

## Stephen Higgins, MSOM, L.Ac.

National University of Natural Medicine

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(Last updated April, 2018)

### Education

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#### **Dragon Rises Pulse Diagnosis Seminars**

**Portland, OR and Gainesville, FL**

- Introductory Seminar November-December 2008
- Intermediate Seminars, Advanced Intensives 2009-2015

#### **Mindful Experiential Therapy Approaches Institute & The Hakomi Institute of Oregon, Portland, OR**

META/Hakomi Two-year Comprehensive Training 2015-2017

#### **Portland State University, Portland, OR**

Post-Baccalaureate Chinese Language and Literature 2011-2014

#### **Confucius Institute at Portland State University, Portland, OR**

One-on-one tutoring: Advanced Chinese language January-June 2012

#### **M.S.O.M. National College of Natural Medicine, Portland, OR**

Master of Science in Oriental Medicine 2009-2012

Thesis: "Conduits of Consciousness: the Orifices of the Heart  
in Classical Chinese Medical and Philosophical Texts"

#### **Mandarin Training Center**

**National Taiwan Normal University, Taipei, Taiwan**

"3-week Language, Culture, and Study Tour" July-August 2010

#### **Bodhi Tree Language Center, Portland, OR**

Mandarin Chinese: Evening Classes 2008-2009

#### **Oregon College of Oriental Medicine, Portland, OR**

Traditional Chinese Medicine 2007-2009

#### **B.A. Southern Illinois University, Carbondale, IL**

Bachelor of Arts in Music, Piano Pedagogy 2002-2005

#### **A.A. Joliet Junior College, Joliet, IL**

Associate of Arts 1999-2002

Certificates and Licensure

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<b>Mindful Experiential Therapy Approaches Institute &amp; The Hakomi Institute of Oregon, Portland, OR</b> Certificate of Completion: META/Hakomi Two-year Comprehensive Training	June 2017
<b>Dragon Rises Pulse Diagnosis Seminars, Gainesville, FL</b> Certified Senior Instructor Certified Assistant Instructor	May 2017 September 2012
<b>Oregon Medical Board</b> Licensed Acupuncturist in the State of Oregon	April 2013
<b>National Certification Commission for Acupuncture and Oriental Medicine</b> Board Certified Chinese Herbalist	August 2012

Teaching Experience (continued on following page)

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<b>National University of Natural Medicine: School of Research and Graduate Studies, Portland, OR</b> “Introduction to Shen-Hammer Pulse diagnosis I-III”	January 2018-present
<b>Mindful Experiential Therapy Approaches (META) Institute &amp; The Hakomi Institute of Oregon, Portland, OR</b> Teaching Assistant, META/Hakomi Two-year Comprehensive Training	September 2017-present
<b>Dragon Rises Pulse Diagnosis Seminars, Portland, OR</b> Intermediate Pulse Diagnosis Seminars: <ul style="list-style-type: none"> <li>• “Shen-Hammer Pulse Diagnosis: Skills Review”</li> <li>• “The Diagnosis and Treatment of Heart Patterns in Shen-Hammer Pulse Diagnosis” (Co-taught with Senior Instructor Gwen Lovetere, LAc.)</li> <li>• “The Diagnosis and Treatment of Psychological Disharmonies in Chinese Medicine” (Co-taught with Senior Instructor Karl Brandt Sticklely III, LAc.)</li> <li>• “The Diagnosis and Treatment of Psychological Disharmonies in Chinese Medicine” (Co-taught with Senior Instructor Karl Brandt Sticklely III, LAc.)</li> </ul>	December 2017 July, 2017 May 2017 February 2017

## Teaching Experience (continued)

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### **Dragon Rises Pulse Diagnosis Seminars, Portland, OR (continued)**

- “Shen-Hammer Pulse Diagnosis: Weekly Skills Review Class” September 2012-present
- Teaching Assistant, Introductory and Intermediate Seminars with Senior Instructor Karl Brandt Stickley, III, LAc. 2010-2017
- Initiated, organized, and led weekly study group for beginner pulse diagnosis students. March 2010-August 2012

### **The Great Journey Acupuncture and Oriental Medicine, Portland, OR**

“12-month Intermediate Pulse Diagnosis Mentorship and Clinical Observation” September 2015-present

### **Bodhi Tree Language Center, Portland, OR**

June-August 2013

Volunteer Mandarin Teaching Assistant for “Preschoolers Mandarin Summer Camp”

### **National College of Natural Medicine, School of Classical Chinese Medicine, Portland, OR**

Teaching Assistant Sept 2012-December 2014

Under Adjunct Professor Sabine Wilms, Ph.D.

- “Chinese Language, History, and Culture I-III”
- “Classical Texts I and II”

Under Professor Heinrich Freuhauf, Ph.D.

- “Herbal Formulas I-VI”

Under Adjunct Professor Karl Brandt Stickley, III, L.Ac

- “Traditional Mentorship Tutorial”

Peer Tutor September 2010-June 2012

## Clinical Experience

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### **The Great Journey Acupuncture and Oriental Medicine, Portland, OR**

Licensed Acupuncturist and Chinese Herbalist April 2013-present

### **Seven Star Community Acupuncture Clinic, Portland, OR**

Volunteer Acupuncturist and Chinese Herbalist July 2013-July 2014

### **National College of Natural Medicine, Portland, OR**

NCNM Classical Chinese Medicine Intern July 2011-August 2012

## Honors and Awards

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### **Fulbright U.S. Student Program**

Award Finalist: Taiwan Study/Research Fellowship 2015

### **National College of Natural Medicine, Portland, OR**

- “Outstanding Alumni Award” 2014
- “Zhang Zhong-Jing Award for Embodying  
the Classical Chinese Medical Scholar” 2011, 2012

### **Confucius Institute at Portland State University, Portland, OR**

“D. Paul Fansler Memorial Scholarship” Academic Year 2013-2014

### **Oregon College of Oriental Medicine, Portland, OR**

“National Library Day Award” 2009