerie King DC, Portland OR.
- Jan 1996-Aug 1997 Tutor, Neuroanatomy. Division of Basic Sciences, University of Western States, Portland OR.
- Jan 1996-Aug 1997 Tutor, Adjustive Technique. Division of Chiropractic Sciences, University of Western States, Portland OR.
- Sep 1994-Aug 1997 Library Assistant. University of Western States, Portland OR.

- Sep 1995-Dec 1996 Research Assistant. Division of Clinical Sciences, Ron Lefebvre, DC. University of Western States, Portland OR.
- Feb 1986-Apr 1992 Instructor, Kenpo Karate. Women's Kenpo Karate School, San Francisco CA.
- Sep 1989-Sep 1994 Private Practice: Massage Therapist. 211 Church St, San Francisco CA.
- Apr 1983-Aug 1989 Human Resources Representative. Chevron Corporation, San Francisco CA.
- Sep 1982-Feb 1984 Coach, Women's Junior Varsity Basketball. Castro Valley High School, Castro Valley CA.
- Jun 1981-Mar 1983 Manager. Len Martin Corporation, Macy's Distribution Warehouse, Hayward, CA

Education & Degrees

- Nov 2015 American Clinical Board of Nutrition. Diplomate American Clinical Board of Nutrition, No. 238.
- Dec 2015 Board for Certification of Nutrition Specialists, Hinsdale IL. Certified Nutrition Specialist, No.17105.
- May 2015 University of Bridgeport, Bridgeport CT. Master of Science in Human Nutrition, Magna cum Laude.
- May 2010 Northwestern Science University, Bloomington MN. Certificate in Nutrition.
- Jun 1998 University of Western States, Portland OR. Bachelor of Science, Human Biology.
- Dec 1997 University of Western States, Portland OR. Doctor of Chiropractic.
- Jan 1996-Dec 1997 Western States Chiropractic Clinic, Portland OR. Clinical Internship.
- Jun 1991 San Francisco City College, San Francisco CA. Associate in Science.
- Apr 1989 McKinnon Institute of Professional Massage, Oakland CA. Licensed Massage Therapist.
- Sep 1981-Jun 1984 California State University of Hayward, Hayward CA. Physical Education, Athletic Training.
- Jun 1981 Castro Valley High School, Castro Valley CA. High School Diploma.

Licensure

License to Practice Chiropractic, No. 27 3106. Oregon Board of Chiropractic Examiners, State of Oregon.

License to Practice Chiropractic, No. 25920. State Board of Chiropractic Examiners, State of California (inactive).

License to Practice Chiropractic, No. CHIA-864. State of Idaho Bureau of Occupational Licenses (inactive).

Certifications

- Dec 2015 Certified Nutrition Specialist, No.17105. Board for Certification of Nutrition Specialists, Hinsdale IL.
- Sep 1984 Certified Accounting Assistant. Golden Gate University, Chevron Corporation, San Francisco, CA.

Courses

- Feb 28 2018 Dietary Approaches to Treating Multiple Sclerosis: Improving Quality of Life for Autoimmune and Neurodegenerative Diseases. Sponsored by Genova, presented by Dr. Terry Wahls, MD
- Feb 22 2018 Nutrition and Chronic Inflammation Response Syndrome. Sponsored by CNS; Presenter: Andrew Heyman, MD
- Jan 29- Feb 5 2018 The Heavy Metals Summit: Detox Demystified; sponsored by HealthTalks
- Nov 28 2017 Iron and Vitamin D - Impacts on the Microbiome. Vitamins and Minerals RIS of the American Society for Nutrition. Speakers: Michael B. Zimmermann, MD Human Nutrition, ETH Zürich. Jun Sun, PhD Associate Professor University of Illinois at Chicago
- Nov 19 2017 CANCER: Supporting your patients before, during, and after a cancer diagnosis. Presented by: Dr. Richard Powers, DC. Holistic Primary Care
- Nov 12 2017 Reducing Total Toxic Body Burden and Enhancement of Detoxification Pathways, One of The Foundation of Functional Medicine. Presented by: David M. Brady, DC, CCN, DACBN, ND
- Nov 12 2017 Nutritional Support of Optimal Intestinal Health. Presented by: Dr. David M. Brady. Sponsored by: Designs for Health
- Nov 3 2017 The National Nutrition Research Roadmap: Basic Science and Epidemiology of Nutrition. Sponsored by the American Society for Nutrition
- Aug 2017 Hip Joint Rehabilitation. Professional Online Education
- Aug 2017 Rehabilitation of the Shoulder Joint. Professional Online Education
- Jan 25 2016 The Fat Summit. Separating Fat from Fiction. Hosted by Dr. Mark Hyman

Memberships & Affiliations

- American Chiropractic Association
- American Clinical Board of Nutrition
- American Society for Bioethics and Humanities
- Board for Certification of Nutrition Specialist

Academic Appointments

- Aug 2018 Assistant Professor, Master of Science in Nutrition Program. School of Graduate Studies. National University of Natural Medicine, Portland OR.
- March 2017 Adjunct Faculty, Division of Chiropractic Sciences. University of Western States, Portland OR.
- May 2003 Adjunct Faculty, Division of Clinical Sciences. Community Based Internship Program, University of Western States, Portland OR.

Academic Service

- Apr 2018 Programs Review Committee. American Clinical Board of Nutrition. Reviewing and approving nutritional education seminars to meet the ACBN eligibility and continuing education requirements.
- Oct 2017 Item Writing Committee Member, Examination Development Council. Board for Certification of Nutrition Specialists, Hinsdale IL.
- Jul 2017 Clinical Student Assessment Test Development, Standardized Patient Program. Joan O'Connor DC, CSA Coordinator. University of Western States, Portland OR.

Curriculum Development

- Mar 2017 Physiotherapy Modalities, CHR 7163. Curriculum development for lecture and laboratory: Course objectives, meta competencies, and syllabus. Division of Chiropractic Sciences. William Borman PhD, Dean. University of Western States, Portland OR.

Publications

Peer-reviewed articles

- Queen, Kimberly. Understanding the Significance of Aquatic Omega-3 Food Sources in the Nutrition Practice. Nutritional Perspectives, Journal of the Council on Nutrition of the American Chiropractic Association, Vol 39 No 2 April 2016, pp 9-14.

Non-peer reviewed articles

- Queen, Kimberly. A Conservative Therapeutic Approach to Non-Toxic Goiter in a Post-Menopausal Female. University of Bridgeport, September 2013.
- Queen, Kimberly. Complementary Treatment for Diabetes Mellitus Type 2 Using Magnesium, Vitamin E and Vitamin D. University of Bridgeport, June 2013.
- Queen, Kimberly. Defining Macrobiotics: The Macrobiotic Way. University of Bridgeport, March 2013.
- Queen, Kimberly. The LDL-C Numbers Game: How Profit Trumped Science. University of Bridgeport, December 2012.

- Queen, Kimberly. Beat Heart Disease: Eat More Wild Fish. Healthy Lifestyles Newsletter, Spring 2012.
- Queen, Kimberly. The Importance of Quality Sleep for Mental and Physical Health. Healthy Lifestyles Newsletter, Winter 2011.
- Queen, Kimberly. Back to School: Healthy Lunch Ideas. Healthy Lifestyles Newsletter, Fall 2011.
- Queen, Kimberly. The Importance of Quality Exercise. Healthy Lifestyles Newsletter, Summer 2011.
- Queen, Kimberly. Stress: A Health and Relationship Killer. Healthy Lifestyles Newsletter, Spring 2011.

Self-Directed Active Learning Modules

- Queen, Kimberly. Iontophoresis. Division of Chiropractic Sciences, University of Western States, Portland OR. Spring 2018.
- Queen, Kimberly. Shortwave Modalities. Division of Chiropractic Sciences, University of Western States, Portland OR. Spring 2018.
- Queen, Kimberly. Informed Consent. Division of Chiropractic Sciences, University of Western States, Portland OR. Spring 2018.
- Queen, Kimberly. Mechanical Spinal Traction. Division of Chiropractic Sciences, University of Western States, Portland OR. Fall 2017.

Online Publications

- Queen KD, Morgensen KM. Good Fat. Bad Fat. Dr. Queen for Health Blog, June 2016.
- Queen, KD. An Open Letter from Dr. Queen. Dr. Queen for Health Blog, May 2016.
- Queen KD, Morgensen KM. Our Philosophy of Food and Nutrition. Dr. Queen for Health Blog, April 2016.

Patient Educational Materials

- Queen, Kimberly. Natural Approaches to High Cholesterol. December 2010.
- Queen, Kimberly. Middle Ear Infections Don't Always Require Antibiotics. October 2009.
- Queen, Kimberly. Common Pain Killers: Cause for Concern. June 2008.

Bachelor of Science Thesis

- Queen, Kimberly. A Guideline for the Assessment and Management of HIV-AIDS Patients. University of Western States, 1998.

Seminars

- June 17, 2017 Patients with Gut Dysfunction: The Carrageenan Connection. Dr. Queen for Health, Embassy Suites, 9000 SW Washington Square Road, Tigard, OR.

- May 14, 2016 Pesticide Use in Organic Farming: Cause for Concern? Dr. Queen for Health, Embassy Suites, 9000 SW Washington Square Road, Tigard, OR.
- June 20, 2015 The Evidence Basis for Fatty Acid Supplementation in Cardiovascular Disease and Dyslipidemia. Dr. Queen for Health, Embassy Suites, 9000 SW Washington Square Road, Tigard, OR.
- May 10, 2014 Nutritional Strategies for Decreasing Cardiovascular Risk. Dr. Queen for Health, Crowne Plaza Portland, 14811 Kruse Oaks Drive, Lake Oswego, OR.
- Jun 15, 2013 Whole Food Support for Type 2 Diabetes. Dr. Queen for Health, Crowne Plaza Portland, 14811 Kruse Oaks Drive, Lake Oswego, OR.
- May 19, 2012 Whole Food Support for Hypertension and Metabolic Syndrome. Dr. Queen for Health, Crowne Plaza Portland, 14811 Kruse Oaks Drive, Lake Oswego, OR.
- Oct. 22, 2011 Whole Food Interventions for Dyslipidemias. Dr. Queen for Health, Crowne Plaza Portland, 14811 Kruse Oaks Drive, Lake Oswego, OR.
- May 15, 2010 Risks and Alternatives for Statin Therapy: An Update for Alternative Healthcare Providers. Dr. Queen for Health, Crowne Plaza Portland, 14811 Kruse Oaks Drive, Lake Oswego, OR.

Invited Presentations

- Feb 7, 2017 The Foundation for Success in Chiropractic Practice: Strategic Planning. Women's Alliance, University of Western States, 2900 NE 132nd Avenue, Portland OR.
- Jun 18, 2016 Feeding Baby Green: Whole Food Nutrition. Nursing Mothers Counsel, 16409 SE 164th Ave, Portland, OR.
- Apr 24, 2010 Whole Food Nutrition for Parkinson's Disease. Portland Parkinson's Support Group, Oregon Health Sciences University, 3181 SW Sam Jackson Park Road. Portland, OR.
- Oct 7, 2006 Nutritional Support for Parkinson's Disease. Portland Parkinson's Support Group, Oregon Health Sciences University, 3181 SW Sam Jackson Park Road. Portland, OR.
- Aug 13, 2005 Prenatal and Postnatal Nutrition. Nursing Mothers Counsel, 16409 SE 164th Ave, Portland, OR.
- Dec 11, 2003 How to Start your Healthcare Practice. Ashmead College, 9600 Southwest Oak St, Tigard, OR.
- Jul 19, 2003 Prenatal and Postnatal Nutrition. Nursing Mothers Counsel, 16409 SE 164th Ave, Portland, OR.
- Nov 14, 2001 Complementary and Alternative Medicine for Parkinson's Disease. Willamette Columbia Parkinson's Disease Society, 5727 SW Macadam Ave, Portland, OR.
- May 3, 2001 Cranial Sacral Technique and Chiropractic Care for Infants and Pediatrics. Nursing Mothers Counsel, 16409 SE 164th Ave, Portland, OR.
- Mar 24, 2001 Treating the Symptoms of Parkinson's Disease with Chiropractic Medicine. Portland Parkinson's Support Group, Oregon Health Sciences University, 3181 SW Sam Jackson Park Road. Portland, OR.
- Feb 3, 2001 Posture and Ergonomics. American Sewing Guild, Columbia River Chapter, Portland, OR.

Jan 2000 How to Increase Vertical Jumping Ability Through Plyometrics. Boys Basketball Team, Jackson Middle School, Portland, OR.

Presentations

Sep 17, 2013 Concussion: Not Just a Bump on the Head. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.

Jun 22, 2012 Nutrition for Sports and Exercise. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.

Feb 4, 2011 Performance Nutrition for Runners. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.

Mar 10, 2009 Nutrition for Sports and Exercise. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.

Sep 24, 2008 Back to School: Backpack Safety. Aspen for Health, 7417 SW Beaverton Hillsdale Highway, Suite 200, Portland OR.

Awards

Nomination for Women Entrepreneur of the Year, 2003. Portland Business Journal, Portland OR

Sports Woman of the Year, 1992. Cable Car Awards, San Francisco CA

Brown Belt, Kenpo Karate, 1990. San Francisco, CA. *Kenpo is a Japanese unarmed fighting art that was brought from China to Japan 700 years ago. The word Kenpo means literally, "fist law." Kenpo is considered one of the most effective and efficient martial arts.*

Most Inspirational, Varsity Women's Basketball, 1982-1983. California State University Hayward, CA.

Coca-Cola Most Outstanding High School Athlete, 1981. Castro Valley High School, CA. *The Coca-Cola Foundation recognizes high school student-athletes each year for outstanding performance in academics and athletics.*

Herculean Award: Most Outstanding Student Athlete, 1981. Castro Valley High School, CA. *The Herculean Award is presented to athletes who obtain varsity status in seven or more sports.*

Most Inspirational, Varsity Women's Basketball, 1981. Castro Valley High School, CA.

Most Inspirational, Varsity Women's Basketball, 1980. Castro Valley High School, CA.

Most Valuable Player, Varsity Women's Softball, 1980. Castro Valley High School, CA

Most Inspirational, Varsity Women's Basketball, 1979. Castro Valley High School, CA.

Community Volunteer Work

2004 Medical Staff, Bridge to Bridge Run for Big Brothers-Big Sisters. Portland, OR.

2004 Medical Staff, Blue Lake Triathlon. Portland, OR.

2004 Medical Staff, Summit to Surf for the American Diabetes Association. Hood River OR.

- 2004 Medical Staff, Hood to Coast Relay. Seaside, OR.
- 2004 Medical Staff, Women’s TYR Triathlon. Vancouver Lake, WA.
- 2003 Medical Staff, Pacific Crest Marathon. Sun River, OR.
- 2003 Medical Staff, Blue Lake Triathlon. Portland, OR.
- 2003 Medical Staff, Summit to Surf for the American Diabetes Association. Hood River OR.
- 2003 Medical Staff, Hood to Coast Relay. Seaside, OR.
- 2003 Medical Staff, Red Nose Reindeer Run. Portland, OR.
- 2002 Medical Staff, Outside In Homeless Youth Services. 1132 SW 13th Ave, Portland, OR,
- 2002 Medical Staff, Women’s TYR Triathlon. Vancouver Lake, WA.
- 2002 Medical Staff, 15K Corridor Run. Hillsboro, OR.
- 2001 Medical Staff, Portland Oregon State Gymnastics Meet. Portland, OR
- Jun 1999 Spokesperson for Complementary Healthcare Plans. Tualatin Hills Recreational Facility Health Fair. Beaverton, OR.
- 1997-1999 Medical Staff, Portland Power Women's Professional Basketball Team (ABL). Portland, OR.
- 1998 Medical Staff, Run for The Roses. Portland, OR.
- 1997 Medical Staff, Bridge to Bridge Run. Portland, OR.
- 1993–1994 Meals-on-Wheels. Volunteer delivery of dinners to the elderly. San Francisco, CA.
- 1992–1994 AIDS Project: Golden Gate Park Restoration. San Francisco, CA. *Participation in landscaping of the AIDS Memorial Grove, an award-winning urban-park restoration project that is dedicated to all lives touched by AIDS.*

Sponsorships

- 2003 Aloha Diamondbacks Fast Pitch Softball League. Funding and sponsorship.
- 2003 Rose City Slow Pitch Softball League. Funding and sponsorship.

Social Media Presence

- Website <https://www.drqueenforhealth>
- Linked In <https://www.linkedin.com/in/drqueen>
- About.me <https://about.me/dr.q>
- Google+ <https://plus.google.com/+DrKimberlyQueenPortland>