## Wellness <br> INITIATIVE

## Track your success

List your wellness activity for each week and turn completed forms into HR for a chance to win a raffle prize!

Week of Apr 8

Week of Apr 15

Week of Apr 22

Week of Apr 29

Week of May 6

Week of May 13

Week of May 20
$\qquad$
Week of May 27

Week of Jun 3
$\qquad$
Week of Jun 10

Week of June 17

Engage in the healing power of NUNM.
Take your hour every week!
$\qquad$ Ext. $\qquad$

